

# Assertive Community Treatment (ACT) 201-B

## Dates and Locations:

December 12, 2016 – ACT Team Leaders

December 13, 2016, - ACT Team Leaders & Team Members

Marriott at CenterPoint Pkwy, Auburn Hills

March 13, 2017 – ACT Team Leaders

March 14, 2017 – ACT Team Leaders & Team Members

Treetops Resort, Gaylord

June 19, 2017 – ACT Team Leaders

June 20, 2017 – ACT Team Leaders & Team Members

Holiday Inn West, Kalamazoo

September 19, 2017 – ACT Team Leaders

September 20, 2017 – ACT Team Leaders & Team Members

Holiday Inn Near the University of Michigan, Ann Arbor

This training is approved as 'MDHHS ACT specific' and is one choice for the annual **ACT Medicaid** requirement.

Cost is \$35 per person per day

- ACT TEAM LEADERS MUST REGISTER FOR DAY 1 & 2
- ACT TEAM LEADERS MUST HAVE TEAM PRESENT DAY 2
- ALL ACT TEAMS MUST HAVE TEAM LEADER PRESENT DAY 2

8:30am Registration; 9:00am Training Begins;

12:00-1:00 Lunch; 4:00pm Adjourn

The Michigan Department Health & Human Services, through the Michigan Association of CMH Boards, has provided funding for this initiative through the Federal Community Mental Health Block Grant.

### Trainer and Coaches:

Mara Husband, MA, LLP, ACT Team Leader/Program Manager at Lincoln Behavioral Services

Elaine Levenson, LMSW, ACT Team Leader, Lincoln Behavioral Services

**Who Should Attend?** This seminar contains content appropriate for ACT Team Leaders clinical staff (social work macro) at intermediate and advanced levels for ACT team leaders and for participants (ACT Team Staff) all levels of practice in Michigan.

## Day 1 ACT Team Leaders Training

**Intended for** —ACT Team Leaders

Through discussion, video and handouts ACT team leaders explore fundamental aspects of ACT, key qualities needed in leadership, and analyze characteristics of highly and poorly performing ACT teams. Review of daily team meetings, needed follow-up, problem solving, team responsiveness, common ethical and moral issues, and safety and debriefing after difficult incidents and consumer transitions are factored into the discussion. ACT team leaders participating in this day are required to attend and participate in Day 2-for ACT Team Leaders and ACT Staff.

**Participants will learn about and be able to:**

1. Identify 3 Qualities of effective team leaders
2. Identify 3 Characteristics of highly functioning teams
3. Identify 3 Signs a team is dysfunctional, and ways to counteract those dysfunctions
4. Perform an ACT Team Self-Assessment using provided materials
5. Explain how to relate ACT Field Guide items to everyday practice

## Day 2 ACT Team Leaders & ACT Staff Workgroup and Discussion

**Intended for** —ACT Team (Team Leader and all ACT Team Members)

**ACT team staff must have an identified ACT team leader registered and participating both days.**

Through video, handouts, discussion and practice, ACT teams' work together using training materials and in-class experiences to hone in on the important consumer outcome measures that occur with highly functioning teams. Using team assessment tools, portions of the Field Guide, and Medicaid Guidelines, teams identify areas for further development and make plans for improved team functioning and growth with the opportunity to create a team plan to enhance current functioning.

**Participants will be able to:**

1. Identify 3 Mindfulness Exercises to use in everyday practice
2. Identify 3 Evidence Based Practices' my team is using or can begin implementing
3. Describe 3 ideas that will increase my confidence in engaging consumers beyond "med drops"
4. Perform an ACT Team Self-Assessment using provided materials
5. Explain how to relate ACT Field Guide items to everyday practice
6. Identify outcome measures and areas on my team that need improvement

**Social Work:** The Michigan Association of Community Mental Health Boards (MACMHB), provider #1140, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) [www.aswb.org](http://www.aswb.org), through the Approved Continuing Education (ACE) program. MACMHB maintains responsibility for the program. ASWB Approval Period: 10/10/16-10/10/19. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive **5.5 Clinical Continuing Education Clock Hours per day. Course Delivery Method: Face-to-Face seminar.**

**Substance Abuse:** The Michigan Association of Community Mental Health Boards is approved by the Michigan Certification Board for Addiction Professionals (MCBAP) to sponsor educational training for professional certification. MACMHB maintains the responsibility for the program and content. Substance abuse professionals participating in this training will receive **5.5 (Related) contact hours per day.**

**Nursing:** A maximum of **10.00 (5.00 hours for Day 1; 5.00 hours for Day 2)** Nursing contact hours have been awarded for this activity by the Michigan Public Health Institute – Continuing Education Solutions (MPHI-CES). *MPHI-CES is an approved provider of continuing nursing education by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) (OH-320, 06/1/19) MPHI-CES #2016-1196; expires 9/30/17.*

**Certificate Awarded:** At the conclusion of this seminar, bring your "Verification and Certificate of Attendance" form to the MACMHB Staff to be initialed. You will turn in the top sheet and retain the bottom sheet which serves as proof of participation for your own and your agency records.

