

Conference Goals and Objectives: Learning objectives for each educational activity are identified within the body of the brochure. The following overarching goals have been established for this conference: 1) To address the impact of current local, state and federal policy and planning issues related to healthcare reform; 2) To provide examples of local pathways to implementing improved healthcare outcomes through local initiatives/arrangements between CMHs, PIHPs, provider organizations and physical healthcare providers such as FQHCs/Rural Health Centers/Hospitals/Medicaid health plans/Primary care physicians; 3) To focus attention on programs that effectively combat stigma and increase awareness of cultural competency; 4) To highlight programs that enhance ways to sustain relationships with community members; 5) To foster peer networks around shared roles, interests and goals; 6) To highlight successful programs regarding jail diversion and Mental Health Courts; 7) To address the impact of current budget and policy issues and increase participant's awareness, knowledge and skills related to the delivery of services to persons with mental illnesses, developmental disabilities and substance use disorders; and 8) To highlight successful specialized programs serving returning veterans.

Continuing Education Credits: The Michigan Association of Community Mental Health Boards (MACMHB), provider #1140, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. MACMHB maintains responsibility for the program. ASWB Approval Period: 11/10/10-11/10/13. Social workers should contact their regulatory board to determine course approval. **Social workers will receive 9 continuing education clock hours in participating in this conference.** MACMHB is approved by Michigan Certification Board for Addiction Professionals (MCBAP). MACMHB maintains the responsibility for the program and content. **Substance Abuse Professionals participating in this conference may receive a maximum of 2.5 contact hours.**

Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the training or you may contact MACMHB at 517-374-6848 or through our webpage at www.macmhb.org for resolution.

Michigan Association of CMH Boards 2012 Winter Conference Agenda

Monday, February 13, 2012

There are NO Pre-Conference Institutes

4:00pm – 6:30pm Earlybird Registration for MACMHB Winter Conference [EAST REGISTRATION]
6:00pm MACMHB Members: Executive Board Meeting

Tuesday, February 14, 2012

7:30am – 5:15pm **Conference Registration [EAST REGISTRATION]**

7:30am – 5:15pm **Exhibits [BALLROOMS F, G, H & I]**

7:30am – 8:15am **Group Networking Breakfast [Ballrooms A-E]**

8:15am – 8:30am **Welcome and Introductions [BALLROOMS A-E]**

8:30am – 9:30am **Plenary Session: “Preparing for the New Healthcare Ecosystem” [BALLROOMS A-E]**

■ Qualifies for 1 CEU hour

– *Linda Rosenberg, MSW, President and CEO, National Council for Community Behavioral Healthcare*

Healthcare delivery and payment systems are undergoing enormous changes – adoption of Medicaid managed care; movement away from fee for service; integration of primary and behavioral health; widespread implementation of HIT; and critical workforce shortages. This presentation will explore the breath and pace of healthcare change and outline the challenges for specialty behavioral health organizations. Participants will be able to: 1. Identify three anticipated changes in healthcare reform; and 2. Identify three implications or challenges for behavioral and developmental disability services related to these changes.

9:30am – 10:00am **Exhibitor-Sponsored Refreshment Break [BALLROOMS F, G, H & I]**

Concurrent Workshops

1a. An Update From the Model's Work Group [UNIVERSITY ROOM 1]

- Qualifies for 1.5 CEU hours
- *Eric Kurtz, Deputy Director, Washtenaw Community Health Organization*
- *Robert Sheehan, Director, CMH Authority of Clinton-Eaton-Ingham Counties*
- *Dave Schneider, Director of Affiliation Services, North Country CMH*
- *Rich VandenHeuvel, Director, West Michigan CMH System*

Members of the ad hoc group, charged by the MACMHB Health Care Reform Leadership Committee to develop proposed models for service delivery and financing relative to health care reform in general and the Duals Eligibles project in particular, will present the groups proposals. This workshop will give participants the opportunity to ask questions regarding the documents produced. It will also discuss the training plan the work group has developed. Participants will be able to: 1. Gain an increased understanding of the proposal, submitted to MDCH by the MACMHB and MPCA, for the development of ACA Section 2703 Health Homes; 2. Have an understanding of the financing model proposed to MDCH for the Michigan Dual Eligible project; and 3. Have an understanding of the proposed training plan developed by the work group to develop the necessary competencies relative to Health Homes.

1. Affordable Care Act Benefits for People with Disabilities [UNIVERSITY ROOM 3]

- Qualifies for 1.5 CEU hours
- *Glenn R. Ashley, MA, Program Director, United Cerebral Palsy of Michigan*
- *Laura Hall, United Cerebral Palsy of Michigan*
- *Kathleen L. Johnston-Calati, MA, MPA, Project Manager, Michigan Disability Rights Coalition*

During this workshop, you will learn what the Affordable Care Act actually says and how people with disabilities benefit from many provisions such as: more long-term care options, Medicaid and Medicare improvements, bans discrimination for pre-existing conditions, and elimination of spend-downs for many people. You will learn how to engage people in advocacy for improving the quality of their health care. Participants will be able to: Participants will be able to: 1. Gain an overall understanding of the background of the ACA and state three reasons why Health Reform is needed; 2. Identify at least three of the basic components of the ACA; and 3. Understand how people with disabilities and older adults will be impacted by the implementation of the ACA and give two examples.

