



# Michigan Association of **COMMUNITY MENTAL HEALTH** Boards

October 13, 2017

## FRIDAYFACTS

TO: CMH and PIHP Executive Directors  
Chairpersons and Delegates  
Provider Alliance  
Executive Board

FROM: Robert Sheehan, Chief Executive Officer  
Alan Bolter, Associate Director

RE:

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**A REMINDER TO VOTING DELEGATES, EXECUTIVE BOARD MEMBERS, AND CMH AND PIHP BOARD CHAIRPERSONS: NEW SCHEDULE FOR ASSOCIATION MEETINGS AT FALL CONFERENCE**

## WORK AND ACCOMPLISHMENTS OF MACMHB MEMBER ORGANIZATIONS

Regional Mental Health Court aims to reduce recidivism & save lives

Below is an excerpt from a recent newspaper article on the success of the mental health treatment court serving the Eastern Upper Peninsula. Hiawatha Behavioral Health, a member of MACMHB, plays a key role in the success of this treatment court.

MANISTIQUE — “Treatment Courts are very effective, so we decided why not start a mental health treatment court,” said Judge Mark Luoma.

It took 2 ½ years of hard work to get to this day. Now, five Upper Peninsula counties: Alger, Schoolcraft, Luce, Mackinac, and Chippewa Counties are part of the Eastern U.P. Regional Mental Health Court.

Like other specialty courts, the mental health court aims to save the lives of those afflicted with mental illness and help them become productive members of society.

“There’s nothing more important than giving the courts the tools to be able to work very closely with other professionals to try and change lives,” said Michigan Supreme Court Justice Kurtis Wilder. “We’re seeing it throughout all of our treatment courts, whether it be a mental health court, drug courts, sobriety courts,” Wilder added.

The full article can be found at:

<https://abc10up.com/2017/10/02/regional-mental-health-court-aims-reduce-recidivism-save-lives/>

Congratulations to Hiawatha Behavioral Health.

### **Grand Opening of Mack-Ashland Supportive Housing Community**

Below is a recent announcement of the opening of an affordable housing program in Detroit. The project was led by two MACMHB member organizations, Northeast Guidance Center and Southwest Solutions.

President & CEO Sherry McRill of Northeast Guidance Center and President & CEO John Van Camp of Southwest Solutions hosted the Grand Opening of Mack-Ashland Phase II at 3783 Ashland Street with board members, stakeholders, funders, staff and neighborhood residents on September 27th, celebrating the addition of twenty-eight low-income, affordable townhomes, a community center and playground on Detroit's eastside. Remarks were made by City of Detroit Councilmember Andre Spivey, Deputy Director Burney Johnson of MSHDA and Mack-Ashland resident Patrice Giles, followed by a resolution presented to John Van Camp and read by Beverly Kindle-Walker of Wayne County Commissioner Tim Killeen's office. Sherry McRill and John Van Camp ceremoniously cut the ribbon for the new John Van Camp Community Center.

Additional details can be found at: <http://neguidance.org/mack-ashland/>

Congratulations to Northeast Guidance Center and Southwest Solutions.

### **CEI receives CARF accreditation**

CARF International announced that Community Mental Health Authority of Clinton, Eaton, and Ingham Counties (CMHA-CEI) has been accredited for a period of three years for its programs within Adult Mental Health Services, Substance Abuse Services, Families Forward, and Community Services for the Developmentally Disabled. The latest accreditation is the 5th consecutive Three-Year Accreditation that the international accrediting body, CARF, has given to CMHA-CEI.

Some excerpts from the CARF report to CMHA-CEI, highlighting the many strengths they saw:

The organization is very active in community and county groups and takes a leadership role in many committees to ensure that the needs of persons seeking services are met throughout the county and area.

The leadership of the organization demonstrates a strong commitment to person-centered care, and this commitment is demonstrated throughout the entire organization.

Across the board, consumers speak highly of the services they receive, describe being treated with dignity and respect, and believe their needs are being met.

Congratulations to Community Mental Health Authority of Clinton, Eaton, and Ingham Counties.

