



# Michigan Association of **COMMUNITY MENTAL HEALTH** Boards

September 8, 2017

## FRIDAYFACTS

TO: CMH and PIHP Executive Directors  
Chairpersons and Delegates  
Provider Alliance  
Executive Board

FROM: Robert Sheehan, Chief Executive Officer  
Alan Bolter, Associate Director

RE:

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## STATE AND NATIONAL DEVELOPMENTS AND RESOURCES

**Reinforcing the commitment to its core mission while embracing innovation - the Association changes its name and logo**

As the readers of the Association's Friday Facts may remember, this Association is changing its name and logo. The Association's new name will be the **Community Mental Health Association of Michigan**. This new name retains the words "community mental health" to represent the association's link to the community mental health movement that, fifty years since its genesis, is in robust and continual development. However, readers will notice that the name no longer contains the word "Boards". While the Association is still led by the members of the Boards of Directors of the state's public Community Mental Health centers (CMHs) and public Prepaid Inpatient Health Plans (PIHPs) – with Board members making up 2/3 of the Association's Member Assembly – the Michigan Mental Health Code (the state law under which the public BHIDD system in Michigan is governed) has not, for years, used the term "Board" to describe the local and regional organizations that make up the public BHIDD system. Additionally, none of the Association's members use the word "Board" in their names.

In addition to the name change, the Association is announcing a new logo; a logo that stands out from the crowd; a logo that represents the Association's commitment to innovation, boldness, professionalism, accessibility and a person-centered approach to service (the latter two traits underscored by the letter C in the form of a person with his or her arms outstretched). This new logo appears below.



The members and stakeholders of the Association will start to see the new name and logo appear in a number of ways and venues. Rather than a grand reveal/announcement of the new name and logo, the Association's members and stakeholders will see them appearing in any of a number of applications and venues, including on the Association's newly redesigned website (to be launched in the next few weeks), in conference materials (starting with the Fall Association conference), in the headers of Association materials, including the Friday Facts, display banners, on letterhead and business cards, and in all of the ways that the Association's new name and distinctive logo will work to promote the visibility of this Association.

The new name and logo underscore that, in the midst of the innovation required for our system to respond to an ever changing environment (both opportunities and challenges), our system and this Association have never forgotten our roots in the community mental health movement – a civil rights movement in every sense of the word. A movement that is grounded in the commitment to the dignity of the person and to each person's right, regardless of ability or disability, to self-determination, full citizenship, community inclusion, and equality of opportunity.

### **Mental Health and Corrections Workgroup Update**

Several months ago, MACMHB formed the Mental Health and Corrections Workgroup with the aim of creating a venue for the discussion and organizing of the work of the Association's members relative the wide range of issues and initiatives related to mental health and corrections. The workgroup has met several times, with the group's initial meeting was joined by Dr. Ron Manderscheid, NACBHDD, a leading advocate for work at the crossroads of mental health and corrections.

As part of the workgroup's efforts, a state-wide inventory is currently being conducted of the Association's CMHs, PIHPs, and provider organizations, regarding the services and programming that are in place to address mental health issues in corrections. Elizabeth Tompkins, an MSW/MPA intern from Grand Valley State University (working with the Association member, The Right Door for Hope, Recovery, and Wellness) is developing a survey for MACMHB as part of that inventory. Each CMHSP, PIHP, and Provider Alliance member will be contacted individually and asked to complete a survey regarding their specific programs. The Association is urging active participation by its membership, as the resulting comprehensive inventory and supporting documents has the potential to influence the development of policies and practices at a state level while serving as a comprehensive resource and tool for work in this arena

Additionally, the Mental Health and Corrections Committee will be convening their next meeting for October/November. If you are interested in joining the committee, there is still time to do so by contacting Bob Sheehan at the Association at [rsheehan@macmhb.org](mailto:rsheehan@macmhb.org)

### **MDHHS and Flinn Foundation announce anti-stigma effort aimed at college campuses**

Below is a recent announcement from MDHHS and the Flinn Foundation regarding their joint effort to combat stigma on Michigan's college campuses

## OPENING MINDS, ENDING STIGMA: Campus Challenges"

New TV Special and Public Service Announcements starring young people to raise awareness about mental health and seeking help

There's a mental health crisis facing college students. One in five young people between the ages of 14 to 24 will experience mental illness. Left untreated, it can cause bigger problems later on.

With September being Suicide Prevention Month and many victims –particularly young people experiencing mental health disorders, the Ethel and James Flinn Foundation and the Michigan Department of Health and Human Services (MDHHS) have teamed up to change the conversation about mental health as they broadcast "Opening Minds Ending Stigma: Campus Challenges."

