

# ANNUAL WINTER CONFERENCE



*Make  
Every  
Connection  
Matter*

*February 6 & 7, 2018  
Radisson Plaza Hotel and Suites • Kalamazoo, Michigan  
Pre-Conferences February 5, 2018*

# AGENDA AT-A-GLANCE

## Monday, February 5, 2018

12:30pm	Registration for Pre-Conference Institute
1:00pm – 4:00pm	Pre-Conference Institute: Enhancing Employment: The Workforce Innovation and Opportunity Act and Other Developments
2:30pm – 5:30pm	Earlybird Registration for CMHAM Winter Conference
3:00pm – 3:45pm	CMHSP/PIHP Board Chairperson Roundtable & Networking
4:00pm	CMHAM Members: Executive Board Meeting

## Tuesday, February 6, 2018

7:30am – 9:30am	Breakfast & Welcome & Keynote: Current Efforts Toward Behavioral Health and Justice Collaborations for Better Outcomes
7:30am – 5:00pm	Conference Registration & Exhibits
9:30am – 10:00am	Exhibitor-Sponsored Refreshment Break
10:00am – 11:30am	<ol style="list-style-type: none"> <li>1. Mental Health and Corrections: Comprehensive Inventory of Michigan Community Mental Health Initiatives</li> <li>2. Early Intervention for Psychosis within Community Mental Health: A Call for Action</li> <li>3. Conquering the Epidemic: A Guide to Medication Assisted Treatment for Opioid Dependence</li> <li>4. Increasing Competitive Integrated Employment Opportunities</li> <li>5. Developing a New Model of Integrated, Trauma-Informed Health Services for Deaf Patients</li> <li>6. Results of the Certified Peer Support Specialist Statewide Survey: A Collaboration between the University of Michigan and Michigan Peer Specialists United</li> <li>7. Outside the Box: Advocacy Through Mass Media</li> </ol>
11:30am – 1:20pm	Lunch & Keynote: I Have Been Running My Entire Life - I Am Finally Free
1:30pm – 3:00pm	<ol style="list-style-type: none"> <li>8. Living Well with A Behavioral Health Condition – Successful Strategies for the Total Person</li> <li>9. Creating a Crisis Continuum to Meet the Needs of Youth and Families from Hospital to Home</li> <li>10. Value-Based Reimbursement: Whose Values are They?</li> <li>11. Peer Recovery Coaches Intervening with Individuals with Substance Use Disorders During Emergency Room Stay</li> <li>12. Individual Placement &amp; Support (IPS) – Statewide Report...Moving Forward</li> <li>13. Training Reciprocity: Making it Happen for Those we Serve and Those who Serve!</li> <li>14. Boardworks 2.0: Current and Future Funding for CMHSPs and PIHPs</li> </ol>
3:00pm – 3:20pm	Exhibitor Refreshment Break
3:30pm – 5:00pm	<ol style="list-style-type: none"> <li>15. 13 Reasons Why NOT</li> <li>16. Addressing the Opioid Epidemic - How to Save a Life</li> <li>17. Assessing Readiness and Sustainability in a Value-Based Purchasing Health Care Environment</li> <li>18. Understanding Adverse Childhood Experiences (ACEs) and Encouraging Resiliency</li> <li>19. Alternative Coping Mechanisms in Mental Health</li> <li>20. Doing More with Less: How Clubhouse Services Support Case Management and Improve Mental Health Recovery for People with Mental Illness</li> <li>21. Boardworks 2.0: Foundations – Ensuring a Consumer Focus</li> </ol>

## Wednesday, February 7, 2018

7:30am – Noon	Conference Registration & Exhibits Open
7:30am – 8:45am	Board Members & Directors: Regional Breakfast Meeting
7:30am – 8:45am	Provider Alliance Breakfast Meeting
7:30am – 8:45am	Non-Member and Staff Networking Breakfast
8:50am – 10:00am	Keynote: What's Hot in Behavioral Health - A National Update
10:00am – 10:20am	Exhibitor Refreshment Break
10:30am – 12:00pm	<ol style="list-style-type: none"> <li>22. Crisis Intervention Training – Overcoming SUD Stigma and Law Enforcement</li> <li>23. Conducting Functional Behavior Assessments and Creating Effective Behavior Intervention Plans with Students Exhibiting Challenging Behaviors</li> <li>24. Practicing Effective Management: 21st Century Tools for 21st Century Challenges</li> <li>25. Peer Mentoring Services for Individuals with IDD</li> <li>26. Will You Be Ready? An Overview of Deaf Mental Health Care</li> <li>27. Boardworks 2.0 Foundations: Intended Beneficiary Command</li> </ol>
12:00pm – 2:00pm	Lunch & Keynote: The Life, the Game, the Pain and the Transition

# CONFERENCE AGENDA

**Monday, February 5, 2018**

12:30pm

**Registration for Pre-Conference Institute**

**Pre-Conference Fee: \$45 per person. Includes all materials and refreshment break.**

**To Register for the Pre-Conference Institute, click here: <https://goo.gl/3UeQDc>**

*\* Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$15 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.*

1:00pm – 4:00pm

**Pre-Conference Institute: Enhancing Employment: The Workforce Innovation and Opportunity and Other Developments**

– *David Michael Mank, PhD, Professor Emeritus, Indiana University*

The purpose of this pre-conference session is to present and discuss information about recent national developments related to competitive integrated employment for people with significant disabilities. This information will be discussed in the context of Michigan's Employment First Initiative. A number of national developments will be discussed that effect Michigan's Initiative. These include: Multiple States' Employment First Initiatives; Department of Justice and State Settlement Agreements; the AbilityOne Program; Developments in Centers for Medicare & Medicaid (CMS); and the Workforce Innovation and Opportunity Act. Practical implications for Michigan will be discussed. Participants will be able to: 1. Understand national developments that may affect Michigan; 2. Summarize implications of the 2014 WIOA; and 3. Describe needed features of Integrated Employment in Michigan.

About the Presenter:

**David Michael Mank, PhD**, is Professor Emeritus of the Indiana Institute on Disability and Community at Indiana University, Indiana's University Center for Excellence on Disabilities, and Full Professor in the School of Education. As a writer and researcher, Dr. Mank has an extensive background in the education and employment for persons with disabilities. He has authored or coauthored dozens of articles and book chapters. His interests also include transition from school to work and community living. Dr. Mank is a member of the editorial boards of the Research and Practice for Persons with Severe Disabilities (TASH), the Journal of Vocational Rehabilitation, and the Journal of Disability Policy Studies. He is Associate Editor for the journal, Intellectual and Developmental Disabilities. He is Past President of the Association of University Centers on Disabilities. He was a founding board member of APSE, Association of People Supporting Employment First. He is a member of the Board of the Arc of Indiana. He has received the Franklin Smith Award for National Distinguished Service from The Arc of the United States and the Distinguished Achievement Award from the Association of University Centers on Disabilities. In January 2015, he was appointed by the U. S. Secretary of Labor to the Advisory Committee on Increasing Competitive Integrated Employment for Individuals with Disabilities, which was created in the Workforce Innovation and Opportunity Act. He was subsequently elected Chair of the Committee.

Bibliography/References:

- Nord, D; Barkoff, A; Butterworth, J; Carlson, D; Cimera, R; Fabian, E; Grossi, T; Hall, A; Lucus, J; Nye-Lengerman, K; Strobel, W; Tyree, M; Von Schrader, S; & Wohl, A. (2015) Employment and Economic Self-Sufficiency: 2015 National Goals for Research, Policy, and Practice. Inclusion: December 2015, Vol. 3, No. 4, pp. 227-232.
- Nord, D & Hepperlen, R (2016) More Job Services—Better Employment Outcomes: Increasing Job Attainment for People With IDD. Intellectual and Developmental Disabilities 54:6, pp. 402-411.
- Novak, J (2015) Raising expectations for US youth with disabilities: Federal disability policy advances integrated employment: Center for Educational Policy Studies Journal; Ljubljana Vol. 5, Is. 1, pp.91-110.

Agenda:

- 1:00pm National developments that may affect Michigan
- 2:00pm Implications of the 2014 WIOA
- 3:00pm Features of Integrated Employment in Michigan
- 4:00pm Adjourn

2:30pm – 5:30pm

**Earlybird Registration for CMHAM Winter Conference**

3:00pm – 3:45pm

**CMHSP/PIHP Board Chairperson Roundtable & Networking (there is no fee for this meeting)**

4:00pm

**CMHAM Members: Executive Board Meeting**

## Tuesday, February 6, 2018

7:30am – 5:00pm **Conference Registration and Exhibits Open**

7:30am – 8:15am **Group Breakfast**

8:15am – 8:30am **Conference Welcome**

8:30am – 9:30am **Keynote: Current Efforts Toward Behavioral Health and Justice Collaborations for Better Outcomes**

– *Debra A. Pinals, MD, Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services*

The over-representation of individuals with mental illness and co-occurring substance use disorders in the criminal and juvenile justice system is a recognized problem that many jurisdictions are trying to rectify. The reasons for this phenomenon are multifactorial. In Michigan, much is happening related to diversion. The Governor's Mental Health Diversion Council, Chaired by Lieutenant Governor Brian Calley has been working hard to develop programs and services at pilot sites that can help inform the rest of the state about strategies that help decrease the penetration of persons with mental illness in the justice system. In addition, work has been done at the policy level to examine this phenomenon and look "Beyond Beds" at various areas across an array of services that can help strengthen the capacity of communities to address the needs of people with mental illness who would otherwise be caught in the justice system. This presentation will provide highlights of local, state, and national trends in this direction to help inform and inspire ongoing collaborative work to help achieve better outcomes for all. Participants will be able to: 1. Describe sequential intercept and stepping up initiatives; 2. Delineate two examples of diversion strategies taking place in Michigan; and 3. Describe mechanisms for collaboration across behavioral health and justice programs.

### About the Presenter:

**Debra A. Pinals, M.D.** is the Medical Director of Behavioral Health and Forensic Programs for the Michigan Department of Health and Human Services, where she is the Chief Behavioral Health Clinical Policy Advisor. She is also the Director of the Program in Psychiatry, Law, & Ethics and Clinical Professor of Psychiatry at the University of Michigan. Prior to coming to Michigan she served as an appointed official as the Assistant Commissioner of Forensic Services for the Massachusetts Department of Mental Health. Dr. Pinals is board-certified in psychiatry, forensic psychiatry and addiction medicine.