## **STATE AND NATIONAL DEVELOPMENTS AND RESOURCES**

### **MACMHB and MDHHS hold nation leading SUD conference**

For the past eighteen years, the Office of Recovery Oriented Systems of Care (OROSC) and the Behavioral Health and Developmental Disabilities Administration (BHDDA), both within MDHHS, and this Association have sponsored the Annual Substance Use and Co-Occurring Conference . This year's conference, recently concluded, was another very successful event. Some facts about this conference that underscore its national prominence and its ability to attract a wide audience of persons involved in the prevention and treatment of substance use disorders and co-occurring conditions.

- This conference is largest substance use disorder focused conference in the Nation held during National Recovery Month
- Nearly 1,200 participants, from across the state, attended
- The conference featured fifty-two presenters across four plenaries and thirty-six workshops

Next year's conference will link the Michigan Recovery Walk, the Pre-Conference event held in conjunction with the conference, and the statewide Prevention Celebration.

### **HCBS tool kit updated**

A number of the members of the Michigan Assisted Living Association (MALA), MARO, and the Michigan Association of Community Mental Health Boards (MACMHB) – from those who are nearly ready to meet the Home and Community Based Services (HCBS) rules to those who are starting their HCBS readiness efforts - have asked for guidance in locating key resources as they work to ensure the readiness of their organizations, consumers, and stakeholders to make the changes required as Michigan implements its Home and Community Based Services HCBS) rules changes.

In response to this request, a HCBS tool kit, developed by the Michigan Assisted Living Association (MALA), MARO, and the Michigan Association of Community Mental Health Boards (MACMHB), has been developed. It is designed to assist residential and non-residential providers, CMHs, and PIHPs in making the changes required by Michigan's Home and Community Based Services Transition plan.

The tool kit was recently updated with newly released resources. The update tool kit can be found on this Association's website at:

<https://www.macmhb.org/Information/home-and-community-based-services>

### **HCBS and Self Determination resources**

On a related note (HCBS related), the Association is often asked for resources to guide HCBS-related work. In response to those requests, below are a number of national resources on HCBS and Self Determination concepts and skills:

<http://www.bc.edu/schools/gssw/nrcpds/>

<http://www.eoutcome.org/default.aspx?pg=332>

<http://www.nasuad.org/hcbs>

### **Michigan announces progress on physical and behavioral health coordination initiative**

Below is a recent press release from MDHHS on the status of the Section 298 pilot process:

Today the Michigan Department of Health and Human Services (MDHHS) is announcing the next steps for the Section 298 Initiative. MDHHS is also announcing the selection of the project evaluator and project facilitator for this initiative.

The Section 298 Initiative is a statewide effort to improve the coordination of physical health services and behavioral health services in Michigan. This initiative is based upon Section 298 in the [Public Act 268 of 2016](#). The Michigan legislature approved a revised version of Section 298 as part of [Public Act 107 of 2017](#). Under the revised Section 298, the Michigan legislature directed the department to develop and implement up to three pilots and one demonstration model to test the integration of physical health and behavioral health services.

Under the revised language, MDHHS was directed to recruit a project facilitator to assist with the development and implementation of the pilots and demonstration model. In August 2017, the department designated the [Michigan Public Health Institute](#) as the project facilitator for the Section 298 Initiative. The Michigan Public Health Institute will provide support to the department with facilitating pilot and demonstration stakeholder discussions and managing the development and implementation process.

Additionally, MDHHS was directed to contract with one of the state's research universities to complete an evaluation of the pilot(s) and demonstration model. In September 2017, the department selected the Institute for Healthcare Policy and Innovation at the University of Michigan as the project evaluator for the Section 298 Initiative. The evaluation team will assist the department with developing performance metrics and an evaluation plan and conducting the evaluation of the pilot(s) and demonstration model. MDHHS will be working with the project facilitator and project evaluator on initiating the next phase of the Section 298 discussion. This phase of the discussion will focus on following four key components:

- **Development of the Pilots**

The department is currently working on defining the structure of the pilots. The department will be working with the project facilitator to convene representatives from the current system to gather specific input necessary to develop the structure of the pilots. These discussions will occur during October and November. The results of the discussion will lead to the development of a Request for Information, which will be used to guide the selection of the pilot sites.