The "Opening Minds Ending Stigma: Campus Challenges" special will premiere Saturday, Sept 23, 7:30 p.m. on WOOD-TV in Grand Rapids and Sunday, Sept. 24 at 11:30 a.m. on WXYZ-TV in Detroit.

The special is part of a statewide campaign that also includes new PSAs targeting young people and college students and letting them know it is ok to talk about mental health and to seek help.

The 30-minute program features inspiring and candid stories of college students and their families impacted by mental illness, illuminates the challenges presented by mental health conditions, the stigma that often delays effective treatment, and that recovery is possible. Also discussed is the rising suicide rate among young people on campus. Suicide is the second leading cause of death among college students.

A new statewide initiative to improve student mental health and suicide prevention efforts on Michigan college campuses is also highlighted in the special. The Ethel and James Flinn Foundation, the Blue Cross Blue Shield of Michigan Foundation, the Michigan Health Endowment Fund, the Community Foundation for Southeast Michigan and the Children's Hospital of Michigan are partnering with the JED Foundation to bring the JED Campus Program to 13 Michigan colleges this fall.

Leading Michigan-based experts in healthcare, education, parent/child relationships and peer support programs also appear in the "Opening Minds, Ending Stigma: Campus Challenges" special to help bring greater understanding of the importance of early intervention and treatment.

"Treating mental illness shouldn't be viewed any differently than treating physical illnesses," said Andrea Cole, CEO of the Ethel and James Flinn Foundation. "Young people go through many changes during the college years. It's an exciting time but can be a difficult time for many. Telling young people it is ok to ask for help is critical."

Lynda Zeller, Deputy Director for the Behavioral Health and Developmental Disabilities at the Michigan Department of Health and Human Services, said "Removing stigma is an absolutely critical piece for getting young people into treatment and support much earlier. Mental health treatment is much more successful when conditions are identified early and when people are supported in getting the help they need."

Following the September broadcast premiere, the "Opening Minds, Ending Stigma: Campus Challenges" video may be accessed without charge for educational and community use at [www.endingstigma.org](http://www.endingstigma.org). Other resources to continue the conversation includes an on-going web and social media campaign.

The Ethel and James Flinn Foundation is a Detroit-based private grant-making organization with a mission to improve the quality, scope and delivery of mental health services for people in Michigan. For more information, visit [www.flinnfoundation.org](http://www.flinnfoundation.org).

The Michigan Department of Health and Human Services provides opportunities, services, and programs that promote a healthy, safe, and stable environment for residents to be self-sufficient. For more information, visit [www.michigan.gov/mdhhs](http://www.michigan.gov/mdhhs).

## Center for Integrated Health Solutions announces cultural competence webinar

The Center for Integrated Health Solutions, a joint initiative of the federal Substance Abuse and Mental Health Services Administration and the Health Resources and Services Administration, recently announced a webinar on the impact of culturally appropriate care to healthcare integration. That announcement is provided below.

Webinar Reminder:

Improving Behavioral Health Integration through Culturally Appropriate Service Delivery

September 13, 2017

3:00 - 4:30 PM ET

Presenters: Juliet Bui, HHS Office on Minority Health; Rachele Espiritu and Suganya Sockalingam, Change Matrix; Green County Health Care, North Carolina; Hope Clinic, Texas; Women's Refugee Health Clinic, Arizona

Register for free here: [https://goto.webcasts.com/starthere.jsp?ei=1157861&tp\\_key=f0e8c3fdd6](https://goto.webcasts.com/starthere.jsp?ei=1157861&tp_key=f0e8c3fdd6)

Racially diverse and ethnic minority populations continue to experience disparities in behavioral health services access, treatment, and outcomes. Though the factors contributing to these disparities may include social determinants such as housing, education, and job status, provider bias and a lack of cultural and linguistic competency (CLC) may also play a role. Failure to address and acknowledge a patient's culture while providing integrated care can result in poor provider-patient communication and low health literacy.

Primary care settings are ideal for screening, assessing, and treating mental health and/or substance use conditions. Join CIHS to hear how culturally and linguistically competent behavioral health integrated care delivery models in primary care can improve the accessibility and the quality of physical and behavioral health services.

In this webinar, participants will learn:

- The range of issues of concern when it comes to cultural and linguistic competency (CLC);
- How to engage leadership in CLC;
- Specific tools and resources, including: an organizational self-assessment of linguistic and cultural appropriateness, a checklist of how to implement best practices and organizational protocols, and information on benchmarking progress;
- How to obtain these tools and additional assistance in addressing CLC.

Please note the following:

- Registration is free and closed captioning is available upon request.
- The audio for this webcast is via computer speakers and not telephone. We recommend using external speakers for desktop computers to ensure best audio quality.
- The SAMHSA-HRSA Center for Integrated Health Solutions does not provide certificates of attendance or continuing education credits for webinar attendance.