### Bibliography/References:

- Pinals, D.A. (2014). Forensic services, public mental health policy, and financing: charting the course ahead. *Journal of the American Academy of Psychiatry and the Law*, 42, 7-19
- Pinals, D.A. (2015). Crime, violence, and behavioral health: collaborative community strategies for risk mitigation. *CNS Spectrums*, 20(3), 241-249. doi: 10.1017/S1092852915000164
- Munetz, M.R., Griffin P.A. (2006). Use of the Sequential Intercept Model as an approach to decriminalization of people with serious mental illness. *Psychiatric Services*, 57, 544-549

9:30am – 10:00am **Exhibitor Refreshment Break**

10:00am – 11:30am

### Concurrent Workshops:

#### 1. **Mental Health and Corrections: Comprehensive Inventory of Michigan Community Mental Health Initiatives**

- Robert Lathers, LMSW, Executive Director, *The Right Door for Hope, Recovery, and Wellness*
- Elizabeth Tompkins, BSW, Project Coordinator, *The Right Door for Hope, Recovery and Wellness*

This workshop will review results of a mental health and jail service survey conducted with all Michigan CMHSP's in fall and winter of 2017. Workshop will provide a detailed analysis/report card of the programs and services each CMHSP has reported compared to the Sequential Intercept Model (SIM). The Michigan DHHS has embarked on several initiatives to more fully implement the SIM state-wide in an effort to proactively address Mental Health and Corrections. Workshop will also outline potential fiscal implications of developing a continuum of mental health and corrections programming. Participants will be able to: 1. Summarize the Sequential Intercept Model; 2. Discuss the fiscal implication and potential financing of mental health and corrections initiatives; and 3. Identify at least three Community Mental Health agencies that are successfully implementing a continuum of Mental Health and Corrections programs.

#### About the Presenters:

**Robert Lathers** is the CEO of The Right Door for Hope, Recovery and Wellness (formerly Ionia CMH). He has provided Community and State-Wide leadership in the area of jail diversion and services for adults, especially veterans, and children for the past twenty years. In May of 2012, The Detroit Free Press, cited his organization as a leader in developing comprehensive services for persons served that find themselves involved with the Correction system.

**Elizabeth Tompkins** is a social worker with seven years of international and domestic experience. Elizabeth currently serves as the intake coordinator and supervisor at the Transitional Foster Care Program of Bethany Christian Services in Grand Rapids, Michigan. In addition, Ms. Tompkins has been acting as the project coordinator of the Mental Health and Corrections workgroup of CMHAM since July of 2017, while she finishes her MSW/MPA dual degree at Grand Valley State University.

#### Bibliography/References:

- Griffin, P.A.; Hepburn, K; Mulvey, E.P.; Dematteo, D.; & Schubert, C.A. (Eds.). (2015). *The sequential intercept model and criminal justice: Promoting community alternatives for individuals with serious mental illness*. Oxford, England: Oxford University Press. 302 pp
- Bronson, J.; Berzofsky, M. (2017). Indicators of mental health problems reported by prisoners and jail inmates, 2001-12. Bureau of Justice Statistics, 1-17
- CMHS National GAINS Center. (2007). *Practical advice on jail diversion: Ten years of learning on jail diversion from the CMHS National GAINS Center*. Delmar, NY: Author

10:00am – 11:30am

#### 2. **Early Intervention for Psychosis within Community Mental Health: A Call for Action**

- Angela Pinheiro, MD, JD, Medical Director, CMH for Central Michigan
- Catherine Adams, LMSW, ACSW, CAADC, ETCH Clinical Director and Michigan FEP Training and Implementation Consultant, *ETCH: Early Treatment and Cognitive Health*

Schizophrenia has been thought as a devastating illness leading to long-term disability, untold family burden and early mortality. Only one in seven have historically met recovery criteria regardless of psychotropic medication used. Research has correlated early treatment with improved outcomes, however the duration of untreated psychosis remains well over one year in the United States. Even though the Recovery After Initial Schizophrenia Episode (RAISE) trial drew national attention as it demonstrated improved outcomes after intensive early intervention, implementation of first episode psychosis programs has been disappointingly slow, especially in rural counties. Community Mental Health Centers stand in a key position to bring to all young people developing schizophrenia this much-needed treatment. Steps to overcome implementation barriers will be discussed in detail. Participants will be able to: 1. Discuss the critical importance of early intervention for those with first episode psychosis; 2. Identify steps to overcome potential barriers inherent in starting a first episode psychosis treatment program within community mental health setting; and 3. Develop a specific implementation work plan.

#### About the Presenters:

**Angela Pinheiro**, CMHCM Medical Director, Michigan Psychiatric Society (MPS) President Elect and Michigan's Certified Psychiatric Trainer for Navigate, has presented on First Episode Psychosis treatment at the MPS annual meeting and at the CMHAM conference in 2015. She has also provided training for the Michigan Navigate sites and for the Michigan State University Psychiatry residency program.

**Cathy Adams**, ETCH Clinical Director and Michigan FEP Training and Implementation Consultant has provided multiple trainings on this topic including NAMI State Conference (X2), Missouri Coalition Conference (X2), Arkansas Program Directors Webinar, NASMHPD FEP webinar, Eric County Medical Center-Buffalo and MSU.

#### Bibliography/References:

- Outcomes Psychiatric Services vol. 66 no. 7 July 2015
- Dixon, et al. Medications for First-Episode Psychosis: Making a good start Am J Psychiatry 172:3, March 2015
- Dixon, et al. Implementing Coordinated Specialty Care for Early Psychosis: The RAISE Connection Program Psychiatric Services vol. 66 no. 7 July 2015

10:00am – 11:30am

### 3. Conquering the Epidemic: A Guide to Medication Assisted Treatment for Opioid Dependence

- Bruce Baker, MD, Newaygo County Mental Health
- Brian Russ, PhD, LPC, Community Support Services Director, Newaygo County Mental Health

One of the primary emerging issues for communities is the rise of opioid dependence. Prevalence data suggests that there are approximately two million individuals who have an addiction to prescription opioids with another 467,000 being addicted to heroin (Center for Behavioral Health Statistics and Quality, 2016). According to Rudd, Seth, David, and Scholl (2016) opioid drug overdoses have nearly tripled from 1999 to 2015, with over 28,000 deaths in 2014, alone. In order to defeat this epidemic, communities should seek to increase awareness and develop the necessary treatment options, including Medication Assisted Treatment Programs. Medication Assisted Treatment Programs (MATP) provide counseling along with opioid maintenance medications like methadone, naltrexone, and buprenorphine products as an important treatment option for opioid dependence. By having a baseline understanding of MATP, community members and mental health professionals will be better prepared to make a difference in the opioid epidemic. Participants will be able to: 1. Learn the relevant background information related to the opioid epidemic, including prevalence data and current trends; 2. Gain an understanding of what it is like to be addicted to opioids, and they will have the opportunity to confront their own biases about individuals with opioid addiction; and 3. Learn about Medication Assisted Treatment Programs (MATP). This presentation will provide information on methadone, naltrexone, and buprenorphine products, like Suboxone. Baseline information on the medications will be provided, including how it is administered and its impact on the brain. Narcan, the antidote for an opioid overdose, will also be discussed.

#### About the Presenters:

**Dr. Bruce Baker** attended medical school at Michigan State University and completed his residency at Duke University Medical School. He brings with him over 30 years of experience as a practicing physician. Drawing from experience in Anesthesiology, Occupational Medicine, and Addiction Medicine throughout West Michigan, he brings a thorough and rich understanding of addiction and methods of treatment. As a board certified addictionologist, he is also certified to treat opioid dependence using the full array of medication options.

**Dr. Brian Russ** has nearly 15 years of experience in a community mental health setting, including his current role as Community Support Services Director. He is a Licensed Professional Counselor who graduated from Western Michigan University with a PhD in counselor education and supervision. Over the past two years, Dr. Russ has assisted Dr. Baker in developing a Medication Assisted Treatment Program for those struggling with a severe and persistent mental illness and opioid addiction in Newaygo County.

#### Bibliography/References:

- Center for Behavioral Health Statistics and Quality. (2016). Key substance use and mental health indicators in the United States: Results from the 2015 National Survey on Drug Use and Health (HHS Publication No. SMA 16-4984, NSDUH Series H-51). Retrieved from <http://www.samhsa.gov/data/>
- Rudd, R.A.; Seth, P.; David F.; & Scholl, L. (2016). Increases in drug and opioid-involved overdose deaths — United States, 2010–2015. *Morbidity and Mortality Weekly Report*, 65, 1445–1452. Retrieved from <http://dx.doi.org/10.15585/mmwr.mm6505051e1>
- Hughes, A.; Williams, M. R.; Lipari, R. N.; Bose, J.; Copello, E. A. P., & Kroutil, L. A. (2016, September). Prescription drug use and misuse in the United States: Results from the 2015 National Survey on Drug Use and Health. NSDUH Data Review. Retrieved from <http://www.samhsa.gov/data/>

10:00am – 11:30am

### 4. Increasing Competitive Integrated Employment Opportunities

- David Michael Mank, PhD, Professor Emeritus, Indiana University

The topic of this session is local and state implementation of competitive integrated employment (CIE) for people with significant disabilities. Developments in Michigan will be discussed in the context of national developments and opportunities. 10 practical and key features for local and state implementation will also be discussed. Participants will be able to: 1. Describe the National Context of Integrated Employment; 2. Summarize key developments in Michigan; and 3. Describe 10 key features for implementation.

#### About the Presenter:

**David Michael Mank**, PhD, is Professor Emeritus of the Indiana Institute on Disability and Community at Indiana University, Indiana's University Center for Excellence on Disabilities, and Full Professor in the School of Education. As a writer and researcher, Dr. Mank has an extensive background in the education and employment for persons with disabilities. He has authored or coauthored dozens of articles and book chapters. His interests also include transition from school to work and community living. Dr. Mank is a member of the editorial boards of the *Research and Practice for Persons with Severe Disabilities (TASH)*, the *Journal of Vocational Rehabilitation*, and the *Journal of Disability Policy Studies*. He is Associate Editor for the journal, *Intellectual and Developmental Disabilities*. He is Past President of the Association of University Centers on Disabilities. He was a founding board member of APSE, Association of People Supporting Employment First. He is a member of the Board of the Arc of Indiana. He has received the Franklin Smith Award for National Distinguished Service from The Arc of the United States and the Distinguished Achievement Award from the Association of University Centers on Disabilities. In January 2015, he was appointed by the U. S. Secretary of Labor to the Advisory Committee on Increasing Competitive Integrated Employment for Individuals with Disabilities, which was created in the Workforce Innovation and Opportunity Act. He was subsequently elected Chair of the Committee.

Bibliography/References:

- Nord, D; Barkoff, A; Butterworth, J; Carlson, D; Cimera, R; Fabian, E; Grossi, T; Hall, A; Lucus, J; Nye-Lengerman, K; Strobel, W; Tyree, M; Von Schrader, S; & Wohl, A. (2015) Employment and Economic Self-Sufficiency: 2015 National Goals for Research, Policy, and Practice. *Inclusion*: December 2015, Vol. 3, No. 4, pp. 227-232.
- Nord, D & Hepperlen, R (2016) More Job Services—Better Employment Outcomes: Increasing Job Attainment for People With IDD. *Intellectual and Developmental Disabilities* 54:6, pp. 402-411.
- Novak, J (2015) Raising expectations for US youth with disabilities: Federal disability policy advances integrated employment: *Center for Educational Policy Studies Journal*; *Ljubljana* Vol. 5, Is. 1, pp.91-110.

