



VALUES AND VISION
FOR CMH SERVICES IN MICHIGAN:

CHARTING THE COURSE
FOR THE NEXT 40 YEARS

Vision: Improve the health, safety and well being of Michigan communities by integrating and coordinating mental health services with those of state and local health and human service organizations and through collaborative relationships with consumers and community partners such as schools, courts, law enforcement, substance abuse and others.

The role of CMHSPs in the mental health system of the future is to...

- ' Provide the “safety net” for persons with severe and persistent mental illnesses, and for persons with developmental disabilities— regardless of ability to pay.
- ' Be the “network of choice” to effectively manage specialty services for 1.3 million Medicaid beneficiaries and for children enrolled in the MI Child program, in partnership with agencies of county, state and federal government.
- ' Preserve and promote the value of serving and supporting individuals in the least restrictive setting by providing a full range of community-based services and supports (including housing, employment, transportation and other essential supports) and by providing community-based long-term care for persons with psychiatric and developmental disabilities.
- " Be a valued resource to community schools, jails, law enforcement/criminal justice organizations, primary care providers and other community agencies and organizations. This “community benefit” outreach provides much needed assistance to persons needing mental health services who may not be eligible for Medicaid, MI Child or other programs.

- ' Improve services to children and adolescents in partnership with other state and local organizations and agencies through collaborative planning, service coordination and delivery.

Values: Michigan CMHSPs Value ...

- ' Person-centered processes that create empowerment and choice and an improved quality of life for consumers.
- ' Consumer participation in the CMH system, from policy formulation to employment.
- ' A statewide network of CMHSPs that are public entities, accountable to local units of government.
- ' Continuously improving quality that results in the best value for the state and the best outcomes for consumers.
- ' Cultural sensitivity and competence.
- ' Integrated systems of care linking state and local organizations working in mental health, substance abuse, primary care, education, criminal justice, law enforcement, child welfare, substance abuse and other disciplines.
- ' Evidence-based practice — doing what is proven to work.
- ' Communication and collaboration among all stakeholders — consumers, families, advocates, CMHSPs, providers, employees, government units and other stakeholders.
- " A strong emphasis on prevention and early intervention.

Background ...

Forty six (46) Community Mental Health Services Programs (CMHSPs) serve all 83 Michigan counties. Created by county government and financed by state, federal and local funds, CMHSPs provide a comprehensive range of services and supports to children and adults with mental illnesses and developmental disabilities. CMHSPs provide 24 hour emergency/crisis response services, 24 hour preadmission screening services, children's diagnostic and treatment services, the single point of entry into the public mental health system, management of mental health/specialty services benefits for persons enrolled in the Medicaid and MI Child programs and, in some cases, are the substance abuse coordinating agency in their region. They are a valuable resource for other community organizations and agencies. This "community benefit" provides important supports to schools, courts, jails, law enforcement, child welfare and other vital community programs.

2003 marked the 40th anniversary of the federal and Michigan legislation which created community mental health programs. Michigan's mental health system has a distinguished history and has been recognized nationally for its excellent services and innovative design. It is known for providing a comprehensive array of services, for its emphasis on community-based care including long-term care, for offering services and supports which promote consumer independence and inclusion in community life, and for pioneering requirements that all consumers fully participate in developing their plan of service through "person-centered planning" processes mandated by the Mental Health Code. Since 1998, CMHSPs have been responsible for managing the Medicaid specialty services benefit for 1.3 million beneficiaries under federal 1915(b) and (c) waivers. This authority was renewed by the federal Center for Medicare and Medicaid Services (CMS) in February of 2001 and again in December of 2003. This program has been recognized as the only managed Medicaid specialty services program in the country serving all three populations — persons with mental illness, developmental disabilities and substance abuse disorders.

A rapidly changing health care environment, a strong emphasis on consumer participation and choice, major changes in state and federal statutes and regulations, the growth of Medicaid funding and the decline of the CMH state general fund budget accompanied by a rise in demand for mental health services and supports, require that CMHSPs, consumers and other stakeholders plan now to improve the Michigan approach to the management and delivery of public mental health services in the future.

Starting as outpatient clinics, becoming the center of state and local efforts to bring our citizens home from state institutions, developing a system of community-based long term care, coordinating care to Medicaid beneficiaries and becoming partners with consumers and other community organizations, CMHSPs have learned much over the past 40 years. Our vision and values for the future are centered on consumer empowerment and choice. They recognize that we must address the needs of our communities as well and partner with others that may lie beyond the traditional boundaries of the public mental health system to do so. CMHSPs look forward to joining with consumers, family members, advocates, government officials and other stakeholders in reshaping a mental health system that will serve the citizens of Michigan well for the next 40 years and beyond. Thank you!

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