

**The Michigan Department of Community Health &
The Michigan Association of Community Mental Health Boards**

Presents:

Trauma Recovery & Comfort Plans

ALL NEW WORKSHOP FOR 2011!

This workshop will explain the effects of childhood trauma and both mental and physical health. How to heal our past trauma and develop comfort techniques will also be shared. The goal is to develop and empower our strengths to grow beyond the earlier traumas. Explanations of what trauma is, re-traumatization, and how to develop healing skills will be included.

Featured Speakers:

Cynthia Brooks, Site Reviewer, Division of Quality Management and Planning, Bureau of CMH Services, Michigan Department of Community Health

Tim Grabowski, Site Reviewer, Division of Quality Management and Planning, Bureau of CMH Services, Michigan Department of Community Health

Colleen Jasper, Director, Office of Consumer Relations, Michigan Department of Community Health

The Michigan Department of Community Health, through the Michigan Association of CMH Boards, has provided funding for this initiative through a Federal Community Mental Health Block Grant.

TRAINING DETAILS

Agenda for all dates/locations

10:30am – Registration; 12:15pm Lunch (included); 3:15pm Adjourn

Where & When

June 2, 2011 - Manistee

Days Inn Manistee
1462 Manistee Hwy, 1462 US 31 S., Manistee, MI 49660

June 13, 2011 - Ionia

Ionia County CMH
375 Apple Tree Dr., Ionia, MI 48846

June 29, 2011 - Coldwater

CHC Volunteer Conference Center,
370 East Chicago St., Coldwater, MI 49036

July 12, 2011 – Alpena

Northeast Michigan CMH Authority,
400 Johnson St., Alpena, MI 49707

August 4, 2011 – Big Rapids

Holiday Inn Big Rapids
1005 Perry St., Big Rapids, MI 49307

September 9, 2011 – Midland

CMH for Central Michigan
218 Fast Ice Dr., Midland, MI 48640

September 26, 2011 – Hastings

TBD

For directions from your location to a training site go to Mapquest at www.mapquest.com

Trauma Recovery & Comfort Plans - Attention: Annette Pepper

There is no fee for registration

(registration is required for attendance includes lunch and training materials)

3 EASY WAYS TO REGISTER

ONLINE:

WWW.MACMHB.ORG

Click on
conferences & trainings

BY FAX:

517-374-1053

BY MAIL:

MACMHB
426 S. Walnut
Lansing, MI 48933

Please check ✓ the location/date you plan to attend

- | | |
|--|--|
| <input type="checkbox"/> June 2, 2011 - Manistee | <input type="checkbox"/> June 13, 2011 - Ionia |
| <input type="checkbox"/> June 29, 2011 - Coldwater | <input type="checkbox"/> July 12, 2011 - Alpena |
| <input type="checkbox"/> August 4, 2011 - Big Rapids | <input type="checkbox"/> September 9, 2011 - Midland |
| <input type="checkbox"/> September 26, 2011 - Hastings | |

Cancellation Policy: Since there is no fee for this event, we request written cancellation notice if you find that you are unable to attend once you have registered. This assists us with meal counts and allows others to attend who may have been turned away because of limited space. Fax or email notifications to Annette Pepper at 517-374-1053 or apecpper@macmhb.org

(Please Type or Print)

First/Last Name: _____ Title: _____

Agency/Board: _____

Address: _____ City/State/Zip: _____

Phone: _____ Fax: _____

Email: _____

Special Needs: If you have special needs, please specify: _____

Arrangements for special needs will be honored for those written requests received 10 business days prior to the training. Clearly state your specific needs for dietary restrictions, mobility assistance, interpreters, etc. All attempts for on-site requests will be made.

Emergency Contact Name: _____

(Day Phone): _____ (Evening Phone): _____

Billing Address (if different than above): _____

City/State/Zip: _____

Questions?? Call MACMHB at 517-374-6848