



*Michigan Association of Community Mental Health Boards is now
Community Mental Health Association of Michigan.*

March 16, 2018

FRIDAY FACTS

TO: CMH and PIHP Executive Directors
Chairpersons and Delegates
Provider Alliance Members
Executive Board Members

FROM: Robert Sheehan, Chief Executive Officer
Alan Bolter, Associate Director

RE:

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New e-mail addresses for Association staff: The Michigan Association of CMH Boards is now the COMMUNITY MENTAL HEALTH ASSOCIATION OF MICHIGAN.

Please update your email address for CMHAM staff:

Alan Bolter, Associate Director: abolter@cmham.org
Chris Ward, Administrative Executive: cward@cmham.org
Dana Owens, Accounting Clerk: dowens@cmham.org
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Carly Palmer, Training and Meeting Planner: cpalmer@cmham.org
Chris Lincoln, Training and Meeting Planner: clincoln@cmham.org
Nakia Payton, Receptionist: npayton@cmham.org
Robert Sheehan, CEO: rsheehan@cmham.org

Association soon to announce new membership opportunities: In response to requests for a broader range of membership options and a fuller list of benefits of each membership type, the CMH Association of Michigan will soon be announcing several new membership opportunities for organizations and individuals. Look for the revised Association membership brochure to be available in November.

Friday Facts to become a members-only electronic newsletter: Note that the receipt of this electronic newsletter will become a members-only benefit sometime in the next few months. While there will be another electronic newsletter for a wider range of non-members, it will not contain the depth or breadth of information contained in this newsletter. **So, if you find the information in this newsletter useful and are not an Association member, consider becoming a member when the new membership opportunities are announced.**

WORK, ACCOMPLISHMENTS, AND ANNOUNCEMENTS OF CMH ASSOCIATION MEMBER ORGANIZATIONS

LRE issues managed care RFP

Lakeshore Regional Entity (LRE' Region 3) is inviting proposals from Managed Care Entities (MCE) to provide Managed Care functions, outlined in the MDHHS contract for the region. The selected MCE will focus on providing excellence in the administration, oversight of standards and improved quality of services and support for Medicaid beneficiaries throughout the region. The RPF can be found at <http://www.lsre.org>. The LRE encourages all entities meeting these qualifications to submit a letter of intent by March 23, 2018, 5:00pm Eastern Time.

STATE AND NATIONAL DEVELOPMENTS AND RESOURCES

Work requirements proposed for Michigan's Medicaid program

Below is an excerpt from a recent Detroit News article on the recently introduced legislation to tie Medicaid eligibility to meeting work requirements.

Michigan would join a small but growing number of states requiring Medicaid recipients to work or continue school to maintain government health care coverage under Republican legislation introduced this week.

Sen. Mike Shirkey, R-Clarklake, is proposing a 30-hour work or school requirement for poor but able-bodied adults. Rep. Jim Runestad, R-White Lake Township, wants the Michigan Department of Health and Human Services to develop similar requirements

The full article can be found at:

<https://www.detroitnews.com/story/news/politics/2018/03/08/medicaid-work-requirement-michigan-republican/32742867/>

Michigan Radio sponsors mental health dialogue

When: Wednesday, April 4, 2018
6:30-8 p.m.

Where: Jolly Pumpkin Dexter
2319 Bishop Circle East,
Dexter, Michigan 48130

Host: Joe Linstroth

Mental health has been in the news lately and Michigan's mental health system is facing major challenges. How do we integrate behavioral and physical health care to benefit people who really need it? How is the system funded and who controls and has access to those dollars? What changes may be coming and what's the long term outlook for our mental health care system?

Join *Stateside* Executive Producer Joe Linstroth as he talks with mental health experts (including a representative from the CMH Association of Michigan) about some of the challenges facing Michigan's mental health system, and potential solutions

Issues and Ale is an event series from Michigan Radio designed to engage people in conversations about important issues facing Michigan...in an informal atmosphere. Stop by, have a drink, and join in the conversation.

Free Admission, but please register to attend.