## 1332 waivers and risk management

As states, including Michigan, consider the use of federal 1332 waivers (with some states having already submitted waiver requests; some have been approved by CMS), which allow the waiving of certain ACA rules, Association members and stakeholders are starting to grow in their understanding of the purpose, breadth, and import of these waivers. Below is an excerpt from a recently published article, by Milliman (the actuarial firm that carries out Michigan's Medicaid actuarial analyses) on one of the factors to be considered, by states, as they think through the potential of submitting a 1332 waiver.

**Pairing risk adjustment to support state 1332 waiver activities** (by *Rong Yi, Gary Bacher*) From the full article: Section 1332 of the Patient Protection and Affordable Care Act (ACA) allows states, starting in 2017, to

waive certain ACA market rules to allow for more tailored commercial individual and small group market solutions. When states consider market reforms such as reinsurance under the 1332 Waiver with the aim of stabilizing the market and providing affordable coverage, it is important to consider the challenges and options in the context of their effects on other market stabilization mechanisms like risk adjustment.

The full article can be found at:

[http://us.milliman.com/uploadedFiles/insight/2017/risk-adjustment-state-1332-waiver-activities.pdf?\\_cldee=cnNoZWVoYW5AbWFjbWhiLm9yZW%3d%3d&recipientid=contact-49533329bfdee2119b55b4b52f67d674-6676e37263564e22b2bc45aa7bbc1b18&esid=db4200d2-1b93-e711-80f9-e0071b6a4021](http://us.milliman.com/uploadedFiles/insight/2017/risk-adjustment-state-1332-waiver-activities.pdf?_cldee=cnNoZWVoYW5AbWFjbWhiLm9yZW%3d%3d&recipientid=contact-49533329bfdee2119b55b4b52f67d674-6676e37263564e22b2bc45aa7bbc1b18&esid=db4200d2-1b93-e711-80f9-e0071b6a4021)

### **Showings of ACE film, Resilience, announced**

The Michigan ACE Initiative (of which MACMHB is an Advisory Committee member) together with local community Partners in communities across the state, have recently announced the screening of the award-winning documentary. *RESILIENCE: THE BIOLOGY OF STRESS & THE SCIENCE OF HOPE*. This film chronicles the birth of a new movement among pediatricians, therapists, educators & communities who are using cutting-edge brain science to disrupt cycles of violence, addiction & disease. For more information on the documentary: To learn more about the film go to: <http://kpirfilms.co/resilience/>

The upcoming screenings of Resilience: The Biology of Stress and the Science of Hope are:

MOUNT PLEASANT: SEPTEMBER 13, 2017  
5-7 p.m.

MOUNT PLEASANT: SEPTEMBER 14, 2017  
3:30-5:30 p.m. or 7:30-9:30 p.m.

Online registration at: <https://www.eventbrite.com/e/special-screening-documentary-resilience-tickets-37533824680?utm-medium=discovery&utm-campaign=social&utm-content=attendeeshare&aff=escb&utm-source=cp&utm-term=listing>

BATTLE CREEK: SEPTEMBER 28, 2017  
9:00-11:00 a.m. or 6:00-8:00 p.m.

Online registration at: <https://www.eventbrite.com/e/resilience-documentary-screening-tickets-37417668253>

### **2017 PAC Campaign Update**

Earlier this year we announced our 2017 CMH PAC campaign with the goal of increasing member participation. This year's campaign exceeded last year's contribution levels, but participation remained about the same. Last month we held the drawing for the Detroit Tiger box suite tickets donated by Muchmore Harrington Smalley Associates and the winner was... Lapeer CMH.

Congratulations to Lapeer CMH and thank you to all who generously contributed to the CMH PAC.

Just because the Tiger drawing has been completed does not stop the need for CMH PAC support. If you would still like to support our PAC efforts please mail your contribution to our office, below are the details:

Make checks payable to: CMH PAC ~ 426. S. Walnut St. ~ Lansing, MI 48933 (no corporate checks, please)

Thank you. Please feel free to contact Bob or Alan with any questions.

## MACMHB ANNUAL FALL CONFERENCE

MACMHB's Annual Fall Conference, "Honor the Past...Treasure the Present...Dream the Future," will be held on October 23 & 24, 2017 at the Grand Traverse Resort in Traverse City, Michigan.

Registration Opens Early Next Week!

## LEGISLATIVE UPDATE

### Snyder Outlines Fall Priorities

As the Legislature prepares to return to Lansing after their traditional summer recess, Governor Snyder is highlighting his fall priorities. Although the Governor did not disclose details, his "to do" list includes: reforms to local government pension and benefit programs; movement on an A-F grading system for public schools; potential changes to Michigan's automobile no-fault insurance system; and efforts to improve Michigan's recycling rate.