10:00am – 11:30am

**5. Developing a New Model of Integrated, Trauma-Informed Health Services for Deaf Patients**

– *Leslie Pertz, LMSW, NIC, MSW, Advanced Clinical Social Worker, Michigan Medicine*

Language barriers frequently isolate Deaf, American Sign Language (ASL) users from health & mental health care programs and outreach. Consequently, they often struggle with significant health and mental health inequities. Deaf patients with mental health needs and high basic needs in their communities (social determinants of health) have opportunity to engage in an integrated, trauma-informed health clinic staffed by ASL fluent providers. To increase access, visits are available in-person or via telemental health (telemental health services reserved for social work intervention only). An overview of this center of excellence, the integrated clinical model, steps to install an accessible and trauma-informed environment, including successes, challenges, and efforts to scale this program statewide will be presented. Participants will be able to: 1. Identify the sources of mental health inequities for Deaf, ASL users. Describe the importance of having culturally and linguistically appropriate health care to improve behavioral health outcomes for Deaf people; 2. Discuss how this model can be expanded to provide behavioral health care for Deaf people across the state of Michigan; and 3. Describe challenges that continue to exist for equal access to all levels of healthcare for Deaf people.

About the Presenter:

**Leslie Pertz**, LMSW, NIC has been working at Michigan Medicine for 15 years as a contract ASL/English interpreter, and five years as a staff clinical social worker, currently working primarily at Dexter Health Center (Family Medicine) serving patients from birth to end-of-life. She splits her time seeing patients with typical hearing, and works specifically with ASL-using patients doing clinical work and research to determine the unique needs of Deaf/DeafBlind/Hard of Hearing patients. Additionally, she is piloting a grant-funded program to look at providing telemental health and text-based support to this population. Last, but not least, she has been working with Michigan Hearing the last two years providing support to the tinnitus group classes and has since developed a group-visit model for using mindfulness to relieve tinnitus disturbance. After her work with Michigan Medicine is done, Leslie also maintains a small private practice psychotherapy clinic in Ann Arbor. Despite living in Ann Arbor the past few years with her spouse and 2 bichons, Leslie is a Green-bleeding Spartan and always will be!

Bibliography/References:

- National Association of Social Workers, Michigan Chapter. (March 2014) Gaps in Mental Health Care for the Deaf and Hard of Hearing in Michigan. White Paper
- Fellingner, J.; Holzinger, D.; & Pollard, R. (2012). Mental health of deaf people. *Lancet*, 379(9820), 1037-1044.
- McKee, M. M.; McKee, K.; Winters, P.; Sutter, E.; & Pearson, T. (2014). Higher educational attainment but not higher income is protective for cardiovascular risk in Deaf American Sign Language (ASL) users. *Disability Health Journal*, 7(1), 49-55. doi: 10.1016/j.dhjo.2013.07.001 S1936-6574(13)00116-7 [pii]

10:00am – 11:30am

**6. Results of the Certified Peer Support Specialist Statewide Survey: A Collaboration between the University of Michigan and Michigan Peer Specialists United**

- *Adrienne Lavidos, PhD, Assistant Research Scientist, University of Michigan*
- *Monica Ortquist, BA, CPSS, Board President, Michigan Peer Specialists United*
- *Pam Werner, MA, Specialist, Michigan Department of Health and Human Services*

In summer 2016, Michigan Peer Specialists United (MPSU) collaborated with researchers at the University of Michigan (U-M) to create a Community-University Advisory Board (CAB). The CAB designed and conducted a focus group, and then developed a survey for Michigan-based Certified Peer Support Specialists (CPSSs) which asked about workplace characteristics, common work duties, strengths, and areas of improvement. The purpose of the presentation is to describe how the survey got started, how it was designed, how it was funded, and what the results are. Information will be presented on self-reported CPSS job satisfaction, job skills, and wages. The audience will have the opportunity to give feedback to the presenters on next steps for the survey and for the CAB. Participants will be able to: 1. Examine how agencies can support the CPSS workforce; 2. Identify key roles of CPSSs in agencies throughout Michigan; and 3. Describe the key mission of MPSU.

About the Presenters:

**Adrienne Lavidos** is a licensed clinical psychologist and an Assistant Research Scientist at the School of Social Work. Her research focuses on community members and other “lay health workers” to improve health and mental health in communities. She is the director of the Certificate Program in Integrated Behavioral Health and Primary Care. She was formerly a staff psychologist at VA Connecticut Healthcare System serving Veterans living with mental health diagnoses.

**Monica Ortquist** is a CPSS and Board President of Michigan Peer Specialists United (MPSU), a grassroots 501 (c) 3 nonprofit organization. Ms. Ortquist has been a CPSS since 2008 and a C.C.A.R. Recovery Coach since 2013. In

2009 she was involved in the development of MPSU. Ms. Ortquist has worked on several committees both with the state and her local community in advocating for peer rights.

**Pam Werner** is a Specialist in the Bureau of Community Mental Health Services. She is responsible for leadership and policy direction for the Certified Peer Support Specialist and Recovery Coach initiative. She is a member of the Michigan Recovery Oriented Systems of Care Transformation Steering Committee and has received an award from the Governor for accomplishments in developing a peer trained workforce as part of Michigan's systems transformation efforts.

Bibliography/References:

- Chinman, M.; George, P.; Dougherty, R. H.; Daniels, A. S.; Ghose, S. S.; Swift, A.; & Delphin-Rittmon, M. E. (2014). Peer support services for individuals with serious mental illnesses: assessing the evidence. *Psychiatric Services*, 65(4), 429-441
- Shumway, M.; Saunders, T.; Shern, D.; Pines, E.; Downs, A.; Burbine, T.; & Beller, J. (2003). Preferences for schizophrenia treatment outcomes among public policy makers, consumers, families, and providers. *Psychiatric Services*, 54(8), 1124-1128
- Kern, R. S.; Zarate, R.; Glynn, S. M.; Turner, L. R.; Smith, K. M.; Mitchell, S. S.; & Liberman, R. P. (2013). A demonstration project involving peers as providers of evidence-based, supported employment services. *Psychiatric rehabilitation journal*, 36(2), 99

10:00am – 11:30am

## 7. **Outside the Box: Advocacy Through Mass Media**

– *Michael L. Hunter, MBA, Vice-President/CIO, Team Wellness Center*

An exciting look at advocacy for consumers through mass media. Who can tell the story of how important it is for the rest of the world to see consumers as normal folks that are managing a healthcare condition, better than the consumer can? This presentation highlights how a TV talk show (MI Healthy Mind) is revolutionizing efforts to get the consumer's voice, face, and story before the masses. The show airs every week on major television networks in the local markets around Michigan. The discussion is about consumer triumphs and perseverance as they deal with mental illness, substance abuse, homelessness, returning citizenship for veterans, autism, and much more. "Let's talk about it!" is the show's tagline and coming through TV, You Tube, Facebook and Twitter; people are stopping long enough to listen and consider! The show is a major triumph for consumer advocacy and is sponsored by Team Wellness Center in Wayne County. So, stop by and join the conversation! Participants will be able to: 1. Discuss creative methods for increasing knowledge about chronic mental illness by recounting the stories highlighted via the media platform; 2. Apply techniques for implementing creative ways to relate to those who are heroes for triumphing their recovery skills, related to mental illness, developmental disability, substance use disorders, and trauma; and 3. Show others how significant mental health is to overall healthcare and social acceptance by experiment: watch a few specific shows with people who do not work in this industry and see what the after-talk yields. Compare other creative approaches for advocating for the consumer's acceptance in the community using tools like mass media to help illustrate the potential broad reaching impact.

About the Presenter:

**Michael L. Hunter** has over 20 years of IT, Business and Healthcare leadership experience. He has served as Chief Information Officer; Vice President of Operations; Director of Operations; and Director of Human Resources throughout his career. Assisted with managing outpatient clinics and an inpatient facility in Michigan and North Carolina; while designing and programming electronic healthcare record software and other practice management software. His efforts have yielded various awards and recognition, including receiving honorable mention, both nationally and internationally through the CARF accrediting body.

Bibliography/References:

- Patrick J. Kennedy (2015) *A Common Struggle*. New York, NY: Penguin Random House
- Cynthia Cupit Swenson (2009) *Multi-systemic Therapy and Neighborhood Partnerships*. New York, NY: The Guildford Press
- John P. Gallagher (2017) *The Perkowitz*. Scotts Valley, CA. On-Demand Publishing

11:30am – 12:20pm

## **Group Lunch**

12:20pm – 1:20pm

## **Keynote: I Have Been Running My Entire Life - I Am Finally Free**

– *Dominic Carter, Veteran Newsman, Mental Health Advocate, Author, and Speaker*

This presentation is about Dominic Carter's triumphant struggle to overcome his mother's mental illness but it is also a heart-wrenching journey of physical and sexual abuse. Dominic is a nationally known journalist, but he believed his life-long secrets were so horrendous and embarrassing that he would take them to his grave, vowing to never reveal them.

About the Presenter:

Dominic is a one-time Foster Child. He grew up poor, and fatherless in New York City's South Bronx housing projects. His grandfather was a heroin addict, and Dominic's mother was diagnosed a "Chronic Paranoid Schizophrenic," who had been in and out of state psychiatric institutions for years, not only physically abusing her son but his own mother also sexually abused him as well. She heard voices to tell her to throw Dominic out the window at age two. Dominic Carter has lived a life of tremendous highs and devastating lows. Dominic's upbringing was the flip side of the American dream, and yet he went on to be the first one in his family to attend college, and has been described as one of the best political reporters in New York television today. A fixture in the industry for the last 30 years, currently

working at Verizon FiOS News, and an on-air host at WABC Radio in New York. As a journalist, Dominic has traveled the globe. To Israel, the Persian Gulf, Japan, and Somalia. Carter also released a book on his life, "No Momma's Boy," which is about his mother's Mental Illness. Dominic has interviewed the likes of President Trump, Bill & Hillary Clinton, and Nelson Mandela of South Africa. Dominic's life story has even been told in Oprah Winfrey's Magazine. Dominic speaks throughout the country and Canada working to end the stigma associated with Mental Illness. He strongly feels that everyone at the conference today, here in Kalamazoo are Angels on Earth. A voice for the voiceless, and Dominic says he Thanks you from the bottom of his heart. Dominic Carter is here today in honor of his late mother, Laverne Carter.