Register at: <https://events.r20.constantcontact.com/register/eventReg?oeidk=a07ef6xax9072c1a355&oseq=&c=&ch=>

Employment First resources available

Thanks to this Association's partner organization, MARO, for providing the following resources designed to assist vocational/employment providers in their work related to Michigan's Employment First. Efforts:

Employment First State Leadership Mentoring Program (EFSLMP)
PROVIDER TRANSFORMATION MANUAL
Pilot Version; U.S. Department of Labor Office of Disability Employment Policy
<http://drivedisabilityemployment.org/sites/default/files/Provider%20Transformation%20Manual-Final%20Draft%2005%2005%202017.pdf>

Provider Agency Self-Analysis Tool
<http://maro.org/wp-content/uploads/2015/11/ODEPProviderSelfAnalysisWorksheet.pdf>

Michigan Autism ABA webinar announced.

Please join us on **Wednesday, March 21 at 2:00 PM** for the Medicaid Autism ABA monthly webinar. Please use the link below to register and invite others who may benefit from participating. After registering, you will receive a confirmation email containing information about joining the webinar.

<https://attendee.gotowebinar.com/rt/9009463533812380162>

We will focus on the following topics:

- MDHHS Autism Program updates
- New site review workbook demonstration

Don't miss an update: MDHHS Autism program will send out updates on a monthly or as needed basis. News may include upcoming training opportunities or other helpful resources and updates.

Sign up at: <https://public.govdelivery.com/accounts/MIDHHS/subscriber/new>

After entering your email address, scroll down to Mental Health, Developmental Disabilities and Substance Abuse and click on Autism updates to subscribe.

MHAM announces two events

The Mental Health Association in Michigan (MHAM) recently issued a "Save the Date" notice for two upcoming events

MAY 17: Mental Health Association in Michigan (MHAM) annual membership meeting, 3:00 p.m., Hyatt Place Detroit/Livonia (19300 Haggerty Rd., Livonia 48152). To be immediately followed by an educational presentation on one or more public policy topics.

JUNE 21: MHAM Tribute Dinner honoring Tom Watkins, former director, Michigan Department of Mental Health; former State Superintendent of Public Instruction; and former director, Detroit-Wayne Mental Health Authority. Burton Manor, Livonia (27777 Schoolcraft Rd., Livonia 48150). Reception at 6:00; dinner at 7:00; program at 8:00

SAMHSA offers webinar on mental health needs of transition-age youth

SAMHSA's Program to Achieve Wellness for a Webinar on Physical Health and Well-Being for Transition-Age Youth On their path to adulthood, transition-age youth (ages 16-25 years old) are presented with many opportunities and challenges, particularly for those living with mental illnesses and substance use disorders. At 18, individuals move from the children's mental health system into one designed for adults, a system that often fails to meet the unique needs of this age group.

Join SAMHSA on Thursday, **April 5 from 2 – 3 p.m.** to learn more about the needs of transition-age youth, as well as how to engage in support and service provision that can help motivate youth to take control of their physical health and well-being.

This webinar will be moderated by **Dana Lange** and **Dr. Robyn Martin** from the National Council for Behavioral Health. Guest speakers **Dr. Linda Henderson-Smith**, National Council for Behavioral Health; **Taylor Blanco**, Youth M.O.V.E. Broward South Florida Wellness Network; and **Melissa Robinson Graves**, CHRIS Training Institute, will share strategies and success stories on engaging youth with serious mental illness in services, as well as encouraging youth to focus on their own holistic health and wellness.

Participants will have advance access to a series of fact sheets and infographics on topics related to transition-age youth, like managing obesity, medication side effects, physical health and more!

Register at: <https://register.gotowebinar.com/register/7838472658902348546>

CHCS announces webinar on improving the use of psychotropic medication with youth in foster care: a view from the states

Below is a recent announcement from the Center for Health Care Strategies on an upcoming webinar on psychiatric care for youth in the nation's foster care system

Improving the Use of Psychotropic Medication among Children and Youth in Foster Care: A View from the States

Date: March 21, 2018, 1:30 – 3:00 pm ET (1:30 pm – 3:00 pm ET)

In recent years, the inappropriate use of psychotropic medication among children and youth in foster care — nearly all of whom are covered by Medicaid — has been identified as a concern by federal agencies. This high-risk population is five times more likely than the non-disabled Medicaid child population to receive psychotropic medications and has particularly concerning patterns of use for these drugs. In response, states are strengthening their oversight and monitoring of psychotropic medication use, and the federal government has provided technical assistance to support those efforts.