2. Psychopharmacology 101: Behavioral Health Medication for Persons with Developmental Disabilities [IMPERIAL ROOM WEST]

- Qualifies for 1.5 CEU hours
- *Dr. Richard Berchou, PharmD., MORC; Wayne State University*
- *Charlyss Ray, OTR-L, Specialist, Michigan Dept. of Community Health*

Dr. Richard Berchou will address the impact of behavioral health medications, multiple prescribing practices, and PRNs on the physical health of people with developmental disabilities. This workshop will include State of Michigan level data on medication use. Participants will be able to: 1. List four common psychotropic medications prescribed for individuals with developmental disabilities; 2. Describe three physical health symptoms that can occur with the long term use of certain medications; 3. Name at least three PRN medications, common dosage, and the rationale for their use; and 4. Discuss two common prescribing practices including the use of multiple medications and the reluctance to change or reduce behavioral health medications for individuals with developmental disabilities.

3. Implications of Health Conditions for Individuals with Developmental Disabilities: Increased Behaviors, Hospitalizations and Use of the ER [UNIVERSITY ROOM 2]

- Qualifies for 1.5 CEU hours
- *Nora Barkey, LBSW, Quality Improvement Specialist, Michigan Dept. of Community Health*
- *Sue Gabriel, PMHNP-BC, Psychiatric Nurse Practitioner, Ionia County CMH*
- *Kathy Haines, Division of Quality Management and Planning, Michigan Dept. of Community Health*

This workshop will identify health conditions that are associated with increased use of emergency room services and hospitalizations among people with developmental disabilities (DD) and persons with co-occurring DD and mental illness who are served by the community mental health system. Data from a study conducted by the Health Services Advisory Group and from demographic and health conditions data reported to MDCH will be shared. The workshop will provide an overview of physical concerns that mask as psychiatric or behavioral issues. Participants will be able to: 1. List the most prevalent chronic medical conditions among individuals with developmental disabilities; 2. Describe general medical service utilization patterns identified among Michigan Medicaid beneficiaries with a DD and/ or SMI diagnoses; 3. Recognize the five most common physical causes of difficult behaviors; 4. Identify three common physical illnesses with mental health symptoms; and 5. Steps to develop a system of supports to properly address health care needs for persons with limited verbal communication skills.

Tuesday (continued)
10:00am – 11:30am

4. Legal Ramifications of Social Media [BALLROOM J]

- Qualifies for 1.5 CEU hours
- *Richard McNulty, Cohl, Stoker & Toskey, PC*

The fact that social networking is relatively new means that there is little case law or administrative decisions to guide and analyze employee use of social media or an employer's monitoring of social media. This makes it difficult for employers to determine whether to, and the extent to monitor employee use of social media, and how to respond to an employee's possible misuse of social media. It is important for an employer to determine the extent to monitor and how to address employee communications through social media. Participants will be able to: 1. Understand why it's imperative to protect the employer from legal liability and the misuse of employer intellectual property; 2. Learn at least three reasons why it's necessary to maintain the privacy of clients, client data, or confidential information; 3. Identify a minimum of two practices to prevent workplace harassment among employees and supervisors; and 4. Prevent dissemination of inappropriate information to the public that will present the employer or elected officials in an improper or negative light while nonetheless maintaining employees free speech protections. To address these situations, many employers have implemented social media policies. The benefits and suggestions for such policies will also be addressed.

5. Recovery Coordinators in the Upper Peninsula: Enhancing Peer Support Beyond CMH [UNIVERSITY ROOM 1]

- Qualifies for 1.5 CEU hours
- *Amy Maes, Juris Doctorate, Executive Director, Superior Alliance for Independent Living*
- *Lucy Olson, MS, MFT, LLP, Clinical Practice Coordinator, NorthCare Network*

NorthCare PIHP and the Superior Alliance for Independent Living (SAIL), the local Center for Independent Living, have designed an innovative blend of peer support services in the Upper Peninsula. NorthCare PIHP had a grant opportunity to address the needs of individuals with mental health needs with no insurance or other means of support. NorthCare realized working with a community partner who has greater flexibility would create a stronger community base for recovery and enhance the peer support network around the U.P. NorthCare contracted with Superior Alliance for Independent Living to hire Recovery Coordinators with lived experience with serious mental illness in communities throughout the U.P. Individuals experiencing symptoms of mental illness who cannot qualify for CMHSP services at the time they apply for CMHSP services or who come to the attention of other community agencies (e.g. law enforcement) would be offered the opportunity to meet with the Recovery Coordinator. If the individual wants to pursue services, an Independent Living Plan utilized by SAIL will be completed by the Recovery Coordinator and individual. Each Recovery Coordinator has developed an outreach workplan with guidance and support from the local CMHSP staff liaisons to address specific needs of their local community. Participants will be able to: 1. Ascertain three local opportunities outside the CMHSP for serving individuals who do not meet eligibility criteria; 2. Identify two or more potential new access channels for individuals who need a community safety net; 3. Clearly define the role of the CMHSP liaisons in enhanced peer support collaborative; and 4. Understand the similarities in partner agency assessments and outcome measurement and define a single model for record keeping and shared outcomes.