### **Concurrent Workshops:**

1:30pm – 3:00pm

#### **8. Living Well with A Behavioral Health Condition – Successful Strategies for the Total Person**

- *Malkia Newman, Team Supervisor, CNS Anti-Stigma Program, Community Network Services, Inc.*
- *Andrew Parrish, CPSS, Community Educator, CPSS, Community Network Services, Inc.*

In spite of this knowledge of premature mortality, some consumers still don't see the need to attend to their total health. This workshop will tackle some of the barriers to "Total Health" in ways that are informative and entertaining. The Community Network Services' Community Educators use their many years' of experience to provide inspiration, education and empowerment to consumers, as well as senior management and board members as they prepare to enter this brave new world of integrated care. Participants will be able to: 1. Identify barriers to optimal health outcomes; 2. Identify strategies to overcome barriers; and 3. Identify ways that Peers assist consumers and other stakeholders develop healthier habits.

#### About the Presenters:

**Malkia Newman:** Lifelong struggles with Bipolar Disorder drove Malkia to seek help. Hope and education have proved to be her foundation. Malkia has been a part of the Peer-Led, CNS Anti-Stigma Program since 2005, desiring to be a strong advocate for others.

**Andrew Parrish:** Diagnosed with ADD early on, Andrew's adult years were spent self-medicating with alcohol and drugs. Bouts of paranoia were later diagnosed as Schizophrenia. Successfully managing the illness gave Andrew the motivation needed to become a Certified Peer Support Specialist.

#### Bibliography/References:

- Substance Abuse and Mental Health Services Administration 2016, "Promoting Wellness-A Guide to Community Action" Washington DC
- Substance Abuse and Mental Health Services Administration 2016, "Creating a Healthier Life-A Step-by-Step Guide to Wellness" Washington DC
- Substance Abuse and Mental Health Services Administration 2012, "Challenges & Opportunities In A Changing Health Care Environment" Washington DC

1:30pm – 3:00pm

#### **9. Creating a Crisis Continuum to Meet the Needs of Youth and Families from Hospital to Home**

- *Kelly Gluszewski, LMSW, Supervisor of Child and Adolescent Outpatient Services, CMH Authority of Clinton-Eaton-Ingham Counties*
- *Lia Sibilski, LMSW, Children's Emergency Services Supervisor, CMH Authority of Clinton-Eaton-Ingham Counties*

A continuum of crisis services is an essential part of providing effective and person-centered crisis care on a daily basis for our consumers. These crisis continuums should assess and provide the appropriate level of care, manage resources, and improve clinical outcomes. This workshop will highlight the current crisis continuum for youth through Families Forward at CMHA - Clinton, Eaton, and Ingham Counties, which currently includes a Appletree Crisis Respite Therapeutic Group Home, Urgent Care stabilization services and a free standing crisis services that provides prescreening for hospitalizations, crisis intervention and expedited service linkage. Discussion will include current services, lessons learned, and current planning around the addition of a Mobile Crisis Response to further aid in preventing crisis and linking youth and families to services earlier in their crisis episode. Additionally, there will be discussion around the need for a multilevel approach to crisis intervention that includes pre-crisis therapeutic intervention, safety planning, hospitalization screening, and linking to services. Participants will be able to: 1. Illustrate how to use data to assess for areas of need and fill gaps in Crisis services; 2. Define unique qualities of the Crisis Services programming that provide an effective and person-centered approach; and 3. Discuss how training can build a positive and responsive clinical culture in crisis services.

#### About the Presenters:

**Kelly Gluszewski** has been a part of Community Mental Health Authority of Clinton, Eaton and Ingham Counties for over 15 years. She was a homebased therapist, a homebased manager as well as overseeing the respite home Appletree. She is currently the Supervisor of the Child and Adolescent Outpatient Services for Families Forward. Kelly is very passionate about her work with children and with the children's respite home which is utilized for many children for crisis respite.

**Lia Sibilski** has been employed at Community Mental Health Authority of Clinton, Eaton and Ingham Counties for 7 years. She was a homebased clinician for 4 years, was an Urgent Care therapist for a year and then went into management of the Families Forward Emergency Services department. Lia helped develop and implement the Urgent Care program at Families Forward which led to her passion for crisis work and awareness of the increased need for crisis stabilization services.

Bibliography/References:

- Cbhi-Mci-Pg. "Mobile Crisis Intervention Guidelines." Emergency Services Program Mobile Crisis Intervention Practice Guidelines 2015. <http://www.mass.gov/eohhs/docs/masshealth/cbhi/practice-guidelines-mci.pdf> Web. 31 July 2017
- US Department of Health and Human Services. "Practice Guidelines: Core Elements in Response to Mental Health Crisis." SAMHSA, <https://store.samhsa.gov/shin/content/SMA09-4427/SMA09-4427.pdf>. Web. 31 July 2017
- US Department of Health and Human Services. "Crisis Services: Effectiveness, Cost-Effectiveness, and Funding Strategies." SAMHSA, <https://store.samhsa.gov/shin/content/SMA14-4848/SMA14-4848.pdf>. Web 31 July 2017

1:30pm – 3:00pm

**10. Value-Based Reimbursement: Whose Values are They?**

– *Michael Brashears, PsyD, CEO and Founder, Outcomes That Matter*

Over the past several years, payment for services has moved from traditional fee-for-services and general capitation models to "Value-Based Reimbursement". Simply defined, Value-Based Reimbursement is a form of pay for performance. Providers of services are reimbursed based on meeting mutually agreed upon service outcomes or results. Value is defined as meeting these agreed upon outcomes and results, so naturally the focus of care becomes outcome and result driven. But whose values are these? Does the Consumer of care define what is valuable or what the desired outcome of care should be? Or do insurance companies, managed care organizations, or providers of services define value? This workshop explores the ethical foundations of Value-Based Reimbursement and examines if indeed Value-Based Reimbursement is Person-Centered or merely a method to restrict or focus care to the advantage of managed care organizations, providers, or insurance companies. After all, shouldn't the services we provide be based on the value and desired results of the people we serve? Participants will be able to: 1. Identify the ethical dilemmas associated with value-based reimbursement; 2. Examine the conflict between person-centered values and system values; and 3. Identify the variables associated with the development of a value-based reimbursement system that is person-centered.

About the Presenter:

**Dr. Michael Brashears** has been part of the Behavioral Health field for over 25 years and has held several senior management positions since 1996. As a former CHM Executive and Clinical Director, Dr. Brashears has strived to develop Centers of Excellence that align fiscal and clinical quality. Dr. Brashears has also presented multiple workshops in the areas of Evidence-Based Practices, Values and Ethics, and Clinical and Fiscal Outcome development. Dr. Brashears is currently CEO and Founder of Outcomes That Matter, a company focused on the return of Behavioral Health to outcomes and initiatives that support Consumer choice, real life change, and independence.

Bibliography/References:

- Medicare Payment Advisory Commission, "Report to Congress: Medicare Payment Policy," March 2012.
- Mark Rattray, MD, "Value-Based Physician Reimbursement: Challenges and Opportunities for Physical Medicine and Rehabilitation, Physical Medicine and Rehabilitation, vol. 1, 706-708, August 2, 2013
- Ruth S. Raskas, Lisa M. Latts, Jill R. Hummel, Douglas Weners, Harlan Levine, and Sam R. Nussbaum, "Early Results Show WellPoint's Patient-centered Medical Home Pilots Have Met Some Goals for Costs, Utilization, and Quality," Health Affairs, September 2012.

1:30pm – 3:00pm

**11. Peer Recovery Coaches Intervening with Individuals with Substance Use Disorders During Emergency Room Stay**

– *Christopher O'Droski, ENGAGE! Coordinator, Hegira Programs, Inc.*

– *Scott Schadel, MSW, LMSW, CAADC, Administrator of SUD Services, Hegira Programs, Inc.*

Hegira Programs, Inc. has developed a program in which Peer Recovery Coaches travel to Wayne County Emergency Departments to intervene with clients who have overdosed or have a Substance Use problem. This presentation will describe HPI's ENGAGE! program and focus on its development and implementation. Data regarding Peer Recovery Coaches successfully being able to assist with consumers enrolling into SUD Treatment, attendance in support groups, obtaining sober housing, and other resources will be discussed. Participants will be able to: 1. Examine the necessary steps needed to create a program in which Peer Recovery Coaches intervene with patients in an Emergency Department; 2. Describe marketing strategies to develop relationships with Emergency Departments; and 3. Identify successes and challenges of operating a Peer Recovery Coach program within Emergency Departments as well as offering follow up support.

About the Presenters:

**Christopher O'Droski** is a person in long term recovery since Oct 6th 2008. He has been working in the addiction treatment field since 2010 and is a Recovery Advocate, public speaker, and Peer Support trainer. Chris is a founding member of Recovery Community Organizations, Washtenaw Recovery Advocacy Project, and Michigan Recovery Voices. He also is a proponent of secular resources as well as multiple pathways to recovery. Chris is currently the ENGAGE! Coordinator at Hegira Programs, Inc.

**Scott Schadel** has worked in the Substance Use Disorder and Mental Health fields for over 20 years. After working many years as a Therapist with children, adolescents, and adults, he was able to transition into multiple management roles overseeing both Outpatient and Residential programs. Scott has presented to multiple audiences in both professional and educational settings focusing on a variety of topics focusing on co-occurring Substance Use and Mental Health Disorders. Scott earned his Master's in Social Work from Eastern Michigan University and is currently the Administrator of Substance Use Disorders for Hegira Programs, Inc.

#### Bibliography/References:

- D’Onofrio G1, Degutis LC, Integrating Project ASSERT: a screening, intervention, and referral to treatment program for unhealthy alcohol and drug use into an urban emergency department. *Academic Emergency Medicine*, Volume 17 (8), 903-911. doi:10.1111
- Bohner A, Bonar E, Cunningham R, et al. A pilot randomized clinical trial of an intervention to reduce overdose risk behaviors among emergency department patients at risk for prescription opioid overdose. *Drug and Alcohol Dependence*. 2016; 163:40-47. doi:10.1016/j.drugalcdep.2016.03.018
- Wu L-T, Swartz MS, Wu Z, Mannelli P, Yang C, Blazer DG. Alcohol and Drug Use Disorders among Adults in Emergency Department Settings in the United States. *Annals of Emergency Medicine*. 2012;60(2):172-180.e5. doi:10.1016/j.annemergmed.2012.02.003

1:30pm – 3:00pm

## **12. Individual Placement & Support (IPS) – Statewide Report...Moving Forward**

- *Eric Karbowski, MA, Supervisor, Community Mental Health for Central Michigan*
- *Joe Longcor, BA, Supported Employment Specialist, MDHHS/BHDDA*
- *Tami Young, Action Employment Supervisor, InterAct of Michigan, Inc.*

Individuals with mental illness are seeing an average 27% employment placement rate through the Individual Placement and Support (IPS) model; more than double non-IPS employment services. Eric, Tami, and Joe will share the recent IPS Statewide Report highlighting average income, hours, and much more. A number of studies nationally reinforce the tremendous value and cost-benefit of employment to enhance recovery. Learn how Tami and Eric achieve exemplary outcomes, challenges they face, and opportunities for the future. This session encourages audience questions so individuals, family, board members, or supervisors may ask their important questions in consideration of this leading employment services model. You’ll also learn how IPS fits well with the new HCBS rule, WIOA, and is proving to be a promising model for individuals with other disabilities. Participants will be able to:

1. Summarize the highlights of the Michigan IPS Statewide Report;
2. List the eight (8) Guiding Principles of IPS;
3. Examine at least two (2) national reports underscoring the value of employment services in the path of recovery; and
4. Summarize how the IPS model aligns with the HCBS rule, the Workforce Innovation and Opportunity Act, and the spirit of Employment First.