This 90-minute webinar, made possible through support from the Annie E. Casey Foundation, will feature four states that are using cross-agency partnerships to advance new psychotropic medication monitoring and oversight approaches. Medicaid, child welfare, and behavioral health agency representatives from Illinois, New Jersey, Oregon, and Vermont will share perspectives on strengthening inter-agency partnerships, facilitating appropriate data-sharing among agencies, coordinating oversight processes, and improving care coordination. State and federal officials, policymakers, managed care organizations, health care delivery systems, and other interested stakeholders are invited to attend.

Register at:

https://www.chcs.org/resource/improving-use-psychotropic-medication-among-children-youth-foster-care-view-states/?utm_source=CHCS+Email+Updates&utm_campaign=678d6b7f31-EMAIL_CAMPAIGN_2018_03_05&utm_medium=email&utm_term=0_bbc451bf-678d6b7f31-152144421

Johns Hopkins announces virtual class on management of local mental health authorities

Course: Knowledge for Managing County and Local Mental Health, Substance Use, and Developmental Disability Authorities

This course is part of the Johns Hopkins Summer Institute in Mental Health Research

Description: Reviews the key features of successful management of county and local authorities that oversee and conduct mental health, substance use, and developmental disability services. Also explores environmental factors that impact local operations, as well as facility with key tools to plan and implement services. Specifically explores two principal environmental factors, i.e., National Health Reform and Medicaid, and two primary tools for management, i.e., strategic planning and needs assessment. Emphasizes practical knowledge so that managers can apply the information immediately upon returning to their programs. Students are expected to bring practical problems to the course and to leave with useful strategies and tools for solving them.

Learning Objectives:

Upon successfully completing this course, students will be able to:

1. Assess the impact of National Health Reform and Medicaid on their own programs and will be able to employ useful strategic planning and needs assessment tools
2. Describe the essential features of National Health Reform and the Medicaid Program
3. Engage successfully in local strategic planning and needs assessment initiatives

Tue 05/29/2018 - Fri 06/08/2018

Enroll at: <https://www.jhsph.edu/departments/mental-health/summer-institute/index.html>

Two articles, one from the archives, on the causes behind the cost of health care in the United States:

Why Is U.S. Health Care So Expensive? Some of the Reasons You've Heard Turn Out to Be Myths (NYT, March 13, 2018)

“There were two areas where the United States really was quite different: We pay [substantially higher prices](#) for medical services, including hospitalization, doctors' visits and prescription drugs. And our complex payment system causes us to spend far more on administrative costs. The United States also has a higher rate of poverty and more obesity than any of the other countries, possible contributors to lower life expectancy that may not be explained by differences in health care delivery systems.”

<https://www.nytimes.com/2018/03/13/upshot/united-states-health-care-resembles-rest-of-world.html>

It's The Prices, Stupid: Why The United States Is So Different From Other Countries (Health Affairs, May/June 2003)

This paper uses the latest data from the Organization for Economic Cooperation and Development (OECD) to compare the health systems of the thirty member countries in 2000. Total health spending—the distribution of public and private health spending in the OECD countries—is presented and discussed. U.S. public spending as a percentage of GDP (5.8 percent) is virtually identical to public spending in the United Kingdom, Italy, and Japan (5.9 percent each) and not much smaller than in Canada (6.5 percent). The paper also compares pharmaceutical spending, health system capacity, and use of medical services. The data show that the United States spends more on health care than any other country. However, on most measures of health services use, the United States is below the OECD median. These facts suggest that the difference in spending is caused mostly by higher prices for health care goods and services in the United States

<https://www.healthaffairs.org/doi/abs/10.1377/hlthaff.22.3.89>

LEGISLATIVE UPDATE

Upcoming DHHS Committee Meetings

Senate DHHS Budget Committee

Committee: Senate Health and Human Services Appropriations Subcommittee

Location: Senate Hearing Room, Ground Floor, Boji Tower, 124 W. Allegan Street, Lansing, MI 48933

Date: Tuesday, March 20, 2018

Time: 1PM

Agenda 1. Autism Services

House DHHS Budget Committees

No House meeting this week.

NATIONAL UPDATE

National Council Hosts Integration Briefing on Capitol Hill

The National Council for Behavioral Health hosted a congressional staff briefing on Wednesday highlighting government programs and initiatives that promote the integration of primary and behavioral health care. The panel featured four grantees from the Promoting Integration of Primary and Behavioral Health Care grant program, two of whom are also participants in the Medicaid Certified Community Behavioral Health Clinic demonstration program.