- **Development of the Demonstration Model**

The Michigan legislature instructed the department to work with the community mental health authority for Kent County and all willing Medicaid health plans in the county to pilot a full physical and behavioral health integrated service demonstration model. The department is currently working with stakeholders in Kent County to develop the structure of the demonstration model.

- **Development of the Evaluation Plan**

The department will be working with the project evaluator to develop an evaluation plan for the pilot(s) and demonstration model. The department and project evaluator will also launch an advisory group process in order to gather input for the development of the evaluation plan.

- **Analysis of the Policy Recommendations**

The department is currently reviewing the 70 policy recommendations from the final report of the 298 Facilitation Workgroup. The department will be comparing the recommendations with current state policies and programs and identifying opportunities for change. After the analysis is completed, the department will convene stakeholders to discuss the results of the analysis and identify the priorities for implementation.

The department will provide additional updates on the development of the demonstration model over the coming months.

MDHHS submitted a [final report](#) with recommendations for the Michigan Legislature on March 15, 2017. For more background on the 298 workgroup process, visit [www.michigan.gov/stakeholder298](http://www.michigan.gov/stakeholder298).

**Michigan Health Policy Forum opens registration**

Michigan Health Policy Forum: Bold and Innovative Ideas for Medicaid  
November 13, 2017  
1pm-4pm  
East Lansing Marriott at University Place  
East Lansing, Michigan

As Congress wrestled with efforts to "repeal and replace" Obamacare, a recurring central theme was to cap the federal contribution to the Medicaid budget. While the "repeal and replace" discussions have quieted, the underlying desire to cap the federal contribution to Medicaid remains very much alive. In the belief that the nation may still be facing reduced federal Medicaid funding, further complicated by Michigan's budget forecast, the Michigan Health Policy Forum will review "bold and innovative" Medicaid cost containment initiatives from other states. The Michigan Health Policy Forum has invited Mr. Matt Salo, Executive Director of the National Association of Medicaid Directors to provide this overview.

The Michigan Health Policy Forum hopes that you can join us as we search for ways to make the Medicaid delivery system more efficient. Speakers include: Norman J. Beauchamp Jr, MD, MHS, Dean, MSU College of Human Medicine; Mr. Matt Salo, Executive Director, National Association of Medicaid Directors ("Report from the Laboratories of Democracy"); Dominick Pallone, Executive Director, Michigan Association of Health Plans; Eric Lupher, President, Citizens Research Council of Michigan; Chris Priest, Deputy Director, Medical Services, MDHHS; Senator Mike Shirkey, Chair, Michigan Senate Committee on Health Policy Mr. Dennis Paradis, Executive Director, Michigan Health Policy Forum.

To register for the Health Policy Forum, go to:

<http://michiganhpf.msu.edu/index.php/forum-registration>

### **Patients, Health Insurers Challenge Iowa's Effort To Privatize Medicaid**

Below is an excerpt from the print edition of a recent National Public Radio story on the opposition to the proposed privatization of Iowa's Medicaid program, by persons with disabilities and their advocates.

Iowa is one of 38 states that radically changed the way it runs Medicaid over the past few years. The state moved about 600,000 people on the government-run health program into care that is managed by for-profit insurance companies.

The idea is that the private companies would save the state money, but it has been a rocky transition in Iowa, especially for people like Neal Siegel.

The full article can be found at:

[http://www.npr.org/sections/health-shots/2017/10/07/555591770/patients-health-insurers-challenge-iowas-effort-to-privatize-medicaid?utm\\_source=twitter.com&utm\\_campaign=business&utm\\_medium=social&utm\\_term=nprnews](http://www.npr.org/sections/health-shots/2017/10/07/555591770/patients-health-insurers-challenge-iowas-effort-to-privatize-medicaid?utm_source=twitter.com&utm_campaign=business&utm_medium=social&utm_term=nprnews)

### **A View of Integrated Healthcare from The Road**

Below is an excerpt from a recent article by Kathy Polasky-Dettling. Kathy is the director of Clinical Strategies at Afia, and a consultant with the National Council for Behavioral Health and the SAMHSA-HRSA Center for Integrated Health Solutions and a partner of this Association.