#### About the Presenters:

**Eric Karbowski** is presently the SE Supervisor at Community Mental Health for Central Michigan, Mt. Pleasant, MI. He leads program development, implementation, and strategic planning. Eric is responsible to ensure compliance/adherence to IPS/EBPSE fidelity model. He is also a member of the MI-FAST team leading fidelity reviews at IPS sites throughout Michigan. Eric is also a consultant through the National Institute of Disability Rehabilitation Research and Substance Abuse and Mental Health Administration, Center for Mental Health Services (Boston University).

**Joe Longcor** is a Department Specialist focused on employment at Behavioral Health and Developmental Disabilities Administration for the Michigan Department of Health & Human Services. He leads the Evidence-based Practice/Individual Placement and Support (Supported Employment) project for persons with serious mental illness. Joe is also the State-level liaison for all related employment services for persons with intellectual/developmental disabilities, and other BHDDA customers. He led the development of [www.mi.db101.org](http://www.mi.db101.org), initial funding support of Project Search sites across MI, and research to expand Michigan’s Freedom to Work/Medicaid Buy-in program. Joe has a BBA in Marketing from Davenport University and has worked in the field of disabilities for over 20 years. He was formerly the Coordinator of Employment Development at Allegan County Community Mental Health and facilitated the full transformation of two workshops, initiated the conversion of the day program to full community inclusion, led the Supported Self-employment initiative, and increased the use of Social Security work incentives.

**Tami Young** is a creative and caring professional with high standards for promoting evidence based supported employment for persons with disabilities. Tami is currently the Evidence-Based Practice Supported Employment (EBP), Individual Placement and Support (IPS) Supervisor of Action Employment Services (AES) for InterAct of Michigan, Inc., a nonprofit organization that provides services for individuals with chronic mental illness and substance abuse disorders. Tami is also a lead fidelity reviewer for the MIFAST External Fidelity Review team with the Michigan Department of Health and Human Services (MDHHS). Tami has been employed with InterAct since 1997. She graduated from Western Michigan University in 1982 with a degree in Therapeutic Recreation, is certified as a LBSW, CTRS, and ETS.

#### Bibliography/References:

- Bond, G. R., and R. E. Drake. 2014. Making the case for IPS supported employment. *Administration and Policy in Mental Health and Mental Health Services Research* 41:69–73
- Álvarez-Jiménez, M., Gleeson, J. F., Henry, L. P., Harrigan, S. M., Harris, M. G., Killackey, E., et al. (2012). Road to full recovery: Longitudinal relationship between symptomatic remission and psychosocial recovery in first episode psychosis over 7.5 years. *Psychological Medicine*, 42, 595–606
- Gathergood, J. (2013), An Instrumental Variable Approach to Unemployment, *Psychological Health and Social Norm Effects*. *Health Econ.*, 22: 643–654. doi:10.1002/hec.2831

1:30pm – 3:00pm

## **13. Training Reciprocity: Making it Happen for Those we Serve and Those who Serve!**

- *Kym Juntti, BBL, Director of Training, MORC, Inc.*
- *Jean Pfaendtner, LMSW, Manager, Office of Recipient Rights, Oakland Community Health Network*

Training is the investment we make into the culture of our organizations. Consistent, high quality training helps ensure quality care for those we serve and those who serve. This presentation will review current work being done to assist

PIHP's in meeting MDHHS requirement for statewide training reciprocity. We will review the work of the State Training Guidelines Workgroup (working under CMHAM) to provide structured guidelines and recommendations that are guided by training best practice in meeting required training for all Direct Care Workers. In addition, we will review how these guides can be valuable in examining organizations current training practices. If you are charged with meeting this MDHHS training reciprocity directive, review your organizations training functions, are a training professional or an advocate for quality DCW training, this training is for you! Participants will be able to: 1. Identify three ways to employ training guides to review current training outcomes; 2. Recognize three strategies to ensure your training is eligible for reciprocity; and 3. Identify four benefits for consistent training structure and repeat three effects of weak training practices.

About the Presenters:

**Kym Juntti** is the Co-Chairperson of the State Training Guidelines Workgroup since 2017. She is the Director of Training at the Center for Positive Living Supports through MORC, Inc. She has been working in the field of Intellectual/Developmental Disabilities as a Training Professional for over for over 25 years. With a Bachelor in Business Leadership, she is a certified Trainer through Association of Training and Development – Detroit Chapter, and sits on numerous committees and workgroups to advance the quality and consistency of training for Direct Support Professionals and other shareholders. Kym has been a member of the State Training Guidelines Workgroup since 2013.

**Jean Pfaendtner** has over 20 years of curriculum design and training delivery experience. A frequent speaker at state and national conferences, Jean loves to help others develop their own effective speaking skills and advocacy skills. Jean's expertise includes behavioral health, substance use, advocacy, person-centered planning, and many other content areas. Jean has a BA from the University of Michigan and a MSW from Wayne State University. She has been a surveyor for CARF International since 2004, is a former Vice-President of MHAT (Michigan Health Association of Training), and is a founding member of the State Training Guidelines Workgroup (2007).

Bibliography/References:

- Beebe, S.; Mottett, T., & Roach, D. (2012) Training and Development: Enhancing Communication and Leadership Skills
- Azulay, H. (2014). Employee Development on a Shoestring
- Berger, Lance; & Berger, Dorothy (2018). The Talent Management Handbook. McGraw-Hill Publishing

1:30pm – 3:00pm

**14. Boardworks 2.0: Current and Future Funding for CMHSPs and PIHPs (Previously Budgets) (Core Module - Updated 2017)**

- Carol Mills, MPA, MBA, Chief Operating Officer, Newaygo County Mental Health Center

This workshop will center on the public policy driven financing and accountability expectations for which the board serves as the fiduciary. Participants will be able to 1. Examine and explore state, federal and local public revenues including each source of revenue, definition as derived by statute, contract and/or public policy directive, conditions for use, determination of amounts to be distributed/available, method of distribution/receipt, application in practice, risk implications, reporting and accounting and audit requirements; and 2. Explore current state initiatives and proposals regarding pending changes to the funding of the CMH system and its potential implications for CMHSPs and PIHPs.

About the Presenter:

**Carol Mills** has been with Newaygo County Mental Health for over 20 years, and currently serves as their Chief Operating Officer. She holds a Master in Business Administration as well as a Master in Public Administration. She serves on various committees with the Association and the State, including EDIT, CFI and Medicaid Rate Setting.

3:00pm – 3:20pm

**Exhibitor Refreshment Break**

**Concurrent Workshops:**

3:30pm – 5:00pm

**15. 13 Reasons Why NOT**

- Riley Juntti, Public Speaker on Mental Health

Riley Juntti is an Oxford High School graduate and helped create "13 Reasons Why NOT", centered on the controversial yet popular Netflix's show "13 Reason's Why", in which the lead character leaves behind tapes blaming 13 people for her suicide. Instead of placing blame however, 13 students, one per morning, would start morning announcements to 1,800 fellow students by sharing an emotionally vulnerable place they had been through and thanking someone who had helped them out of it. Feedback was instant and national with over 100 major news organizations picking up the story. Topics of abuse, struggling home life, bullying, homophobia and special needs, now released to the whole nation. Participants will be able to: 1. Decrease stigma associated with mental health; 2. Recognize ways to improve culture of support in high schools; and 3. Identify how to support those who are struggling with suicidal ideation.

About the Presenter:

**Riley Juntti** is a student at Grand Valley State University for Behavioral Neuroscience and Psychology as well as a Crisis Intervention Counselor for CrisisTextLine. She is a national public speaker for suicide prevention and domestic violence awareness. Her work has been featured on the Washington Post, NPR, and Nightline. She has also been a keynote speaker for the National Behavioral Health conference, Culture of Gentleness, and the Mental Health Foundation of West Michigan.

Bibliography/References:

- Schmeelk-cone, K., Pisani, A.R., R., Petrova, M. & Wyman, P.A (2012). Three scales assessing high school students' attitudes and perceived norms about seeking adult help for distress and suicide concerns. *Suicide and Life-Threatening Behavior*, *Science*, 277, 918–924.42, 157-172
- Randall JR, Doku D, Wilson ML, Peltzer K (2014) Suicidal Behaviour and Related Risk Factors among School-Aged Youth in the Republic of Benin. *PLoS ONE* 9(2): e88233. <https://doi.org/10.1371/journal.pone.0088233>
- Whitlock, J., Wyman, P.A., Moore, S.R. (2014). Connectedness and suicide prevention in adolescents: pathways and implications. *The American Association of Suicidology* DOI:10.1111/sltb.12071

3:30pm – 5:00pm

**16. Addressing the Opioid Epidemic - How to Save a Life**

– Sandy Dettmann, MD, DABAM, FASAM, Addiction Medicine Specialist, The Dettmann Center, PC  
We are in the midst of the largest manmade epidemic in the history of the United States. How did the United States become known as "opioid nation?" I will explain the series of events that led to this crisis, what medication-assisted treatment is and how it works, and what we can do now to prevent further loss of precious lives. Participants will be able to: 1. Describe the cause of the opioid epidemic; 2. Summarize medication-assisted treatment; and 3. Identify ways to prevent further loss of lives.

About the Presenter:

**Dr. Dettmann** is a board-certified addiction medicine specialist who uses medication-assisted treatment to help individuals with dependence/addiction to alcohol and/or drugs. She has made her life, her career, and her passion about caring for and protecting the rights of individuals who have been marginalized, shamed, blamed and punished for their diseases - drug addiction, alcoholism, and mental health disease.

Bibliography/References:

- Maremmani, I.M. and G.M. Gerra, Buprenorphine-Based Regimens and Methadone for the Medical Management of Opioid Dependence: Selecting the Appropriate Drug for Treatment. *The American Journal on Addictions*, 2010. 19(6): p. 557-568.
- Organization, W.H., Guidelines for the psychosocially assisted pharmacological treatment of opioid dependence, M. Davoli, Editor 2009, WHO Press, World Health Organization, Geneva 27, Switzerland. p. 136.
- Sigmon, S.C.P., et al., Opioid Detoxification and Naltrexone Induction Strategies: Recommendations for Clinical Practice. *The American Journal of Drug and Alcohol Abuse*, 2012. 38(3): p. 187-199.