6. Boardworks 2.0: Fundamentals [IMPERIAL ROOMS EAST]

- Qualifies for 1.5 CEU hours
- *Irene O'Boyle, PhD, CHES, Board Member, Gratiot County CMH Services; Associate Professor, School of Health Sciences, Central Michigan University*

This workshop will focus on the functional, operational, organizational and relational aspects of the board member. Participants will be able to: 1. Examine and explore the role, responsibilities and authority of the board as individual members, as elected officers and as a collective body; 2. Consider the relationship between the CEO and the board as individual members, as elected officers and as a collective body and learn at least two skills to improve that relationship; 3. Consider implications of the accountability of a public board as related to areas such as the Mental Health Code, parliamentary procedures, open meetings and freedom of information; 4. Explore board by-laws and governance policies; and 5. Develop at least two relationships within the board with a team orientation.

11:45am – 12:30pm

Group Networking Lunch & Go To Bat Award Presentation [Ballrooms A-E]

12:30pm – 1:30pm

Plenary Session: "Key Issues Update from the Michigan Department of Community Health" [BALLROOMS A-E]

- Qualifies for 1 CEU hour + 1 contact hour for substance abuse professionals (related)
- *Lynda Zeller, Deputy Director, Behavioral Health and Developmental Disabilities Administration, MI Department of Community Health*

Lynda Zeller will provide an update about the Department of Community Health's work to protect, preserve and promote the health and safety of the people of Michigan, examining both the challenges and opportunities that exist in our current economy. She will cover core issues of reform including status of dual eligibles and physical/behavioral health integration. Ms. Zeller will also give a review of policy priorities as related to activities within the Dept. of Community Health to implement transformation across the mental health system.

Tuesday
1:45pm – 3:15pm

Concurrent Workshops

7. Behavioral Health Integration: Getting in the Driver's Seat [EXECUTIVE TRAINING ROOM]

- Qualifies for 1.5 CEU hours
- Terese Farhat, *Juris Doctorate, Senior Counsel, Clark Hill PLC*
- Michael W. Matthews, *Juris Doctorate, Associate, Clark Hill PLC*
- Gregory W. Moore, *Juris Doctorate, Member, Clark Hill PLC*

For those of you who attended the Fall Conference, we intend to “keep the momentum going” with further explanation and strategic planning ideas as providers continue to navigate the uncharted waters of healthcare reform – quality requirements, delivery and payment models, managing dual eligible and Medicaid ACO formation. What should we be doing? How can we keep ahead of the game? Who should we be talking with in order to take advantage of the available opportunities? All of these questions will be addressed by a panel of three healthcare attorneys who will offer valuable insight to facilitate development of new ideas and continued progress. Participants will be able to: 1. Gain up-to-date knowledge about where things stand with the Affordable Care Act (ACA); 2. Understand at least two basic elements of the recently published regulations regarding the ACA's health care quality measures and identify at least two initial core set of measures applicable to behavioral health providers; and 3. Identify at least three different models or opportunities that behavioral health providers can pursue to take advantage of health care reform initiatives.

8. Catch the Buzz: Leadership and Communication [IMPERIAL ROOM EAST]

- Qualifies for 1.5 CEU hours
- Irene O'Boyle, *PhD, CHES, Board Member, Gratiot County CMH Services; Associate Professor, School of Health Sciences, Central Michigan University*

At the end of this session participants will be able to discuss various methods mental health leaders use to communicate among themselves and their communities. Participants will examine various communication approaches used historically in mental health. This interactive session will include brainstorming among participants as they learn about emerging trends in leadership communication. Participants will describe communication challenges and identify possible individual and organizational next steps. Participants will be able to: 1. Identify various methods mental health leaders use to communicate among themselves and their communities; 2. Examine at least two communication approaches used historically in mental health; 3. Learn about emerging trends in leadership communication; 4. Describe four communication challenges; and 5. Identify individual and organization next steps to improve communication.