Speculation about tackling other post-employment benefits (OPEB) and auto no-fault have been rampant the last two months, but both issues have been on the Governor's and many Legislator's priority list for years. Although thoughtful discussions between both chambers and the administration on these issues are ongoing, it's unclear if a solution palatable to all interested parties can be reached prior to the end of the year. Insiders claim both chambers and the executive are serious about crafting a solution to both OPEB and auto no-fault, but all parties recognize the heavy-lift this would require and the significant compromises that would need to be reached by invested interest groups.

Should the Legislature plow forward with establishing an A-F accountability system for public schools, amendments to the state's plan to comply with the "Every Student Succeeds Act" (ESSA) would be necessary. According to a spokesman, the Michigan Department of Education continues to engage the U.S. Department of Education in conversations about potential legislative action and, assuming adoption, the subsequent need to amend the state's ESSA plan.

### House Mental Health CARES Task Force Update

The House Mental Health CARES task force held two more meetings, this week in Lansing and last week in Oakland County. Chairman Vaupel did announce the task force may hold another meeting in Lansing dedicated to public testimony, but details have not been released.

The House C.A.R.E.S. Task Force webpage can be accessed at: <https://house.mi.gov/CARES/>. The schedule of our upcoming meetings, as well as summaries of each meeting will be posted here. There is also an option for the public to submit their comments through the website.

### Upcoming Meetings

Monday, September 11 at the Team Wellness Center, 6309 Mack Avenue, Detroit, 48207  
1:00 p.m. to 3:00 p.m. Meeting

Friday, September 29 at the Mid-Michigan Community College, 1375 S. Clare St., Harrison, 48625  
11:00 a.m. to 1:00 p.m. in the Cafeteria Room on Campus

## NATIONAL UPDATE

## Congress Faces Sept. 30th Deadline to Pass Health Reform

The Senate Parliamentarian ruled last week that the special budgeting rules under which Congress has tried to pass health care legislation will expire at the end of the fiscal year, September 30. This is the latest win for advocates working to protect the Affordable Care Act and preserve Medicaid as it currently exists. President Trump, with Congress back in session this week, is reportedly urging one more try at passing health care legislation.

At the start of the 115<sup>th</sup> Congress, GOP leaders on Capitol Hill kicked off a special budgeting process – called budget reconciliation – that allowed for the approval of major legislation with a simple majority in both chambers, bypassing the possibility of a Senate filibuster. These efforts culminated with a midnight vote in the Senate that saw Senators Susan Collins (R-ME), Lisa Murkowski (R-AK) and John McCain (R-AZ) voting against the last Republican measure, effectively ending – for the time being – efforts to reform health care and gut and cut Medicaid in America.

Last week, the Senate Parliamentarian ruled that the budget reconciliation process for 2017 expires at the end of the month, effectively setting a Sept. 30 deadline for Congress to pass health care legislation. Whether lawmakers would have the votes to do so is uncertain amid a packed legislative calendar. As Congress returns to session this week, the agenda is full of “must pass” legislation including: raising the debt ceiling, appropriations to fund the federal government, approving legislation to stabilize the individual insurance market, passing a Hurricane Harvey relief package, and reauthorizing key programs like the Children’s Health Insurance Programs. However, if Congress fails to enact health care legislation before the end of the month, they could still return to the issue by enacting new budget reconciliation instructions in fiscal year 2018.

## Register for Hill Day 2017

The time to protect our nation’s most vulnerable populations is now, and we know that our voices are louder together.

Join us at Hill Day 2017, October 2-3, the nation’s largest behavioral advocacy event, to stand up and be heard on mental health and addictions.

[Register today.](#)

Fired up and ready to go now? Start honing your advocacy skills by taking action today on our [Unite4BH page](#).

MACMHB committee schedules, membership, minutes, and information go to our website at <https://www.macmhb.org/committees>

**Fetal Alcohol Spectrum Disorder Training in the Upper Peninsula September 20 and 21.** This training addresses the importance of recognizing an FASD or other neurocognitive issues in those with whom we work or live. The brain damage seen in FASD is examined in relation to why and how to modify approaches, along with common behaviors that result from this damage and that may result in misdiagnoses such as Oppositional Defiant Disorder, Attention-Deficit Hyperactivity Disorder, Conduct Disorder, Reactive Attachment Disorder, and Bipolar Disorder in the individual and neglect and sabotaging treatment in family members. Strategies for improving outcomes for the children/youth, family, and agencies and systems that serve them are highlighted. The presenter is Daniel Dubovsky, MSW, FASD Specialist. We have added two trainings September 20 in Sault Ste. Marie and September 21 in Marquette for FASD. The cost for the training is \$35 per person. Register online at <https://www.macmhb.org/childrens-services>

**Have a Great Weekend!**