3:30pm – 5:00pm

**17. Assessing Readiness and Sustainability in a Value-Based Purchasing Health Care Environment**

- Kathryn Szewczuk, LLMSW, Executive Director, Lenawee Community Mental Health Authority
- Kathy Polasky-Dettling, MA, LLP, Director of Clinical Services, Afia, Inc.

Value-Based purchasing of health services is no longer a buzz word – the phrase has taken on new meaning over the last year as payer sources look to find innovative ways to improve health, recovery and wellness outcomes while also saving dollars. Lenawee Community Mental Health Authority has initiated a readiness process for moving away from capitated payments and traditional fee-for-service thinking towards a business model that focuses on providing services and supports that promote positive outcomes for people at a cost that is sustainable for multiple types of payers. This workshop will cover the process of assessing your agency's future clinical and sustainability model, and creating a plan for implementing outcome-focused care, identification of Value-Added clinical activities and business processes, and identifying productivity targets, including a review of challenges and successes seen in Lenawee Community Mental Health Authority. Participants will be able to: 1. Identify three areas of clinical practice to access for readiness for Value-Based contracting; 2. Site strategies to implement change of practice that supports increased Value-Added clinical activities; and 3. Describe a process for developing a workplan that supports Value-Based contracting.

About the Presenters:

**Kathryn Szewczuk** began her career at Lenawee Community Mental Health Authority in 2006 first serving as their Wraparound Coordinator/Supervisor, then Community Outreach Services Supervisor, Community Outreach/Compliance Director and finally in 2016 became their Executive Director. Kathryn received her MSW and her BA in Psychology from the University of Michigan.

**Kathy Polasky-Dettling** is a national consultant working in 24 states focusing on Integrated Care, Behavioral Health and Value-Based Contracting. She has worked in community mental health services in Michigan for 25 years and is a faculty member and coach with the National Council's Practice Transformation Academy on Value-Based Contracting.

Bibliography/References:

- Michelle Herma Soper, Rachel Matulis, and Christopher Menschner, Center for Health Care Strategies, Inc. "Moving Towards Value-Based Payment for Medicaid Behavioral Health Care Services, brief June 2017
- Alternative Payment Model Framework and Progress Tracking Workgroup HCP&LAN, "Alternative Payment Model Framework – Final White Paper", 1/12/16
- Roger G. Kathol, MD, Frank deGruy, MD and Bruce L. Rollman, MD, MPH, "Value-Based Financially Sustainable Behavioral Health Components in Patient-Centered Medical Homes, Dec. 10, 2013

3:30pm – 5:00pm

**18. Understanding Adverse Childhood Experiences (ACEs) and Encouraging Resiliency**

- Tinetra Burns, MA, Clinical Specialist, Detroit Wayne Mental Health Authority
- Daicia Price, LMSW, Field Faculty, Office of Field Instruction, University of Michigan
- Andrea Smith, MSW, Director of Clinical Practice Improvement, Detroit Wayne Mental Health Authority

The ACE Study considers the effects of childhood adversity on population health and wellbeing. This presentation will

give individuals the opportunity to learn about adverse childhood experiences and the implications on treatment and recovery. As the ACE Score goes up the risk of many health and social problems goes up. Thus, as the ACE Score goes up in a population, the percent of people with these problems also goes up. Learn how to “bounce back” from these experiences and move onward into a culture of resiliency and hope. The ACE and resiliency questionnaire will be disseminated to participants to promote engagement. Participants will be able to: 1. Recognize potential risks of adverse childhood experiences; 2. Identify methods of coping with adverse childhood experiences; and 3. Demonstrate methods of resilience.

About the Presenters:

**Tinetra Burns** is a Clinical Specialist with Detroit Wayne Mental Health Authority. She demonstrates innovative successes toward the enhancement of workforce development opportunities through clinical practice improvement training and education. She also serves as a suicide prevention specialist - QPR Certified Facilitator, Master Trainer in Aggression Replacement, Certified Grant Writer, and Child Welfare Counselor. In addition to this, she is a Registered Social Service Technician, and Certified Substance Use Professional, and is pursuing a PhD in Law and Public Policy, while holding a Master Degree in Public Administration.

**Daicia Price** is a current Field Educator and Lecturer at University of Michigan School of Social Work Office of Field Instruction (OFI). She earned her MSW degree from Eastern Michigan University with a concentration on children and family service delivery. Daicia has been a field instructor for Washtenaw Community College, Eastern Michigan University, Wayne State University, Michigan State University and University of Michigan supporting students in their professional development. Daicia has gained clinical and macro practice experience in juvenile justice, community mental health, housing, schools and foster care.

**Andrea Smith**, MSW currently serves as Director of Clinical Practice Improvement with the Detroit Wayne Mental Health Authority. This role is primarily responsible for the oversight, development, implementation, and monitoring of clinical service models to align them with evidence-based, best and/or promising practices while assessing workforce needs. Andrea received her Master of Social Work degree from Eastern Michigan University, and is currently pursuing a Doctorate in Health Administration at Central Michigan University.

Bibliography/References:

- ACE Interface, LLC (2014) Understanding Adverse Childhood Experiences Building Self-Healing Communities
- Marilyn Metzler (RN, MPH) Melissa T. Merrick (PhD) Joanne Klevens (MD, PhD, MPH) Katie A. Ports (PhD) Derek C. Ford (PhD)a (2017) Adverse childhood experiences and life opportunities: Shifting the Narrative
- American Academy of Pediatrics (2014). Adverse Childhood Experiences and the Lifelong Consequences of Trauma

3:30pm – 5:00pm

**19. Alternative Coping Mechanisms in Mental Health**

- *Daniel K. Arnold, BA, Child & Mental Health Advocate, CMHA-CEI Recipient Rights CAC, Midstate Health Network RCAC, JIMHO Member, Charter House Member, Homeless Ministry Speaker, Author*

During this workshop 2 or 3 consumers will share their experience with alternative coping mechanisms such as Forgiveness Therapy, Chiropractic Work, Holistic Health, Gilead Healing Center, International Miracles, Support Systems, and Faith-Based Healing. Embedded throughout the workshop will be video interviews with medical professionals, ministers, consumers, and friends. There will be an open forum at the end for presenters to answer questions from the consumer point of view.

3:30pm – 5:00pm

**20. Doing More with Less: How Clubhouse Services Support Case Management and Improve Mental Health Recovery for People with Mental Illness**

- *Summer M. Berman, LMSW, Director, Fresh Start Clubhouse*
- *Bruce Dunton, MS, CSW, RSST, Director, Crossroads Clubhouse Warren, Macomb County Community Mental Health*

CMH Case Managers are faced with myriad demands on their time and attention; Clubhouse Psychosocial Rehabilitation services can supplement and support case management services for adults with mental illness, improving consumer outcomes and lightening the load for case managers. This workshop will explore Clubhouse Psychosocial Rehabilitation services, an Evidence-Based Practice that supports adults with mental illness in returning to work and school, ending social isolation, and engaging in healthy lifestyles. We'll cover the basic elements of Clubhouse and how they reflect a person-centered approach to recovery that reduces cost and utilization of more expensive services. We'll learn which consumers can benefit from Clubhouse, typical outcomes as demonstrated in the literature, and how Clubhouse rehabilitation is a natural partner to clinical treatment interventions and may even reduce the need for some clinical services. We'll explore Clubhouse rehabilitation as a SAMHSA Evidence-Based Practice, a Medicaid billable service, and an intervention consistent with the NASW Code of Ethics. Participants will be able to: 1. Understand and describe the Clubhouse model of rehabilitation; 2. Identify which consumers may be appropriate to refer to Clubhouse; 3. Describe outcomes that may be achieved by consumers through membership in a Clubhouse; and 4. Summarize ways that Clubhouse reflects SAMHSA's four major dimensions that support a life in recovery and their 10 Guiding Principles of Recovery.

About the Presenters:

**Summer M. Berman**, MSW is the Director of Fresh Start Clubhouse, a recovery community for adults with mental illness in Washtenaw County. She has worked in the Clubhouse model of rehabilitation for 17 years, including an Executive Fellowship at Fountain House, the originator of the Clubhouse Model. Summer is on the Michigan

Clubhouse Steering Committee and is a leader in Clubhouse quality improvement efforts across the state. She presents regularly at local, state, and national conferences and trainings on the Clubhouse model.

**Bruce Dunton** has over 30 years experience working in the Mental Health field, beginning in 1984 while attending Eastern Michigan University as a Student/Athlete, getting his Bachelor degree in Psychology and Sociology. Afterwards, Bruce obtained his Master's Degree from Capella University in Human Relations. He has experienced a plethora of Mental Health paradigm shifts in this field and has a wealth of experience in Evidenced-Based Practices, Models of Treatment and Accreditation.

Bibliography/References:

- Survey of Michigan Clubhouses, 2015, Onaga et al, Michigan State University and the Michigan Department of Health and Human Services
- Substance Abuse and Mental Health Services Administration. (2012). SAMHSA's Working Definition of Recovery: 10 Guiding Principles of Recovery [Brochure]. Rockville, MD: Author
- Hwang, S., Woody, J., & Eaton, W. W. (2016). Analysis of the Association of Clubhouse Membership with Overall Costs of Care for Mental Health Treatment, *Community Mental Health Journal*, 53(1), 102-106

3:30pm – 5:00pm

**21. Boardworks 2.0: Foundations – Ensuring a Consumer Focus**

- *Julie Barron, BA, Peer Support Specialist & Customer Service Representative, CMH Authority of Clinton-Eaton-Ingham Counties*
- *Sara Lurie, CEO, CMH Authority of Clinton-Eaton-Ingham Counties*

The presenters will address the public policy expectations of the community system, reflecting intended beneficiaries as the sole purpose of the existence of the community system itself. Participants will be able to: 1. Identify at least 3 key elements of Commitment to the Life Plan (Person-Centered planning and support); 2. List at least 3 Self-Determination principles; 3. Learn about recovery orientation; 4. Describe the Resiliency perspective; 5. Name 3 key elements to cultural representation; 6. Identify at least two opportunities and/or strategies for building community partnerships and collaboration; and 7. Identify at least two strategies for supporting community capacity building.

About the Presenters:

**Julie Barron, BA, CPSS**, has been at Community Mental Health Authority of Clinton-Eaton-Ingham Counties for almost 12 years in the Customer Service Department as a Customer Service Representative and then in 2007 Certified Peer Support Specialist with the State of Michigan. She is passionate about Consumers in Recovery!

**Sara Lurie** currently serves as Chief Executive Office of Community Mental Health Authority of Clinton-Eaton-Ingham Counties. She is an experienced leader with a strong background in human service program management, grant fund development, and community coalition building. Sara has extensive background in the prevention of substance abuse, violence, suicide, and promotion of mental health and wellness in businesses, schools, and communities.