As an Integrated Healthcare consultant with Afia, I have had the opportunity to visit behavioral health agencies across the country. I have met wonderful, caring individuals who are committed to supporting people who face mental illness, substance use, and intellectual or developmental disorders. I have spoken with administrators who talk about the importance of integrated care, how people in treatment have poor health outcomes, and the need for more funding to support this initiative.

My experience has also shown a disconnect between promoting a vision for integrated healthcare and the day to day business of a clinic. The Colton and Manderscheid study showing that people with mental illness die twenty-five years earlier than the general population was published in 2006; becoming the catalyst for integrated healthcare. Eleven years later, we are still focused on that statistic, and there is much talk about integrated care driving healthcare reform, but is actual integrated health happening?

The full article can be found at:

<https://afiahealth.com/walking-talk-integrated-healthcare/>

### **Smoking and behavioral health infographic released**

The University of California San Francisco Smoking Cessation Leadership Center recently released a clear and powerful infographic on the relationship between mental health and smoking. That infographic can be found at:

<https://smokingcessationleadership.ucsf.edu/infographics>

### **CHCS announced blog on partnerships to spur population health**

Below are excerpts from a recently posted blog, from the Center for Health Care Strategies (CHCS), An Inside Look at Partnerships between Community-Based Organizations and Health Care Providers:

In Spokane, Washington, a homeless shelter is partnering with local hospitals to provide post-hospital respite care for homeless clients to give them a better chance at healing and reduce repeat hospital visits. In Detroit, Michigan, a large health care system has joined efforts with a youth social services agency to provide health and social services for LGBTQ youth in a safe, convenient location.

These cross-sector collaborations are just a sampling of the health care organizations and community-based organizations (CBOs) across the country that are finding new ways to partner to address social needs that may be contributing to poor health outcomes. These relationships are occurring under a variety of partnership models, yet little is known about the factors that contribute to their success. With support from the Robert Wood Johnson Foundation, Nonprofit Finance Fund, the Center for Health Care Strategies, and the Alliance for Strong Families and Communities worked together through the *Partnership for Healthy Outcomes* to capture insights on partnerships between health care organizations and CBOs, particularly those that serve low-income and/or vulnerable populations.

This new blog post outlines key drivers for effective partnerships that emerged from the national scan. It also introduces four case studies highlighting innovative collaborations — in Kentucky, Michigan, Virginia, and Washington — that provide important lessons for how successful partnerships deliver services, share information, secure funding, engage their communities, and evaluate success.

The full blog can be found at:

[https://www.chcs.org/inside-look-partnerships-community-based-organizations-health-care-providers/?utm\\_source=CHCS+Email+Updates&utm\\_campaign=d82e0585a8-CBO+Case+Studies+10-12-17&utm\\_medium=email&utm\\_term=0\\_bbc451bf-d82e0585a8-152144421](https://www.chcs.org/inside-look-partnerships-community-based-organizations-health-care-providers/?utm_source=CHCS+Email+Updates&utm_campaign=d82e0585a8-CBO+Case+Studies+10-12-17&utm_medium=email&utm_term=0_bbc451bf-d82e0585a8-152144421)

### **2017 PAC Campaign Update**

Earlier this year we announced our 2017 CMH PAC campaign with the goal of increasing member participation. This year's campaign exceeded last year's contribution levels, but participation remained about the same. Last month we

held the drawing for the Detroit Tiger box suite tickets donated by Muchmore Harrington Smalley Associates and the winner was... Lapeer CMH.

Congratulations to Lapeer CMH and thank you to all who generously contributed to the CMH PAC.

Just because the Tiger drawing has been completed does not stop the need for CMH PAC support. If you would still like to support our PAC efforts please mail your contribution to our office, below are the details:

Make checks payable to: CMH PAC ~ 426. S. Walnut St. ~ Lansing, MI 48933 (no corporate checks, please)

Thank you. Please feel free to contact Bob or Alan with any questions.