9. Michigan's Integrated Care Initiatives

- Qualifies for 1.5 CEU hours
- Representatives from Monroe CMH Authority
- Representatives from CMH Services of Muskegon County

This workshop will describe the Michigan Primary Care Association's mapping project to highlight behavioral/physical health integrated care initiatives throughout Michigan. Monroe and Muskegon CMHs and their healthcare partners will describe the opportunities, challenges, and lessons learned from their communities' integrating care efforts. Participants will be able to: 1. Learn the six types/stages of collaboration between behavioral health and physical health care providers; and 2. Identify at least four potential funding sources for these types of initiatives.

10. Recovery is Not a "One Size Fits All": One Woman's Journey [IMPERIAL ROOM WEST]

- Maribeth Caldwell, *Ex. Director of Network Performance, Corporate Compliance Officer, LifeWays*

The presenter will share experiences in the journey down the road to her recovery. This presentation emphasizes that no road is the same and that recovery is not only possible, but life altering. Attendees will walk away with increased awareness of the wide-ranging impact abuse has on people's lives; the perspective of a child being raised by a parent with bi-polar disorder; and the challenges families experience related to suicide of a family member. Attendees will leave having a greater sense of empowerment and having a clearer understanding of how each individual has the ability to make an impact on those we serve on their journey towards recovery.

11. Boardworks 2.0: Character [BALLROOM J]

- Qualifies for 1.5 CEU hours
- Michael Brashears, *PsyD, Executive Director, CMH of Ottawa County*

This workshop will focus on the public policy, ethical and moral requirements of the board. Participants will be able to examine and explore the following: 1. Honor, loyalty and integrity; 2. Issues of special interest, influence and conflicts of interests; 3. Ethical problems inherent in operating outside defined roles, responsibilities and corresponding authority; 4. Commitment to the promotion and protection of the full rights and responsibilities of citizenship of intended beneficiaries; 5. Commitment to the values and intent of public policy and the public system; 6. Remaining knowledgeable, informed and competent as a matter of ethical responsibilities; 7. Distinguishing and confronting matters of board and community ethical considerations from issues of personal morality; and 8. Commitment to the protection of consumers of services through the recognition of individual rights.

Tuesday (continued)
1:45pm – 3:15pm

12. Autism Spectrum Disorders: Issues, Definitions and Best Practice Management

[UNIVERSITY ROOM 2]

■ Qualifies for 1.5 CEU hours

- Colleen M. Allen, PhD, SLP/CCC, Executive Director, Autism Alliance of MI; Autism Center at Henry Ford Health System
- Stacie W. Rulison, Med, MS, BCBA Candidate, Operations Director/Behavior Therapist, Autism Alliance of MI; Autism Center at Henry Ford Health System
- Mary M. Sharp, MD, Physician and President, Mid-Michigan Autism Association

This program will present an overview of Autism Spectrum Disorders (ASDs) from behavioral and medical features of the disorder, to screening, evaluation and intervention approaches. We will highlight how ASDs affect our community within CMH, educational and health systems, with focus on current gaps in service delivery in our state. Additionally, this presentation will address current, effective programs which exist in our state and recommendations for expanding these programs and adding new ones. We will conclude with presentation of the Autism Alliance of Michigan mission and initiatives which will begin to address these statewide needs. Participants will be able to: 1. Identify a working definition of ASDs; 2. Describe diagnostic criteria and defining features of ASDs; 3. Describe at least three primary effects of ASD on community and family; 4. Identify a minimum of two primary components of a best practice autism assessment; and 5. Identify the primary components of best practice intervention programs.

13. Recruiting, Hiring, Fully Integrating and Sustaining Peer Support Services at a Community Mental Health Center [UNIVERSITY ROOM 1]

■ Qualifies for 1.5 CEU hours

- Julie Barron, Certified Peer Support Specialist, CMH Authority of Clinton-Eaton-Ingham Counties
- Sharon Blizzard, BS, Human Resources Director, CMH Authority of Clinton-Eaton-Ingham Counties
- Maureen Moloney, MSW, LMSW, ACSW, CAADC, Adult Mental Health Services Program Director, CMH Authority of Clinton-Eaton-Ingham Counties
- Mark Phillips, BA, Certified Peer Support Specialist, Recovery Specialist, CMH Authority of Clinton-Eaton-Ingham Counties

Over the past several years, the recovery movement has become a driving force in the field of mental health, particularly with those experiencing serious mental health issues. This presentation will focus on the work of the Adult Mental Health Services component of the Community Mental Health Authority of Clinton-Eaton-Ingham Counties to recruit, hire and sustain a strong and effective Peer Support Specialists workforce. Creative initiatives and collaborative partnerships within CMHA, including the role of human resources in the recruitment process, will be presented. Participants will be able to: 1. Identify a minimum of three tools to assist with establishing a strong Peer Support Specialist workforce within CMH; 2. Describe the role of human resources in the employment process for peer support services; and 3. Describe at least three ways of supporting Peer Support Specialists on an ongoing basis.