## Wednesday, February 7, 2018

7:30am – 12:00pm

**Conference Registration and Exhibits Open**

7:30am – 8:45am

**Breakfast Activities** (full breakfast buffet will be served until 8:45am)

**Regional Breakfast Meetings**

**Provider Alliance Breakfast Meeting**

**Non-Member and Staff Networking Breakfast**

8:50am – 9:00am

**Boardworks Certificate Presentations**

9:00am – 10:00am

**Keynote: What's Hot in Behavioral Health - A National Update**

- Charles Ingoglia, MSW, Senior Vice President, Public Policy and Practice Improvement, National Council for Behavioral Healthcare

Congress and the administration continue to debate health care policy and these debates have real consequences for those living with mental illness and addiction and the providers that serve them. This keynote will provide an overview of some of the most pressing legislative and regulatory issues for the field and offer suggestions for ways to get involved. Some of the topics to be covered: ACA changes and threats, work requirements for Medicaid enrollees, Medicaid block grants, threats to Medicare, CMS 1115 waivers and 1332 waivers, the opioid crisis, and the movement on changes to the IMD exclusion (for SUD or MH). Participants will be able to: 1. Understand and summarize current legislative environment and the impact on behavioral health; 2. Recite changes that CMS and other agencies are making to programs; and 3. Explore and list new funding opportunities.

About the Presenter:

**Charles Ingoglia** has more than 20 years of experience in behavioral health. He has worked as a provider, advocate, and educator for government and public sector organizations. Chuck directs the federal and state affairs function of the National Council for Behavioral Health, and oversees practice improvement and technical assistance programs offered to more than 500,000 behavioral health professionals across the U.S. His efforts have centered on key issues such as parity, healthcare reform, and improving the experience of mental health and addictions care and treatment engagement. Prior to joining the National Council, Ingoglia provided policy and program design guidance to the Substance Abuse and Mental Health Services Administration. He also has directed state government relations and service system improvement projects for the National Mental Health Association, served as a policy analyst for the National Association of Social Workers, and designed educational programs for mental health and addictions professionals at the Association of Ambulatory Behavioral Healthcare. He has worked in a transitional shelter with homeless persons and provided individual, group and couples counseling at the Whitman-Walker Clinic in Washington, DC. Ingoglia is adjunct faculty at the George Washington University Graduate School of Political Management.

Bibliography/References:

- Sipe, T. A., Finnie, R. K. C., Knopf, J. A., Qu, S., Reynolds, J. A., Thota, A. B., ... The Community Preventive Services Task Force. (2015). Effects of Mental Health Benefits Legislation: A Community Guide Systematic Review. *American Journal of Preventive Medicine*, 48(6), 755–766. <http://doi.org/10.1016/j.amepre.2015.01.022>
- Cauchi, Ricard, Hanson, Karmen. (2015, Dec. 30). Mental Health Benefits: State Laws Mandating or Regulating. Retrieved from: <http://www.ncsl.org/research/health/mental-health-benefits-state-mandates.aspx>
- Jilcott, S., Ammerman, A., Sommers, J. et al. *ann. behav. med.* (2007) 34: 105. <https://doi.org/10.1007/BF02872666>

10:00am – 10:20am

**Exhibitor Refreshment Break**

**Concurrent Workshops:**

10:30am – 12:00pm

**22. Crisis Intervention Training – Overcoming SUD Stigma and Law Enforcement**

- *Ericanne Spence, LMSW, CAADC, CCS, Director, Substance Abuse Services & Corrections Mental Health, CMH Authority of Clinton-Eaton-Ingham Counties*
- *Melissa Misner, LLMSW, GCDF, CSOTS, Vocational Counselor, CMH Authority of Clinton-Eaton-Ingham Counties*

The State of Michigan has embraced Crisis Intervention Training for Law Enforcement personnel. Clinton, Eaton and Ingham Counties have trained 162 officers as of 11/17 with the assistance of community partners. Tri-county CIT steering committee members have presented on local efforts at the CIT International conference. Steering Committee members have observed a noticeable deficit in CIT trainings – Acknowledgement of Substance Use Disorder as a Behavioral Health Concern. This workshop presents how to incorporate the concept of SUD as a Behavioral Health Condition to officers; address the concept of Stigma in CIT trainings; assist officers in the concept of SBIRT; and promote buy in from CIT trained officers on best methods for engaging with individuals with substance use disorders. Participants will be able to: 1. Recognize the stigma associated with SUD as a Behavioral health concern; 2. Understand the importance of including SUD in CIT trainings; and 3. Apply methods used by presenters for inclusion in future CIT trainings.

About the Presenters:

**Ericanne Spence**, LMSW, CAADC, CCS, has 30 years of experience working in direct care and in program

development for Substance Use Disorders treatment. Ericanne specializes in working with individuals in the corrections system. As the Director of Substance Abuse Services & Correctional Mental Health at Community Mental Health Authority of Clinton-Eaton-Ingham Counties, Ericanne has worked closely with Tri-County partners to collaborate on bringing Crisis Intervention Training and presents on Substance Use Disorders at those trainings.

**Melissa Misner** is a licensed social worker. She is a graduate of Michigan State University with a Bachelors and Masters in Social Work. She has also obtained credentials as Global Career Development Facilitator, and a Certified Sex Offender Treatment Specialist. Melissa has worked in Workforce Development programs for over 12 years. Programs include working with ex-offenders, probationers/parolees, low income adults, and dislocated workers. In her most recent position she works as a Vocational Counselor at Community Mental Health Authority of Ingham, Eaton and Clinton Counties and assists individuals with developmental disabilities in obtaining competitive integrated employment. Melissa has dedicated her career in assisting individuals in reaching self-sufficiency. Melissa currently is the National Committee on Nominations & Leadership Identification-Region Representative VIII –Alternate through the National Association of Social Workers and sits as a committee member on the Tri-County Crisis Intervention Team.

Bibliography/References:

- NASW - Social Work Practice with Individuals with Substance Use Disorders, NASW, 2013
- Crisis Intervention Training - Memphis Model; University of Memphis, Department of Criminology and Criminal Justice
- Screening and Assessment of Co-occurring Disorders in the Justice System, SAMSHA, 2/2016

10:30am – 12:00pm

**23. Conducting Functional Behavior Assessments and Creating Effective Behavior Intervention Plans with Students Exhibiting Challenging Behaviors**

– *Larissa Heise, LMSW, BCBA, Board Certified Behavior Analyst, The Children's Center of Wayne County*  
School social workers are often required to assist or create behavior intervention plans for students exhibiting a wide range of challenging behaviors and across various intellectual and emotional functioning levels. Part of the requirements in creating effective behavior intervention plans includes ensuring that data is collected in all phases of the behavior planning process in supporting effective and least restrictive interventions. This workshop will explore the full process of identifying immediate targets in need of intervention, how to create and maintain effective intervention strategies to support significant student progress, and how to promote fidelity of implementation across multiple school personnel. By learning this process, school social workers can work towards more lasting and meaningful outcomes for students, teachers, and families. Participants will be able to: 1. Identify and implement all 5 required steps in the Functional Behavior Assessment process including data collection and analysis; 2. Formulate 2 – 3 intervention strategies per behavioral function; and 3. Identify essential components of a comprehensive behavior support plan.

About the Presenter:

**Larissa Heise** is a Board Certified Behavior Analyst and Licensed Masters Social Worker who has worked with a variety of children ages 2 - 17 displaying challenging behaviors in different treatment settings ranging from residential to outpatient. Using her clinical treatment skills and specialized training in Applied Behavior Analysis, she has helped children and families create meaningful and lasting behavioral changes in their lives.

Bibliography/References:

- Cipani, Ennio, and Keven M. Schock. Functional Behavioral Assessment, Diagnosis, and Treatment: a Complete System for Education and Mental Health Settings. Springer, 2011
- Cooper, John O., et al. Applied Behavior Analysis. Pearson/Merrill-Prentice Hall, 2008
- LaRue, R. (2013). Functional Analysis Screening Tool. Encyclopedia of Autism Spectrum Disorders, 1351-1352

10:30am – 12:00pm

**24. Practicing Effective Management: 21st Century Tools for 21st Century Challenges**

- *Travis Atkinson, MS, LPC, Associate Consultant, TBD Solutions*
- *Sarah Bowman, LMSW, Associate Consultant, TBD Solutions*

At the heart of every thriving behavioral health organization is a strong and well-functioning team, but these teams often do not exist without adaptive leadership and effective management. As the demands on managers increase and access to resources becomes more elusive, the team's ability to deliver on its performance indicators becomes even more crucial to program success. This session will provide tangible keys to effective management through strong working relationships, performance communication, delegation, and professional growth. Participants will be able to: 1. Recognize the four critical behaviors of effective managers: knowing your people, communicating about performance, pushing work down, and growing your people; 2. Understand benefits and challenges of managing people in a mission-driven organization; and 3. Proactively address the most common challenges faced by managers, including burnout, turnover, poor communication, and lack of accountability.

About the Presenters:

**Travis Atkinson** has served as a manager and educator for over a decade. A consummate student of management and leadership, Travis has supervised diverse teams and maintains a reputation for getting lasting results and spurring innovation. He has trained hundreds of managers across the Midwest.

**Sarah Bowman** has infused the behavioral health system with infectious energy and a commitment to excellence for over 15 years. Her strong leadership, utilization of data-driven decision making, and focus on outcomes measurement has helped enhance a vast array of behavioral health programs and services. She is a dynamic presenter and trainer, with an excellent track record for building high performing, strengths-based teams.

Bibliography/References:

- Horstman, M. (2016). *The Effective Manager*, New York, NY: HarperCollins
- Ibarra, H. Buckingham, M. Sull D. & D'Aveni, R. (2015). *The Definitive Management Ideas of the Year* from Harvard Business Review
- Drucker, P. (2008). *Management*. Hoboken, NK: WILEY

10:30am – 12:00pm

## 25. Peer Mentoring Services for Individuals with IDD

- Lisa Tippit, *Certified Peer Mentor, St. Clair County Community Mental Health*
- Tracy Vincent, *Peer Mentor Coordinator, MI Developmental Disabilities Council*

This workshop will increase awareness of the benefits of peer mentoring for individuals with intellectual and developmental disabilities. Participants will listen to Peer Mentors share their unique experiences, and offers examples of how to request peer mentors to be part of the person-centered plan. The Medicaid peer code, and structure and content of peer mentor trainings will be discussed, as well as additional training and certification to support peer mentors in both identification and practice of this emerging profession. Participants will be able to: 1. Learn knowledge on navigating systems with a peer mentor and how they can advocate for individuals with IDD; 2. Learn how to successfully implement peer mentoring in CMH agency; and 3. Learn how peer mentors work with others to provide resources and attain goals for the individuals to be successful.