**Evaluation:** There will be an opportunity for each participant to complete an evaluation of the course and the instructors. If you have any issues with the way in which this training was conducted or other problems, you may note that on your evaluation of the conference or you may contact MACMHB at 517-374-6848 or through our webpage at [www.macmhb.org](http://www.macmhb.org) for resolution. *\*National Accreditation rules indicate that if you are over 5 minutes late, you forfeit your CEUs for the entire training. Please note that this is a National rule that MACMHB must enforce or we could lose our provider status to provide CEUs in the future. This rule will be strictly followed.*

## Training Locations & Overnight Accommodations

December 12, 2016 (ACT team leaders)

December 13, 2016 (ACT team leaders plus ACT team members)

### Auburn Hills

Marriott at Centerpoint Pkwy

3600 Centerpoint Parkway, Pontiac, MI 48341

Room Reservations: \$75 plus tax

To make your room reservation call **248.253.9800**

Identify yourself by giving the group code of "2016 ACT 201 Training" for the rate.

Deadline to reserve your room at this special rate is: **November 25, 2016**

March 13, 2017 (ACT team leaders)

March 14, 2017 (ACT team leaders plus ACT team members)

### Gaylord

Treetops Resort

3962 Wilkinson Rd, Gaylord, MI 49735

Room Reservations: \$75 plus tax + \$10 Resort Fee

To make your reservation, call **855.261.8764** and use the code: "MACMHB: ACT 201" for your discounted rate.

Deadline to reserve your room at this special rate is: **February 1, 2017**

June 19, 2017 (ACT team leaders)

June 20, 2017 (ACT team leaders plus ACT team members)

### Kalamazoo

Holiday inn West

2747 South 11st Street, Kalamazoo, MI 49009

Room Reservations: \$75 plus tax

To make your reservation, call **269.375.6000** and use the code: "I9Y" for your discounted rate.

Deadline to reserve your room at this special rate is: **May 19, 2017**

September 19, 2017 (ACT team leaders)

September 20, 2017 (ACT team leaders plus ACT team members)

### Ann Arbor

Holiday inn near the University of Michigan

3600 Plymouth Rd, Ann Arbor, MI 48106

Room Reservations: \$75 plus tax

To make your reservation, call **734.769.9800** and use the code: "MACMHB: ACT 201" for your discounted rate.

Deadline to reserve your room at this special rate is: **September 4, 2017**

## Assertive Community Treatment (ACT) 201-B

This training is approved as 'MDHHS ACT specific' and is one choice for the annual requirement.  
ACT Team Leaders and ACT teams will be given 1st priority to attend this training.  
\*ACT Team Leaders need to register first before ACT Team Members\*

Fee: \$35 per person *per training day* (includes materials, breakfast, lunch and refreshments).

### 3 Easy Ways to Register (Registration Attn: Nick Stratton)

Online	By Fax:	By Mail:
<a href="http://www.macmhb.org">www.macmhb.org</a>	517-374-1053	MACMHB, 426 S. Walnut St., Lansing, MI 48933

**Select which date/location you intend to attend:**

- December 12, 2016 ~ **ACT TEAM LEADERS** ~ Marriott at CenterPoint, Auburn Hills ~ \$35 Fee
- December 13, 2016 ~ **ACT TEAM LEADERS & ACT TEAMS** ~ Marriott at CenterPoint, Auburn Hills ~ \$35 Fee
- March 13, 2017 ~ **ACT TEAM LEADERS** ~ Treetops Resort, Gaylord ~ \$35 Fee
- March 14, 2017 ~ **ACT TEAM LEADERS & ACT TEAMS** ~ Treetops Resort, Gaylord ~ \$35 Fee
- June 19, 2017 ~ **ACT TEAM LEADERS** ~ Holiday Inn West, Kalamazoo ~ \$35 Fee
- June 20, 2017 ~ **ACT TEAM LEADERS & ACT TEAMS** ~ Holiday Inn West, Kalamazoo ~ \$35 Fee
- September 19, 2017 ~ **ACT TEAM LEADERS** ~ Holiday Inn near U of M, Ann Arbor ~ \$35 Fee
- September 20, 2017 ~ **ACT TEAM LEADERS & ACT TEAMS** ~ Holiday Inn near U of M, Ann Arbor ~ \$35 Fee
- Yes, I have completed ACT 101 training (101 Attendance not required)
- I am requesting CEU's for social workers - Permanent Licensure # \_\_\_\_\_ (\*required)

The name of my ACT Team & Team Leader: \_\_\_\_\_

First/Last Name: \_\_\_\_\_ Title: \_\_\_\_\_

Agency: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Individual Work Email Address: \_\_\_\_\_

Special Needs: If you have special dietary or physical needs, please specify: \_\_\_\_\_

Arrangements for special needs will be honored for those written requests received 10 business days prior to the training. Clearly state your specific needs for dietary restrictions, mobility assistance, interpreters, etc. All attempts for on-site requests will be made.

Emergency Contact Name: \_\_\_\_\_

Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

**Registration Fees:** Beginning in 2017, payment will be required prior to attendance. Payment methods available in advance and onsite: credit card, check or exact cash. If payment has not been received prior to the event, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by MACMHB. NOTE: Purchase orders are not considered payment. All no shows will be invoiced the full registration amount.

**Cancellation Policy:** Cancellations must be received in writing at least 10 business days prior to the conference for a full refund less a \$10 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given and the full charge will be incurred. Substitutions are permitted at any time.

**Severe Weather Policy:** Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the [www.macmhb.org](http://www.macmhb.org) website for scheduling delays and event updates.

BY SUBMITTING THIS REGISTRATION, I AM AGREEING TO THE TERMS AND CONDITIONS TO MACMHB'S ABOVE POLICIES.