3:15pm – 3:45pm

Tuesday

3:45pm – 5:15pm

Exhibitor-Sponsored Refreshment Break [BALLROOMS F, G, H & I]

Concurrent Workshops

14. Communicating Effectively with Your Legislators [EXECUTIVE TRAINING ROOM]

■ Qualifies for 1.5 CEU hours

- Alan Bolter, Associate Director, Michigan Association of CMH Boards
- Emily Gerkin Palsrok, Managing Director of Public Affairs, Lambert, Edwards & Associates
- Bret Marr, Legislative Consultant, Muchmore Harrington Smalley & Associates

Term limits brought a significant turnover in the State Senate and 62 new faces in the Michigan House. Add to that a new governor, and this year's budget and policy priorities will face new challenges. It has never been more important to maintain consistent and effective communications with our state legislators. New faces every two years under the Dome demand a constant education on mental health, developmental disability and substance use disorder issues. Most importantly, legislators listen to, and are influenced by, their constituents. We may not be able to compete with large political campaign contributions, but we do have the power of passionate advocates and voters. This workshop will present the most effective strategies and tactics for communicating with today's lawmakers.

Tuesday (continued)
3:45pm – 5:15pm

15. Life Goals Collaborative Care – Implementing an Evidenced-based Psychosocial Treatment for Bipolar and Other Mood Disorders in Mental Health Specialty and Primary Care Sites

[UNIVERSITY ROOM 1]

- Qualifies for 1.5 CEU hours + 1.5 contact hours for substance abuse professionals (specific)
- *Julia Clogston, LMSW, Clinical and Training Supervisor, University of Michigan Dept. of Psychiatry, The COMPASS Program*
- *Amy Kilbourne, PhD, MPH, Associate Professor of Psychiatry, Associate Director of SMITREC, University of Michigan Dept. of Psychiatry and the VA Ann Arbor National Serious Mental Illness Treatment Resource and Evaluation Center*

Life Goals is a brief intervention for bipolar and other mood disorders based on the principles of the Chronic Care Model integrated with Motivational Interviewing. Life Goals is an intervention aimed at helping individuals with mood disorders achieve personal wellness goals through a combination of improving self-management of symptoms and promoting healthy lifestyles. Life Goals has been found to improve physical and mental health outcomes in five randomized controlled trials that were conducted nationally, and was found to be equally effective among individuals with co-occurring substance use disorders and cardiovascular disease risk. The intervention has been effectively implemented in various community settings, including community mental health centers and busy safety net primary care clinics. These primary care clinics are seeing individuals who don't necessarily meet criteria for community mental health, but would benefit from additional treatment beyond what primary care can offer. Often times, these primary care clinics are their sole behavioral health providers, and Life Goals provides a means of treating this often overlooked, underserved population. High rates of metabolic syndrome and cardiovascular disease among those with serious mental illness demands more targeted attention. In addition to documented improvements in mental health functioning and quality of life, Life Goals has also been shown to improve physical health outcomes including reduced BMI. Participants will be able to: 1. Describe the history of chronic care models for behavioral health in mental health specialty and primary care sites, as well as the development history of the Life Goals Program; 2. Describe how integration of a collaborative care program can improve at least three mental and physical health outcome measures; 3. Describe the three key components of the Life Goals Program; and 4. Identify at least two of the underlying concepts covered in the foundation level Life Goals Program.

16. Self-Determination & Michigan Partners for Freedom: Changes to 1915 (b) (3) Choice Voucher and Individual Budgets Freedom [UNIVERSITY ROOM 2]

- Qualifies for 1.5 CEU hours (pending)
- *Pat Carver, President, Community Drive*
- *Angela Martin, MSW, Community Support Specialist/Research Assistant, Developmental Disabilities Institute, Wayne State University*

Michigan Partners for Freedom (MPF) is focused on building awareness amongst those who are not familiar with Self-Determination and offers technical assistance to those already implementing the tools of Self-Determination. These objectives are accomplished by preparing individuals with disabilities to be leaders in the dissemination of this information. This year there are additional services available through 1915 (b)(3) Choice Voucher and changes in requirements for individualized budgets. This session will review the changes, provide practical tips for implementation, and provide an update on MPF. Participants will be able to: 1. Identify components in self-determination arrangements for people who use CMH services; 2. Understand the additional services available from the 1915 (b)(3) Choice Voucher; and 3. Understand the changes to individualized budgets and the implications for practical application.

17. Boardworks 2.0: Budget [UNIVERSITY ROOM 3]

- Qualifies for 1.5 CEU hours
- *Carol Mills, MPA, MBA, Director of Operations, Newaygo County Mental Health*
- *Jan Plas, Board Member, Livingston County CMH Authority*

This workshop will center on the public policy driven financing and accountability expectations for which the board serves as the fiduciary. Participants will be able to 1. Examine and explore state, federal and local public revenues including each source of revenue, definition as derived by statute, contract and/or public policy directive, conditions for use, determination of amounts to be distributed/available, method of distribution/receipt, application in practice, costing and cost accounting, risk implications, reporting and accounting and audit requirements; 2. Consider private sources of revenues and the conditions and manner in which they apply; and 3. Explore state and federal budgeting process and the relationship between these processes.