### About the Presenters:

**Lisa Tippit** is a mom of two, charismatic and determined, who has an awesome drive to achieve. Born with Cerebral Palsy, she has lived a relatively full, rich life experience, confronting challenges and barriers along the way. At age 43 she began working for St. Clair County Community Mental Health becoming a Certified Peer Mentor. Having a Certified Peer Mentor is an idea proving to be a success at SCCCMH. Several individuals are reaching for and achieving their Person-Centered Planning goals with the support of a peer with like experience. She considers it a gift to her, helping others to achieve and succeed.

**Tracy Vincent** manages the Peer Mentor Program for the Michigan Developmental Disabilities Council. In this position, she provides support and technical assistance to peer mentors and CMHSP staff. She has 15 years of experience advocating for individuals with intellectual and developmental disabilities. She is committed to and has a desire in assisting peer mentors to achieve success.

### Bibliography/References:

- Michigan Department of Health and Human Services (2018, January) Medicaid Provider Manual
- PIHP/CMH (2016, October) Reporting Cost Per Code and Code Chart
- Jones. (2013, October) Peers: The Voice and Face of Recovery

10:30am – 12:00pm

## 26. Will You Be Ready? An Overview of Deaf Mental Health Care

- Charlyss Ray, *OTR/L, BS, Specialist for Services and Supports for Persons with Developmental Disabilities, Michigan Department of Health and Human Services*
- Dylan Secord, *MSW, Clinical Social Worker, Deaf C.A.N.!*

This workshop will provide an abbreviated version of a five hour training on Deaf Mental Health Care that has been going around the State of Michigan for the PIHPs. The presenters will cover the basics of Deaf culture, ADA communication requirements, interpreter qualifications, and the unique mental health of needs of Deaf, Deaf-Blind, and Hard-of-Hearing individuals seeking help in the public mental health system. Personal and professional examples will be given as well as video clips showing optimal Deaf mental health services in different situations.

Participants will be able to: 1. List three unique aspects of Deaf culture; 2. Define ASL and state the four levels of interpreter certification; and 3. Describe the importance of specific training in assessing and treating an individual's symptomatology who is Deaf, Deaf-Blind or Hard of Hearing.

### About the Presenters:

**Charlyss Ray** has served in the capacity of a specialist at the State of Michigan for almost 20 years. For the past five years, she has worked to improve public mental health services for the specialty population of Deaf, Deaf-Blind and Hard-of-Hearing persons. She has presented at the conference several times in previous years, most recently showing the videos produced for the MDHHS website on Deaf Culture, Recipient Rights, and Accessing Mental Health Services.

**Dylan Secord** has the invaluable qualification of being a Clinical Social Worker who is Deaf and has American Sign Language as his first language. Dylan studied at the University of Michigan and has been working at Deaf C.A.N.! for the past several years helping to start their mental health program. Dylan is a valuable part of the PIHP training series that started in 2016, co-presenting on mental health needs for persons who are Deaf, Deaf-Blind, or Hard-of-Hearing.

### Bibliography/References:

- Glickman, N. (2013). *Deaf Mental Health Care*. New York, NY: Routledge
- Landsberger, S., Sajid, A., Schmelkin, L., Diaz, D. R., & Weiler, C. (2013, March). Assessment and treatment of deaf adults with psychiatric disorders: a review of the literature for practitioners. *Journal of Psychiatric Practice*, 19(2), 87-97
- Mitchell, K., & Walatkiewicz, J. (2014) Working with deaf people in the mental health setting

10:30am – 12:00pm

## 27. Boardworks 2.0 Foundations: Intended Beneficiary Command

- Malkia Newman, *Team Supervisor, CNS Anti-Stigma Program, Community Network Services, Inc.*

In this workshop you will focus on the public policy expectations of intended beneficiaries from the community system. Participants will be able to: 1. Describe the relationship between the Board and community and individual beneficiaries;

2. Identify at least 3 opportunities and/or strategies for promoting and supporting individual beneficiaries in leadership, administrative, management and in the provision of supports, services, care and treatment; 3. Identify at least 3 opportunities and/or strategies for promoting and supporting community and individual beneficiaries in community system assessment, evaluation, planning, implementation management, monitoring and improvement efforts; and 4. Identify at least 2 opportunities and/or strategies for promoting and supporting individual beneficiaries choice as an informed, responsible and prudent purchaser.

About the Presenter:

**Malkia Newman:** Lifelong struggles with Bipolar Disorder drove Malkia to seek help. Hope and education have proved to be her foundation. Malkia has been a part of the Peer-Led, CNS Anti-Stigma Program since 2005, desiring to be a strong advocate for others.

12:00pm – 1:00pm

**Group Lunch**

1:00pm – 2:00pm

**Keynote: The Life, the Game, the Pain and the Transition**

– *Adrian Muldrow, Founder, We Can Achieve Youth Advocacy Project*

Adrian will cover the impact of single parent households and its ripple impact. Adrian's presentation paints a picture of childhood traumas that lead to a life of crime and further traumatizing events in and out of prison. Adrian talks about what he experienced throughout childhood and how those events impacted him similar to today's youth and ex-offender population. Adrian will also talk about the positive and negative impact of those service providers, police officers and correctional officers that were able to pierce the surface and offer wisdom that he still uses today. Adrian will also talk about finding hope and triumph in a dark place. Lastly, Adrian will cover his role as a peer and a service provider aiding others transition to a better life.

About the Presenter:

**Adrian Muldrow** has had the pleasure of working with a community organization in Baltimore providing services to over 10,000 Baltimore City residents yearly that encompassed youth and families and the ex-offender population. Adrian has helped countless of youth and adults successfully transition from the criminal justice system to becoming tax paying citizens. Adrian has been featured in numerous publications, TV, radio panels about his work and life including WYPR, The Washington Examiner, WBAL Radio, Open Society Behind Bars, the Congressional Caucus on Black Men and Boys, Johns Hopkins School of Public Health Forum on Correctional Health, Baltimore Ethical Society, Ava DuVernay's Oscar-nominated and critically acclaimed documentary, 13th and many more. Adrian was the 2nd Vice President of The Baltimore Branch NAACP, is a Trauma Informed Care Trainer, a trainer of trainers and facilitator of various curriculums. Adrian has been awarded by the Honorable Judge Robert M. Bell for his excellence in the Community, been awarded by former Baltimore Mayor Stephanie Rawlings Blake for being Baltimore's Top Neighborhood Dads, recently given a citation from the current Baltimore City Mayor and former Annapolis Mayor and awarded by Catholic Charities of Maryland for his participation and completion of the Re-entry Partnership recognized by former United States Senator Barbara Mikulski and The Maryland General Assembly. Adrian is an entrepreneur, a doting dad, husband, President of Nonprofit, keynote speaker, and advocate public servant.

2:00pm

**Conference Adjourns**

**Conference Goals:**

- To identify strategies in preparing for or implementing value-based (outcome) payment systems.
- To identify advocacy efforts at the local, state, or federal level, including self advocacy.
- To spotlight programs highlighted in the Mental Health and Wellness Commission Report (any with partnerships with local CMHs) including Training program for local CMHs/jails/courts regarding Crisis intervention training and Assisted Outpatient Treatment.
- To identify innovative initiatives designed to increase access to substance use disorder services.
- To discuss the plans to address the challenges and opportunities emerging due to the federal Home and Community Based Services rules and the "mega" Managed Care Rule changes.
- To address efforts to further the aims of state and federal policy initiatives, including: healthcare reform, healthcare integration, and health homes.
- To provide examples of local efforts to improve healthcare outcomes through a range of healthcare integration efforts such as: initiatives between CMHs, PIHPs, and BHIDD provider organizations and physical healthcare providers and payers such as FQHCs/Rural Health Centers/Hospitals/Medicaid health plans/Primary care physicians.
- To focus on evidence-based, best and promising practices by: 1) identifying strategies for overcoming barriers to EBP implementation; 2) showing how communities have embedded existing EBPs into their system for sustainability; and 3) increasing understanding of the ways in which continuous quality improvement in EBPs can improve outcomes and performance measures.
- To increase participants' awareness, knowledge, and skills, related to mental illness, developmental disability, substance use disorders, and trauma informed care.

# CONFERENCE REGISTRATION

**WINTER CONFERENCE REGISTRATION, CLICK HERE:** <https://goo.gl/ATd6pb>

**PRE-CONFERENCE REGISTRATION, CLICK HERE:** <https://goo.gl/3UeQDc>

## REGISTRATION FEE (per person)

Full conference registration fee provides you with a program packet, admission to all keynotes, all workshops, 2 breakfasts, 2 lunches and all breaks.

	Member Early Bird	Member After 1/26/18	Non-Member Early Bird	Non-Member After 1/26/18
Full Conference	\$399	\$439	\$479	\$527
One Day	\$304	\$344	\$365	\$413

## SCHOLARSHIPS AVAILABLE

*A limited number of scholarships are available to individuals who receive services and their families. Scholarships will cover conference registration fees only. Consumers who serve as CMHSP board members are not eligible. Deadline to request scholarship: **JANUARY 19, 2018**. To request a scholarship form, contact Chris Ward at [cward@cmham.org](mailto:cward@cmham.org) or 517-374-6848.*

## CONFERENCE REGISTRATION

**Click here to register:** <https://goo.gl/ATd6pb>

Note: if you are unable to register online, please contact [npayton@cmham.org](mailto:npayton@cmham.org) for instructions.

**EARLY BIRD DEADLINE: FRIDAY, JANUARY 26, 2018**

## PAYMENT INFORMATION

**Payment will be required prior to attendance.**

Payment methods available in advance and onsite: credit card, check or exact cash.

If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHAM.

**Purchase Orders are not considered payment.**

All No Shows will be billed the full amount.

**Check:** Make payable to CMHAM and mail to 426 S. Walnut Street, Lansing, MI 48933

**Cancellation Policy:** Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.

**Evaluation:** There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHAM at 517-374-6848 or through our website at [www.cmham.org](http://www.cmham.org) for resolution.

**Severe Weather Policy:** Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the [www.cmham.org](http://www.cmham.org) website for scheduling delays and event updates.

**QUESTIONS? CALL CMHAM AT (517) 374-6848**

# HOTEL INFORMATION

Radisson Plaza Hotel & Suites, 100 W. Michigan Ave., Kalamazoo, MI 49007

2018 Room Rates: \$131 plus taxes (Single/Double)

Deadline for special room rate: Monday, January 15th, 2018 or until the room block fills.

Parking: Discounted rate for self-parking of \$5 per car per night for overnight guests.

To make online reservations:

- Go to: [radissonkz.com](http://radissonkz.com)
- Enter check in and check out dates: If a guest wants to extend their stay past the conference dates they must call the Hotel directly.
- Select more search options and enter promotion code: MACM18
- Complete reservations

To make reservations via phone: call 269-343-3333 and reference "CMHAM/MACMHB 2018 Winter Conference" to receive the discounted rate.

**Questions? Call CMHAM at 517-374-6848.  
Visit [www.cmham.org](http://www.cmham.org) for the latest conference information.**