### **MACMHB ANNUAL FALL CONFERENCE**

Today is the last day for the Earlybird Conference Rate – make sure you don't miss this conference! MACMHB's Fall Conference, "Honor The Past...Treasure The Present...Dream the Future," takes place on October 23 & 24, 2017 at the Grand Traverse Resort in Traverse City, Michigan. The conference will feature 4 powerful keynote speakers, 34 workshops, exhibitors and networking opportunities.



**Lynda Zeller** is deputy director for the Behavioral Health and Developmental Disabilities at the Michigan Department of Health and Human Services. This position provides policy leadership for public behavioral health and developmental disabilities services, and exercises executive and administrative direction and oversight for operations through the Bureau of Community Based Services, Bureau of Hospitals and Administrative Operations, and the Children and Adults with Autism Spectrum Disorders Section. Zeller has more than 27 years of experience in the field of behavioral health, serving seriously mentally ill adults, seriously emotionally disturbed children, persons with developmental disabilities and those with substance use disorders. She has served in executive positions with various health care and non-profit agencies. Most recently, she served as the Health Services administrator for the Michigan Department of Corrections, which included all health, behavioral health and dental services for the state's correctional system.



**Nick Lyon** brings a wealth of policy, budget, and department operations expertise to his role as director of the Michigan Department of Health and Human Services (MDHHS). Lyon was named to the position effective April 10, 2015 by Gov. Rick Snyder when he created the new agency in February of 2015 by Executive Order. MDHHS is a merger of the former Michigan Departments of Human Services (DHS) and Community Health (MDCH). Previously, Lyon had served as MDCH director beginning in September 2014, when Gov. Snyder selected him to succeed James K. Haveman. The governor also appointed Lyon as interim DHS director to succeed Maura Corrigan, who retired Dec. 31, 2014. Prior to becoming MDCH director, Lyon served as the agency's chief deputy director beginning in 2011. In this role, he upheld the mission of the MDCH by overseeing the day-to-day operations of all of the department's administrations including Medical Services, which oversees the Michigan Medicaid program; Public Health; Behavioral Health and Developmental Disabilities; Policy and Planning; and Operations. Lyon brings leadership experience overseeing daily departmental operations, as well as representing the department with various stakeholders, the Michigan legislature, and community partners to his role as Director. He also oversees the department's interactions with the Office of Recipient Rights, the Michigan Developmental Disabilities Council, the Health and Human Service Office of Inspector General, the Autism Council, the State Child Abuse and Neglect Prevention Board, and the Human Trafficking Health Advisory Board. Lyon is a 1990 graduate of Yale University where he earned a Bachelor of Arts degree in Economics and Political Science.



**Jay Rosen** was one of three founders of HMA in 1985 and today, as HMA president, continues to directly engage in shaping the strategic vision for the firm, leading its growth, serving clients and inspiring innovation across the spectrum of publicly funded health care programs. An industry thought leader and change agent for more than 30 years, Jay is a nationally recognized expert in health policy, health economics and health finance. He directs a variety of major projects for

public and private sector clients. He is uniquely adept at spotting health care trends and translating his insights into patient-centered solutions that also make good business sense. Prior to launching HMA, Jay served for many years as the director of planning and policy development for the Michigan Office of Health and Medical Affairs. Jay supervised health policy research and analysis and is credited with pioneering new approaches to hospital capacity reduction, certificate of need, physician supply planning and medical school enrollment. Jay also founded and is managing director of HMA Capital Partners, a private equity firm that invests in early stage health care companies with business prospects centering around publicly financed health care programs.



**Alyson Beytien** is a popular speaker, trainer and mother of 3 sons with autism. She does training and consulting throughout the U.S. and Canada. Alyson is a Board Certified Behavior Analyst (BCBA) and has a Masters degree in Autism Spectrum Disorders from the University of Kansas. Alyson is a Behavior Analyst for Hills and Dales in Dubuque, IA where she is involved in diagnosis, assessment, intervention and training. She is the author of "Autism Everyday" which received the 2012 Literary Work of the Year from the Autism Society of America. Alyson is cheerfully addicted to Diet Coke, loves to quilt and read, and is trying to learn the meaning of the word "relax."