Tuesday (continued)
3:45pm – 5:15pm

18. Understanding the PIHP and CMHSP Contracts with MDCH: A Contracts and Financial Issues Committee (CFI) Roundtable [BALLROOM J]

- Qualifies for 1.5 CEU hours
 - *Susan Lawther, MA, Consultant, Michigan Association of CMH Boards*
 - *Jim Moore, Chairperson, Hiawatha Behavioral Health and Co-Chair of CFI*
 - *Dan Russell, MA, MBA, CEO, Genesee County CMH Services and Co-Chair of CFI*

The presenters will provide an overview of the FY11 contract negotiation process and identify some of the FY12 negotiating issues. Participants who attend this workshop will be able to: 1. Explore and identify at least four areas of contents of the contracts that each PIHP and CMHSP holds with the MDCH; 2. Identify and compare the role of the CFI committee, CFI Contract Negotiation Team and the MACMHB Executive Board in the negotiation of these contracts; and 3. Explore the contents of the most recent amendment to these contracts. The workshop will be a combination of presentation and question and answer format.

19. Working with Housing Continuum of Care Bodies [IMPERIAL ROOM WEST]

- Qualifies for 1.5 CEU hours
 - *Juanita Harper, Community Housing Specialist, Community Housing Network*
 - *Yvette Thomas, Certified Peer Support Specialist, Community Housing Specialist, Community Housing Network*

Community Housing Network (CHN) is committed to promoting inclusive communities and housing choices for people with disabilities. CHN recognized the need for people with developmental disabilities to be involved in the Continuum of Care (CoC) process so their voices could be heard and therefore have impact on the funding decisions relative to housing in their communities. Out of this need, the “Working with Continuum of Care Bodies” program was developed and funded through the Michigan Developmental Disabilities Council. The presenters developed the program “from scratch” and are passionate advocates for persons with disabilities. It was done utilizing a regional approach, providing the program to persons in Oakland, Macomb, Wayne (Detroit, Highland Park & Hamtramck), Out Wayne and Monroe counties encompassing 5 CoCs. The program is designed to educate and empower people with developmental disabilities and secondary stakeholders to advocate for themselves and others, but also to be able to fully participate in the decision making process. Through this training, examples and curriculum will be provided and the hope is that this program may be replicated in other communities providing people with developmental disabilities, and those who care about them, opportunities they may not have otherwise. Participants will be able to: 1. Explain how and why the Continuum of Care (CoC) process was developed; 2. Identify three sources of funding utilized by the Continuum of Care; 3. List five types of programs and services eligible for funding through the CoC process; and 4. Give at least three examples of who can participate on the CoC.

20. SSA 101: Understanding Disability Entitlement and Work Incentives [IMPERIAL ROOM WEST]

- Qualifies for 1.5 CEU hours
 - *Robyn E. Ford, Staff Assistant/State Liaison, Social Security Administration*
 - *James V. Parrish, BSL, MA, LPC, Professional Relations Officer, Disability Determination Service*
 - *Yvonne Roush, Plan for Achieving Self Support (PASS) Specialist, Social Security Administration*
 - *Marcia Shantz, MA, Professional Relations Officer, Disability Determination Service*

Social Security Administration and Disability Determination Services will provide information about the basics of the Social Security Disability claims process and the Disability Listing book. We will discuss what CMH records are most helpful in the adjudication of the claim and what other types of information the caseworker can provide about the function of the consumer. SSA will also provide information about the Work Incentives programs, which greatly increase the chances for consumers to earn more money to live on or become fully self-sufficient. There will also be time for questions and answers. Participants will be able to: 1. Understand the SSA Disability (SSDI AND SSI) programs and online application; 2. Understand how important your CMH records are to those you serve; 3. Learn about the SSA Disability Listings; 4. Understand at least four steps in the allowance and denial process; 5. Understand at least three parts of the appeals process; 6. Understand the Continuing Disability Review process; 7. Learn about the Wounded Warriors Program; 8. Review the eAuthorization process from SSA; and 9. Understand the Work Incentive Programs.

