

MENU OF SERVICES

Readiness Assessment
 Fidelity Assessment
 Technical Assessment
 Guidance-Action Plan Development
 Continuous Quality Improvement
 Performance Management
 Measurement Consultation
 Clinical Consultation

IDDT Requirements:

Multi-disciplinary team consisting of at least a clinician, nurse, physician and substance abuse specialist (CAC) all with a shared caseload

Caseload ratio of 15:1 or fewer

Staging as a team of all people served and stage-matched services available on an individual, family and group basis

24-Hour Availability

Outreach services primary mode of contact

Long-term services (no arbitrary length of stay limitations)

To schedule your
MiFAST ASSESSMENT
 or for more information
 relating to any of
 the above services,
 please contact:

Merre Ashley, *MiFAST Coordinator*
 Phone: 517/374-6848
 E-mail: mashley@macmhb.org

CO-OCCURRING QUADRANTS AND MATCHING LEVEL OF CARE

Quadrant IV: high SUD high MH IDDT, Dual Disorder Enhanced Services	Quadrant III: high SUD high MH Dual Disorder Capable SUD Services	Quadrant SUD: high SUD Addiction Only Services
Quadrant II: low SUD high MH Dual Disorder Capable MH Services	Quadrant I: low SUD low MH Dual Disorder Capable Community Services	Quadrant SUD: low SUD Community Services Addiction Only Services
Quadrant MH: high MH Mental Health Only Services	Quadrant MH: low MH Community Services Mental Health Only Services	

MiFAST

MICHIGAN FIDELITY ASSESSMENT SUPPORT TEAM

Our Mission:

To ensure high quality in
 Michigan's public mental
 health system
 through the
 use of
 evidence-
 based
 practices
 and fidelity
 assessment.



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Michigan Association of
 Community Mental Health Boards

The Michigan Department of Community Health, through the
 Michigan Association of Community Mental Health Boards,
 has provided funding for this initiative through
 Federal Community Mental Health Block Grants

WHAT IS MiFAST?

MiFAST is endorsed by the Michigan Department of Community Health (MDCH). Each MiFAST team is comprised of dedicated professionals who seek to help other professionals. They have a broad range of clinical, administrative, training and quality expertise as well as experience in developing systems change strategies. The Team has advanced training and expertise in Integrated Dual disorders Treatment, Fidelity Assessment, Motivational Interviewing and Stages of Change, the CCISC model and general performance improvement techniques.

- MINT Trainer
- CCISC Expert
- Performance Improvement/ Measurement/Statistics

Our Mission:
To ensure high quality in Michigan's public mental health system through the use of evidence-based practices and fidelity assessment.



MiFAST VISION

- Promotes and sustains recovery, shaping mental health services toward recovery
- Builds a foundation for consumer choice and supports person-centered planning
- Supports the delivery of clinical care based on evidence-based practices wherever possible
- Favors a holistic approach to integration of evidence-based practices
- Seeks the positive treatment outcomes associated with high fidelity, such as reductions in hospitalization, recidivism, and costs
- Champions high quality & accountability

IDD T REDUCES

- Relapse of substance abuse and mental illness
- Hospitalizations
- Arrests
- Incarcerations
- Duplication of Services

IDD T INCREASES

- Continuity of Care
- Consumer Quality-of-Life Outcomes
- Efficient Use of Resources
- Stable Housing
- Employment

The MiFast Process

READINESS ASSESSMENT



ACTION PLAN DEVELOPMENT



TRAINING AND/OR
CONSULTATION



BASELINE FIDELITY
ASSESSMENT



ONGOING CONSULTATION



FOLLOW-UP FIDELITY
REVIEWS AND
TECHNICAL ASSISTANCE