**MORE CONFERENCE DETAILS** in the full brochure: <https://www.macmhb.org/save-the-date/2017-macmhb-fall-conference-registration-open>

**EARLYBIRD DEADLINE: OCTOBER 13, 2017! CLICK HERE TO REGISTER:**

<https://cmham.ungerboeck.com/prod/emc00/register.aspx?OrgCode=10&EvtID=5018&AppCode=REG&CC=117091903651>

## **LEGISLATIVE UPDATE**

### **SUD Funding Bill Introduced in the House**

This week, State Rep. Steve Marino (Harrison Township) introduced HB 5085, which would increase funding for substance use disorder services.

Marino's bill would dedicate 4% of the unmarked money raised through Michigan's liquor sales and fees and earmark it specifically for substance use disorder treatment and prevention services. HB 5085 could provide more than \$17 million a year to combat alcohol-related disorders, opiate addiction and other substance use disorders.

"Substance abuse is a major problem in Michigan," Marino said. "This bill will deliver more resources to agencies on the front lines of this fight."

HB 5085 was referred to the House Health Policy Committee.

## **NATIONAL UPDATE**

### **Trump Eases ACA Rules with Executive Order**

President Trump on Thursday signed an executive order aimed at taking action on the ACA on his own after Congress failed to repeal the law. Trump said Thursday the order is "starting that process" to repeal ObamaCare. It will be the "first steps to providing millions of Americans with ObamaCare relief," Trump said.

Administration officials said the order is just the beginning of the administration's actions related to the health-care law. The full extent of the effects will not be immediately clear. The executive order largely does not make changes itself; rather it directs agencies to issue new regulations or guidance. Those new rules will go through a notice and comment period that could take months, officials said.

Trump's order seeks to expand the ability of small businesses and other groups to band together to buy health insurance through what are known as association health plans (AHPs). It also lifts limits on short-term health insurance plans. Because both of these types of plans do not have to follow the same ACA rules, such as minimum benefits standards, experts warn that healthier people could join these cheaper plans and leave only sicker people in ACA plans. That could lead to a spike in premiums for ACA plans or insurers simply dropping out of the market.

The order does not address whether individuals can join association health plans, a move which would have made it broader and deepen its effects on the ACA market. However, officials have only discussed the change in the context of small businesses, and a senior administration official said "some employer-employee relationship must be present" for someone to join an association health plan. Officials do say that small employers in the same "line of business" anywhere in the country could join together.

It does not address whether people in the short-term or association plans would still have to pay a penalty for lacking insurance. But an official said that "presumably," at least for the association health plans, people would not have to pay the penalty.

The order will also allow people to use tax-advantaged accounts known as health reimbursement accounts to pay for their premiums. Click on the link below for the full story:

<http://thehill.com/policy/healthcare/355123-trump-eases-obamacare-rules-with-executive-order>

**MACMHB committee schedules, membership, minutes, and information go to our website at**  
<https://www.macmhb.org/committees>

**A REMINDER TO VOTING DELEGATES, EXECUTIVE BOARD MEMBERS, AND CMH AND PIHP BOARD CHAIRPERSONS: NEW SCHEDULE FOR ASSOCIATION MEETINGS AT FALL CONFERENCE**

Starting at this past Spring's Association conference, THE ASSOCIATION'S MEMBER ASSEMBLY, BOARD CHAIRPERSONS ROUNDTABLE, AND EXECUTIVE BOARD MEETINGS ARE BEING HELD AT DIFFERENT TIMES AND DATES THAN IN PAST YEARS. These meetings, at the upcoming Fall Association Conference, and at every spring and fall Association conference in the future, will be held at the following new day (the day before each conference in the spring and fall) and new times:

Sunday, October 22, 2017

2:00pm – 6:15pm:

Earlybird Registration for MACMHB Fall Conference (so that those participating in the Board Chairperson's Roundtable, Executive Board and Member Assembly can register prior to those meetings, if they find this helpful)

3:00pm – 3:40pm

CMH/PIHP Board Chairperson Roundtable & Networking

4:00pm – 5:30pm

Executive Board Meeting

5:40pm – 6:15pm

Member Assembly Meeting

**Have a Great Weekend!**