7:30am – 12:00pm	Conference Registration [EAST REGISTRATION]
7:30am – 12:00pm	Exhibits [BALLROOMS F, G & H]
7:30am – 8:45am	Breakfast Activities (FULL BREAKFAST BUFFET WILL BE SERVED UNTIL 8:45AM) Regional Breakfast Meetings for CMHSP Directors and Board Members: Central Regional Meeting (BALLROOM A) Bay-Arenac, CMH for Central MI, Gratiot, Huron, Lapeer, St. Clair, Saginaw, Sanilac, Tuscola Metro Regional Meeting (IMPERIAL ROOM EAST) Detroit-Wayne, Macomb, Oakland Northern Regional Meeting (BALLROOMS C-D) AuSable Valley, Manistee-Benzie, North Country, Northeast, Northern Lakes Southeast Regional Meeting (EXECUTIVE TRAINING ROOM) C-E-I, Genesee, LifeWays, Lenawee, Livingston, Monroe, Shiawassee, Washtenaw U.P. Regional Meeting (IMPERIAL ROOM WEST) Copper Country, Gogebic, Hiawatha, Northpointe, Pathways Western Regional Meeting (BALLROOM B) Allegan, Barry, Berrien, Pines, Summit Pointe, Ionia, Kalamazoo, Kent, Montcalm, Muskegon, Newaygo, Ottawa, St. Joseph, Van Buren, West Michigan, Woodlands Non-Member and Staff Networking Breakfast – [Ballroom E] Provider Alliance Breakfast Meeting – (LIBRARY IN HUMMINGBIRDS RESTAURANT)
9:00am – 10:00am	Plenary Session: “Michigan’s Health Insurance Exchange” [BALLROOMS A-E] ■ Qualifies for 1 CEU hour (pending) – <i>Chris Priest, Project Manager for the MiHealth Marketplace Project</i> The passage of the Patient Protection and Affordable Care Act (ACA) presents both opportunities and significant challenges for states as they attempt to implement the various provisions of the law. One of the requirements of the ACA that states must quickly react and adapt to is the creation of a health insurance exchange. As the state’s project manager for the MiHealth Marketplace project, Chris Priest will outline the concept of Health Insurance Exchanges and describe the basic provisions of the Health Insurance Exchange, the proposed timeline for services and the functions that will be provided. Mr. Priest will also discuss Michigan’s planning process and the array of options and decisions that will need to be made.
10:00am – 10:30am	Exhibitor-Sponsored Refreshment Break [BALLROOMS F, G & H]
10:30am – 12:00pm	Concurrent Workshops 21. An Introduction to Community Needs Assessments: What Are We Trying to Accomplish? [UNIVERSITY ROOM 3] ■ Qualifies for 1.5 CEU hours – <i>Dale K. Howe, PhD, D K Howe Consulting, LLC</i> Community Needs Assessments, Environment Scans, SWOT Analysis: The names keep changing, but they won’t go away. The world, and our markets, change and our operations have to change if we are to survive. If you are able to see what is coming (or going) you have the option of managing the evolution. If you don’t see it happening, you may have both far fewer and much less desirable options. This session is an introduction to some common tools used to better understand your environment. Which one best suits your needs? We will talk about why you don’t want to out-source this work. The steps are quite simple and the internet makes it easy to get to most of the data. We will walk through the process and how it could be beneficial to you and how to maximize the benefits. Participants will be able to: 1. Explain what a Community Needs Assessment is; 2. List three typical objectives of a Community Needs Assessment; 3. Give two reasons why a Community Needs Assessment should be done in-house; and 4. Design a basic assessment. 22. What’s Going On In Lansing – Legislative Update [UNIVERSITY ROOM 1] – <i>Alan Bolter, Associate Director, Michigan Association of CMH Boards</i> After an extremely busy 2011 at the State Capitol what does 2012 hold? Hear the latest goings on in the Michigan Legislature. What are the legislative priorities for the year and how does an important election year impact those priorities. This workshop will provide an update on the latest legislation impacting the CMH system as well as reviewing the Governor’s State of the State address and FY13 executive budget.

23. A Shared Distance Learning Curriculum for Advanced Practice Psychiatric Nursing & Advanced Practice Public Health Nursing: The Michigan Experience [BALLROOM I]

■ Qualifies for 1.5 CEU hours

- *Cynthia Ann Archer-Gift, PhD; RN, Assistant to Program Directors for Advanced Psychiatric /Mental Health & Public Health Nursing, College of Nursing, Wayne State University,*
- *Ann Marie Collins, PhD, PMHCNS-BC, LPC, Assistant Professor of Nursing, Program Director for Advanced Psychiatric/Mental Health Nursing, College of Nursing, Wayne State University*
- *Feleta Wilson, FAAN, PhD, RN, Professor of Nursing, College of Nursing, Wayne State University*

The collaborative role of advanced practice psychiatric nurses and public health nurses emphasizes the impact of an integrated approach of physical health and mental health/substance abuse care in communities in Michigan. This unique program prepares advanced practice psychiatric nurses and advanced public health nurses in their home communities. Upon graduation, these advanced practice nurses will provide high quality health care services to populations who traditionally face barriers in accessing care for mental health/substance abuse and physical health. They become partners with consumers of health care in their journey to Recovery. Participants will be able to: 1. Describe the development of a shared curriculum for educating advanced practice psychiatric and public health nurses for underserved areas in Michigan; 2. Identify three planning strategies necessary in creating a shared educational distance outreach program for advanced practice nursing students in psychiatric and public health nursing; 3. List the three steps necessary in adding Complementary and Alternative therapies (CAM) content to advanced practice programs in psychiatric and public health nursing; and 4. Identify two approaches that would support expansion and sustainability of this program in all counties of Michigan.