Panelists for this briefing included: Beth Ann Meints, Kalamazoo Community Mental Health & Substance Abuse Services, Michigan; Robert Cole, Connecticut Mental Health Center, Connecticut; Bridget Brown, Wallowa Valley Center, Oregon; Nathaniel Dell, Places for People, Missouri. Both Wallowa Valley Center and Places for People are also participating in the Excellence in Mental Health Act CCBHC Medicaid program.

PROMOTING INTEGRATION OF PRIMARY AND BEHAVIORAL HEALTH CARE (PIPBHC)

Data show that persons living with serious mental illness and substance use disorder die, on average, 25 years earlier than those without. However, it is often untreated co-morbid, chronic physical health conditions like diabetes, heart disease, hypertension and HIV/AIDS that are the leading cause of early death. Through the Promoting Integration of Primary and Behavioral Health Care grant program, state agencies partner with behavioral health providers and health centers to provide integrated primary and behavioral health care to populations that need it most.

Each panelist explained how this grant has changed their organization's ability to meet the diverse and complex needs of their community. Robert Cole, Chief Operating Officer of CMHC in Connecticut called the PIPBHC program, "training wheels", saying that the grant money and expert technical assistance offered by the SAMHSA-HRSA Center for Integrated Health Solutions were the support system CMHC needed to build working relationships with primary care physicians and facilities to offer truly integrated care in New Haven, CT. CMHC graduated the grant program in 2014 and still offers the key integrated care services.

Beth Ann Meints and Nathaniel Dell offered data demonstrating improvement in overall physical health and social outcomes for their patients. From lower body mass index (BMI) and blood pressure to increased medication adherence and more stable housing, the integrated care model immediately yielded positive results.

CERTIFIED COMMUNITY BEHAVIORAL HEALTH CLINICS (CCBHCs)

Both Bridget Brown from Wallowa Valley Center in Oregon and Nathaniel Dell from Places for People in Missouri are PIPBHC grantees and current participants of the Excellence in Mental Health Act CCBHC Medicaid program. Each panelist spoke about how the PIPBHC grant served as a foundation and a platform to become a Certified Community Behavioral Health Clinic. Dell called the PIPBHC grant a "spring board" for becoming a CCBHC, highlighting increased staff competencies and data reporting requirements that were already implemented at Places for People prior to becoming a CCBHC.

The National Council hosted the briefing to advocate for both level funding of the Promoting Integration of Primary and Behavioral Health Care grant program in FY2019 and the passage of the Excellence in Mental Health and Addiction Treatment Expansion Act (S. 1905/ H.R. 3931) which would extend the eight current CCBHC states by one year and allow two new states to participate in the CCBHC program.

ETHICS FOR SOCIAL WORK & SUBSTANCE USE DISORDER PROFESSIONALS TRAININGS FOR 2018

Community Mental Health Association of Michigan is pleased to offer 6 Ethics for Social Work & Substance Use Disorder Professionals Trainings presented by Tom Moore, LMSW, LLP, CCS, Owner and Principal, Two Moons, LLC.

This training fulfills the Michigan Social Work Licensing Board's requirement for licensure renewal for ethics. This training fulfills the MCBAP approved treatment ethics code education – specific.

Trainings offered on the following dates.

- March 21 - Lansing
- April 25 - Lansing
- May 30 - Lansing
- June 27 –Kalamazoo
- July 11 - Troy
- August 22 – Lansing

Training Fees: (fee includes training material, coffee, lunch and refreshments.)
\$115 CMHAM Members
\$138 Non-Members

To register: [CLICK HERE TO REGISTER FOR ETHICS TRAININGS!](#)

EMDR TRAINING

Trauma Recovery/EMDR Humanitarian Assistance Programs presents Eye Movement Desensitization and Reprocessing (EMDR). EMDR Basic Training consists of Weekend I (April 11-13, 2018) and Weekend II Training. Each training event is three days of didactic and supervised practice. To complete Trauma Recovery/HAP's EMDR Training, each participant is required to complete 10 hours of consultation. Each participant/agency must arrange for consultation hours on their own, through the HAP Consultant Directory. If you have staff interested, please email awilson@cmham.org for more information.

CMH Association committee schedules, membership, minutes, and information go to our website at <https://www.macmhb.org/committees>

Have a Great Weekend!