24. Recovery: Using the Traveler's Guide as a Model [IMPERIAL ROOM EAST]

■ Qualifies for 1.5 CEU hours

- *Lynn Guernsey, MA, LBSW, QMRP, Each Life Matters, LLC*
- *Diane Reynolds, Chief Operating Officer, Segue, Inc.*

Participants will be provided with an overview of the process used to develop the Travelers Guide Curriculum, how the Travelers Guide supports individual recovery and an opportunity to review the Travelers Guide Workbook. Discussion will include the individual sections of the Travelers Guide Chapters and how they contribute to the learning process. Participants will be able to: 1. Complete a Life Domain Assessment and Dreams exercise; 2. Identify at least two personal recovery goals; and 3. Participate in two activities to enhance the recovery process, including a strengths assessment and an exercise to demonstrate the importance of decision making in the recovery process.

25. Yes! Children Grieve Too [BALLROOM J]

■ Qualifies for 1.5 CEU hours

- *Claudia Been, MA, LLPC, Grief Support Services Manager, Hospice of Michigan*
- *Desiree Davis-Leslie, LMSW, Grief Support Services Manager, Hospice of Michigan*

This presentation will seek to provide the means needed to identify grief in children of all ages who have experienced a loss. Although the presentation will focus on loss through death, some of the information will be relevant to other types of loss including divorce, incarceration, etc. Discussion will be held on how to recognize normal and complicated grief. Tools will be provided to utilize to support children (and their families) through their grief journey. Participants will be able to: 1. Describe at least three types of loss which can cause a child to grieve; 2. Describe at least five indicators of normal and complicated grief in children; and 3. Identify at least five tools to use to help a child cope with loss and grief.

26. Building Meaningful Relationships within Faith Communities [UNIVERSITY ROOM 2]

■ Qualifies for 1.5 CEU hours

- *Dr. Michael Brashears, PsyD, Executive Director, CMH of Ottawa County*
- *Nella Uitvlugt, BS, Executive Director, Friendship Ministries*

Friendship Ministries has promoted a one to one relationship within faith communities for almost 30 years. Whether a service provider or member of a faith community, the attendee will learn how to create a more welcoming community and promote the spirituality of individuals who have Intellectual Disabilities (ID). Attendees will also realize that congregations can and do change through the inclusion of people with ID. The faith community is an ideal place to develop natural community supports. Much is happening on both national and international scenes and we can learn from this. Participants will be able to: 1. Identify at least three different cultures of social services and faith communities; 2. Learn three tools to help bridge those differences; 3. Identify the range of possibilities that can be found in the faith community; and 4. Learn about national trends in the area of disability ministry.

Wednesday (continued)
10:30am – 12:00pm

27. 2012 Government Auditing Update [IMPERIAL ROOM WEST]

- Qualifies for 1.5 CEU hours
- *Stephen W. Blann, CPA, CGFM, Rehmman*
- *Richard L. Carpenter, CPA, CGFM, Rehmman*

This session will cover recent changes to the auditing standards that will impact your CMH's upcoming audits, including the new limitations on non-audit services provided by an independent CPA firm. Participants will be able to: 1. Be familiar with at least two of the requirements of Statements on Auditing Standards 118-120 regarding information accompanying audited financial statements; 2. Understand the new independence rules found in the 2011 Internet Version of Government Auditing Standards; and 3. Be able to properly assess the limitations on non-audit services that should be observed in contracting for such services.

12:00pm – 2:00pm

Lunch & Plenary Session: "Rolling with Zach" [BALLROOMS A-E]

- *Zach Anner, Comedian and Star of Oprah's "Rolling with Zach" Travel Show*

Zach Anner is a comedian and cultural satirist born in Buffalo, New York. He has a condition known as cerebral palsy, which he calls the "sexiest of the palsies." After graduating from high school with honors and a GED, Zach attended college at the University of Texas at Austin. There he worked on the sketch comedy show "That's Awesome," the documentary show "The Wingmen," and the documentary "Forgotten Lives." Through his website: therealzachanner.com, Zach has released several witty online videos causing him to become an Internet phenomenon. Zach has been featured in Time, Newsweek, and various magazines, and has been interviewed by dozens of national news organizations including ABC and Fox News. Zach gained worldwide attention with his submission of a video to "Your OWN Show: Oprah's Search for the Next TV Star" competition. After participating in the competition Zach won his own travel show on OWN. Singer-musician John Mayer endorsed Zach from the beginning and wrote an original theme song for Zach's new show. On "Rollin' With Zach," he travels the country, pushing his limits as he tries everything from surfing to rock climbing. And when things don't go as planned, Zach embraces the problem with his sharp sense of humor and a positive attitude, because he believes life is an adventure and sometimes you just have to "roll with it"!

2:00pm

Conference Adjourns